

# McCall Ski Racing Team



[www.mccallskiracingteam.com](http://www.mccallskiracingteam.com)

## J6 & J7 Race-Train Calendar 2009-2010

\* This calendar is a draft calendar only. Changes may occur at any time. Please check with your coach for updates.

# MSRT RACE & TRAINING CALENDAR

## DECEMBER

J6&J7

2009

| SUNDAY                                                                   | MONDAY                                          | TUESDAY                                         | WEDNESDAY                                       | THURSDAY                                        | FRIDAY                            | SATURDAY                    |
|--------------------------------------------------------------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|-------------------------------------------------|-----------------------------------|-----------------------------|
| BRDG=Brundage Mt.<br>LSH=Little Ski Hill<br>SL=Slalom<br>GS=Giant Slalom |                                                 | 1                                               | 2                                               | 3                                               | 4                                 | 5                           |
|                                                                          |                                                 |                                                 |                                                 |                                                 | Welcome Dinner<br>7:00-9:00 @ LSH |                             |
| 6<br>OFF                                                                 | 7<br>OFF                                        | 8<br>OFF                                        | 9<br>OFF                                        | 10<br>OFF                                       | 11<br>OFF                         | 12<br>OFF                   |
|                                                                          |                                                 |                                                 |                                                 |                                                 |                                   | Silent Auction<br>6:00-10pm |
| 13<br>OFF                                                                | 14<br>OFF                                       | 15<br>OFF                                       | 16<br>OFF                                       | 17<br>OFF                                       | 18<br>OFF                         | 19<br>OFF                   |
| 20<br>OFF                                                                | 21<br>OFF                                       | 22<br>OFF                                       | 23<br>OFF                                       | 24<br>OFF                                       | 25<br>OFF<br><br>Christmas Day    | 26<br>OFF                   |
| 27<br>9:30-12:00 @ BRDG<br>GS<br>Christmas Camp                          | 28<br>9:30-12:00 @ BRDG<br>GS<br>Christmas Camp | 29<br>9:30-12:00 @ BRDG<br>GS<br>Christmas Camp | 30<br>9:30-12:00 @ BRDG<br>SL<br>Christmas Camp | 31<br>9:30-12:00 @ BRDG<br>SL<br>Christmas Camp |                                   |                             |
| 5pm -Parent Mtg<br>Shore Lodge                                           | 7pm - Tuning Clinic<br>Home Town Sports         |                                                 |                                                 |                                                 |                                   |                             |

# MSRT RACE & TRAINING CALENDAR

## J6&J7

## JANUARY

## 2010

| SUNDAY                                                                   | MONDAY                                                   | TUESDAY       | WEDNESDAY                   | THURSDAY                    | FRIDAY                      | SATURDAY                                              |
|--------------------------------------------------------------------------|----------------------------------------------------------|---------------|-----------------------------|-----------------------------|-----------------------------|-------------------------------------------------------|
| BRDG=Brundage Mt.<br>LSH=Little Ski Hill<br>SL=Slalom<br>GS=Giant Slalom |                                                          |               |                             |                             | 1<br><br>OFF                | 2<br><br>9:30-12:30 @ BRDG<br>SL                      |
| 3<br>9:30-12:30 @ BRDG<br>GS                                             | 4<br><br>OFF                                             | 5<br><br>OFF  | 6<br>4:00-6:00 @ LSH<br>GS  | 7<br>4:00-6:00 @ LSH<br>GS  | 8<br>6:30-8:30 @ LSH<br>SL  | 9<br><br>1- 4pm LSH<br>SL<br><br>(BB North Series)    |
| 10<br>9:30-12:30 @ BRDG<br>GS<br><br>(BB North Series)                   | 11<br><br>OFF                                            | 12<br><br>OFF | 13<br>4:00-6:00 @ LSH<br>SL | 14<br>4:00-6:00 @ LSH<br>GS | 15<br>6:30-8:30 @ LSH<br>SL | 16<br>9:30-12:30 @ BRDG<br>SL<br><br>2pm - LSH Nordic |
| 17<br>9:30-12:30 @ BRDG<br>GS                                            | 18<br>9:30-12:30 @ BRDG<br>MLK Jr Day<br>No School<br>GS | 19<br><br>OFF | 20<br>4:00-6:00 @ LSH<br>SL | 21<br>4:00-6:00 @ LSH<br>GS | 22<br>6:30-8:30 @ LSH<br>SL | 23<br><br>Race Day<br>3 Way @ LSH<br>GS & Nordic      |
| 24<br><br>Race Day<br>3 Way @ LSH - SL                                   | 25<br><br>OFF                                            | 26<br><br>OFF | 27<br>4:00-6:00 @ LSH<br>SL | 28<br>4:00-6:00 @ LSH<br>GS | 29<br>6:30-8:30 @ LSH<br>SL | 30<br>9:30-12:30 @ BRDG<br>SL                         |
| 31<br>9:30-12:30 @ BRDG<br>GS                                            |                                                          |               |                             |                             |                             |                                                       |

