

24-7 PRAYER GUIDE

Begin your time with some quietness.
Spend about 5 minutes "slowing down the soul" with silence.

Adoration:

Take time to praise God for WHO He is

What are some qualities of God you have noticed in your life lately? Take time thanking Him for those qualities.

(Be creative. Thank Him in various ways. Sing some worship songs to Him. Express it with a drawing. Write a poem to Him.)

Confession:

Ask God for forgiveness of sins

Any unconfessed sin in your life? Confess it now.

Any ongoing temptations in your life?
Take a few minutes asking God to help you overcome those temptations.

Thanksgiving:

Thank God for WHAT He is doing

What are some of the things God is doing in your life and the life of your friends and family? Spend time thanking Him for them.

Spend time thanking Him for sending His Son to die for your sins and to rise from the dead to defeat sin and death for you.

Supplication:

Asking for the needs of you and others

Spending time praying for the following:

My family

-pray for the needs of family members (including yourself)

-salvation for those who don't know Christ

My workplace

-pray for employees/bosses

-salvation for those at work who need Christ

My church

-pray for strength, wisdom and protection for pastors/elders/staff

-continued spiritual and numerical growth

My city/state/nation

-pray for America and those leading our country (President Obama & his cabinet, Congress, & Supreme Court)

-city and state leaders (Governor, State Leg., Courts, Mayor & other officials, Police & Fire Dept.)

-upcoming elections

My "lost" world

-pray for missionaries/missions organizations supported by our church (Burkett's in Ukraine with Send Int'l; Buser's with New Tribes in Cali.; Shontere's in Papua New Guinea with New Tribes; Crosby's in China with Campus Crusade; Routledge's with Crossroads Farm)

-for God to open up doors to share Christ with family and friends who need Him