



www.mccallskiracingteam.com

CAMP #2 – June 25-July 4, 2010, Mt Hood

Dates: June 25-July 4 (June 25 and July 4 are travel days).

Cost: \$1300.00

Ages: J4 and older

Housing: Housing is included.

Meals: Breakfast, lunch, and dinner are included.

Transportation: The van will be available for transportation to and from Mt. Hood. There will be an extra \$50.00 van fee.

Event: All groups will be training slalom and giant slalom.

Daily Schedule:

5:46 AM - Wake Up

6:15 AM - Breakfast

7:00 AM - 12:00 PM - Training

12:30 PM - Lunch

2:00 PM - Conditioning

5:00 PM - Video

6:30 PM – Dinner

June 25 – Depart from the LSH parking lot 7:00 AM. Arrive Government Camp

June 26-29 – Train Slalom

June 30 – Off

July 1-July 4 – Train GS

We will have conditioning every afternoon. Please bring appropriate athletic attire.

MSRT Camp #2 Travel day is June 25th. Please email katandchuck@frontiernet.net with your travel plans. We can make arrangements for an airport pick up on the afternoon of the 25th. If you are flying please make your arriving flight around 12:00 noon and your departing flight after 4:00 PM on the 4th of July. We will train four days of slalom and four days of giant slalom. Video and timing will be used on a daily basis. MSRT athletes will have the opportunity to test next years equipment. All testing will be monitored and tracked to guarantee correct ordering next fall.

The coaching staff will include Chuck Harris, TBA, and Katerina Tichy Harris.

Please email katandchuck@frontiernet.net if you are interested in attending Camp #2.