# MSRT RACE & TRAINING CALENDAR

## J6&J7

## FEBRUARY

## 2010

| SUNDAY                                                             | MONDAY                                                                                        | TUESDAY   | WEDNESDAY                   | THURSDAY                                                                 | FRIDAY                                               | SATURDAY                                                                  |
|--------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-----------|-----------------------------|--------------------------------------------------------------------------|------------------------------------------------------|---------------------------------------------------------------------------|
|                                                                    | 1<br>OFF                                                                                      | 2<br>OFF  | 3<br>4:00-6:00 @ LSH<br>SL  | 4<br>4:00-6:00 @ LSH<br>GS                                               | 5<br>6:30-8:30 @ LSH<br>SL                           | 6<br>9:30-12:30 @ BRDG<br>SL<br><br>(KC North Series)                     |
| 7                                                                  | 8<br>OFF                                                                                      | 9<br>OFF  | 10<br>4:00-6:00 @ LSH<br>SL | 11<br>4:00-6:00 @ LSH<br>GS                                              | 12<br>6:30-8:30 @ LSH<br>SL                          | 13<br>9:30-12:30 @ BRDG<br>SL                                             |
| 14<br>9:30-12:30 @ BRDG                                            | 15<br>Parents, Kids &<br>Alumni GS Race<br>10:30-12:30 @ BRDG<br>President's Day<br>No School | 16<br>OFF | 17<br>4:00-6:00 @ LSH<br>SL | 18<br>OFF<br>Volunteers Needed<br>J3 Race Day - BRDG                     | 19<br>OFF<br>Volunteers Needed<br>J3 Race Day - BRDG | 20<br>OFF<br>Volunteers Needed<br>J3 Race Day - BRDG<br>(SV North Series) |
| 21<br>9:30-12:30 @ BRDG<br>"Skittles Cup"<br><br>(SV North Series) | 22<br>OFF                                                                                     | 23<br>OFF | 24<br>4:00-6:00 @ LSH<br>SL | 25<br>4:00-6:00 @ LSH<br>GS                                              | 26<br>6:30-8:30 @ LSH<br>SL                          | 27<br>State Games<br>@ Brundage<br>GS                                     |
| 28<br>State Games<br>@ Brundage<br>SL                              |                                                                                               |           |                             | BRDG=Brundage Mt.<br>LSH=Little Ski Hill<br>SL=Slalom<br>GS=Giant Slalom |                                                      |                                                                           |

# MSRT RACE & TRAINING CALENDAR

J6&J7

MARCH

2010

| SUNDAY                        | MONDAY    | TUESDAY                                          | WEDNESDAY                                        | THURSDAY                                         | FRIDAY                      | SATURDAY                                                                 |
|-------------------------------|-----------|--------------------------------------------------|--------------------------------------------------|--------------------------------------------------|-----------------------------|--------------------------------------------------------------------------|
|                               | 1<br>OFF  | 2<br>OFF                                         | 3<br>4:00-6:00 @ LSH<br>SL                       | 4<br>4:00-6:00 @ LSH<br>GS                       | 5<br>6:30-8:30 @ LSH<br>SL  | 6<br>9:30-12:30 @ BRDG<br>SL                                             |
| 7<br>9:30-12:30 @ BRDG<br>GS  | 8<br>OFF  | 9<br>OFF                                         | 10<br>4:00-6:00 @ LSH<br>SL                      | 11<br>4:00-6:00 @ LSH<br>GS                      | 12<br>6:30-8:30 @ LSH<br>SL | 13<br>9:30-12:30 @ BRDG<br>SL                                            |
| 14<br>9:30-12:30 @ BRDG<br>GS | 15<br>OFF | 16<br>OFF                                        | 17<br>4:00-6:00 @ LSH<br>SL                      | 18<br>4:00-6:00 @ LSH<br>GS                      | 19<br>6:30-8:30 @ LSH<br>SL | 20<br>9:30-12:30 @ BRDG<br>SL                                            |
| 21<br>9:30-12:30 @ BRDG<br>GS | 22<br>OFF | 23<br>9:30-12:30 @ BRDG<br><br>Spring Break Camp | 24<br>9:30-12:30 @ BRDG<br><br>Spring Break Camp | 25<br>9:30-12:30 @ BRDG<br><br>Spring Break Camp | 26<br>6:30-8:30 @ LSH       | 27<br>9:30-12:30 @ BRDG                                                  |
| 28<br>9:30-12:30 @ BRDG       | 29<br>OFF | 30<br>9:30-12:30 @ BRDG<br><br>Spring Break Camp | 31<br>9:30-12:30 @ BRDG<br><br>Spring Break Camp |                                                  |                             | BRDG=Brundage Mt.<br>LSH=Little Ski Hill<br>SL=Slalom<br>GS=Giant Slalom |

# MSRT RACE & TRAINING CALENDAR

J6&J7

APRIL

2010

| SUNDAY                                                 | MONDAY            | TUESDAY  | WEDNESDAY | THURSDAY                                        | FRIDAY                                | SATURDAY                                                                                          |
|--------------------------------------------------------|-------------------|----------|-----------|-------------------------------------------------|---------------------------------------|---------------------------------------------------------------------------------------------------|
| BRDG=Brundage Mt.<br>LSH=Little Ski Hill<br>SG=Super G |                   |          |           | 1<br>9:30-12:30 @ BRDG<br><br>Spring Break Camp | 2<br>Travel Day<br>SG - Anthony Lakes | 3<br><b>Broadway Blast SG</b><br>Anthony Lakes, OR                                                |
|                                                        | 4<br>OFF - Travel | 5<br>OFF | 6<br>OFF  | 7<br>OFF                                        | 8<br>OFF                              | 9<br>OFF                                                                                          |
|                                                        |                   |          |           |                                                 |                                       | 10 - Last Day<br><b>Brundage Mountain Marathon</b><br><b>FUN GS RACE DAY FOR PARENTS AND KIDS</b> |
| 11                                                     | 12                | 13       | 14        | 15                                              | 16                                    | 17                                                                                                |
| 18                                                     | 19                | 20       | 21        | 22                                              | 23                                    | 24                                                                                                |
| 25                                                     | 26                | 27       | 28        | 29                                              | 30                                    |                                                                                                   |