



Inpatient and residential programs for women and girls suffering from Anorexia, Bulimia and other Eating Disorders.

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## Remuda Ranch

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## Remuda Ranch - Anorexia, Bulimia, Eating Disorder and Anxiety Treatment

### HOPE

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Complete and lasting eating disorder recovery is never easy - but it is possible.

The first call to any treatment center is often the most difficult. Fortunately, our admission specialists streamline the admission process for everyone involved. We coordinate with outpatient professionals, explain the program to family members and even work with insurance companies on a patient's behalf. With our admission specialists, that first step to recovery is just a little easier to take.

### HEALING

#### Anorexia & Bulimia

Our programs are designed to give our patients the foundation for a full and lasting recovery, based on the principles of Christian stewardship. Because we've witnessed success so consistently over the years, we continue to abide by the mind-body-social-spiritual framework of care. At Remuda, that means we treat every aspect of a person, not just her disorder. . Through years of successful treatment, we've learned that a respectful and accommodating environment is the best place in which patients are able to find themselves once again.

Our experienced staff includes:

Video and Virtual Tours  
Admission Process  
Cost / Insurance Options  
Testimonials  
Sitemap  
Contact Us



Make plans now  
to join us at



June 4-6  
Colorado Springs, CO

Get to know our team...



Meet our experts @  
[www.findingbalance.com](http://www.findingbalance.com)

ATOM 0.3

RSS 2.0

- Primary CarePhysicians
- Psychiatric Practitioners
- Psychologists
- Masters- or Doctoral-level Therapists
- Nurses
- Registered Dietitians

Everyone on our staff - from housekeeping to healthcare - is committed to a patient's care.

In addition to Remuda's institutional facilities, we offer treatment programs in multiple locations, all found nestled within the beauty of nature, and all state licensed and accredited by the Joint Commission.

Family also plays a key role in the successful recovery of every Remuda patient. With weekly therapy sessions via telephone and Family Week, families become an active participant in the healing process.

But the process doesn't stop there. As patients find themselves able to draw on their successes, we help them maintain progress through relapse-prevention classes and aftercare coordinators that keep momentum going long after their stay at Remuda.

## LIFE

### After an Eating Disorder

Remuda recognizes that there are several behavioral health treatment programs out there. So why choose Remuda? Because of the simple fact that our treatment works.

Patients remain in successful recovery after leaving Remuda for one, five and ten years beyond treatment.

Today, thousands of individuals are living life without an eating disorder, and often, without other psychiatric issues such as depression, substance abuse or anxiety.

The patients that come to Remuda come to us looking for help. Through our comprehensive framework of spiritual, physical and emotional treatment, they leave having found themselves.