

Compassionate Outreach Ministries



Pastor & Founder: Bishop Larry J. Dennison
 First Lady: Sister Margaret Dennison

Main Sanctuary

320 SE 43rd St.
 Gainesville, FL
 352-373-1888
 1-888-780-7729

Multi-Purpose Building

717 SW 5th Ave.
 Gainesville, FL
 352-375-7123

Website & E-mail

www.compassionateoutreach.org
 acts_1_8@bellsouth.net

*We Are Reaching Out,
 Not Out Of Reach*

To Encourage

(Continued from page 2)

related problems. The cup itself adds no quality to the coffee. In fact, the cup merely disguises or dresses up what we drink. What each of you really wanted was coffee, not a cup, but you instinctively went for the best cups. Then you began eyeing each other's cup. Life is like coffee. Jobs, money, and position in society are merely cups. They are just tools to shape life. The type of cup we have does not truly define nor change the quality of the life we live. Often, by concentrating only on the cup, we fail to enjoy the coffee that God has provided us. Enjoy your coffee! Remember, happiness is not having the best of everything; it is making the best of everything you have." *(Author unknown)*

Clergy Appreciation

The Pastor's Aide Board is busy making plans for this year's celebration of Clergy Appreciation Month. The month of October is set aside to acknowledge the contribution of pastors all around the world and we want to make this year's celebration better than ever before! The countdown has begun and we have a little more than two months to get ready. You may make donations for the Bishop's Appreciation in the weekly offering, making sure to mark on the envelope that the contribution is for Clergy Appreciation Month. See any member of the Pastor's Aide Board for more info.

O Taste And See That The Lord Is Good

Chicken Stir Fry

By Sister Brenda Lyons

Ingredients

- 1 package of boneless, skinless chicken breasts
- 1 package of fresh stir fry vegetables
- 1/2 green bell pepper
- 1/2 onion
- Small piece of garlic
- Sea salt
- Black pepper
- 1 tablespoon of olive oil
- 1 cup of soy sauce
- 1 cup of brown sugar
- 1 tablespoon of corn starch
- 1 Box of White Rice



Directions

- Prepare sauce by mixing soy sauce, brown sugar, and corn starch together. Set aside.
- Steam the vegetables for 3 minutes. Set aside.
- Prepare rice following instructions on box. Set aside.
- Wash the chicken.
- Slice chicken into strips.
- Sauté chicken with the garlic, salt, and black pepper.
- Add onion and bell pepper.
- Add steamed vegetables.
- Add sauce.
- Serve chicken and vegetables over rice.

(Look for a delicious and easy recipe from Sis. Brenda Lyons in each newsletter)

Volume XI Issue IV

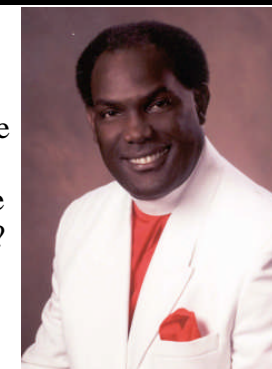
July/August 2008



COMPASSIONATE OUTREACH MINISTRIES
Heart-To-Heart Newsletter

Dear Bishop Dennison

Q. I am 25 years old and I have been married for about 14 months. I think that I made a grave mistake in marrying my wife. We are not in love and we do not even like each other. We argue all the time and we are both unhappy. I do not want to spend the rest of my life with her and I am pretty sure that she does not want to be with me. What is the right thing to do when you realize that you married the wrong person?



Bishop Larry J. Dennison

A. *Read Malachi 2:16 and St. Matthew 19:6-9. Marriage is to last until separated by death. Unfortunately, the increasing number of divorces is an indication that all do not last until death. Marriages can go through phases and stages of adjustment and difficulties. Before you come to the conclusion that you have married the wrong person, I suggest that you go boldly before the throne of grace to find God's help in this time of your troubled marriage. I would think that at the time that you were married, you believed that God had joined you together. Refuse to allow the devil to take hold of and destroy your marriage. Through warfare, you and your wife can cast down every spirit of arguing and division. Here are just a few additional suggestions.*

1. *Seek Godly marital counseling.*
2. *Apply the principle of honor. This is the number one principle for building relationships.*
3. *Make the decision to love your spouse. Love is a decision, not a feeling.*
4. *Ask God to rekindle and restore the passion and desire that will bring joy and excitement in your heart for your mate.*
5. *Take inventory to make sure that you are not attempting to live a married life with a single mentality.*
6. *Rid your marriage of all of the things that put a wedge between you and your mate.*
7. *Embrace those things that brought you much happiness in the past, those things that brought you closer.*
8. *Become more sensitive to each other's needs and desires.*

Here is a prayer that you can pray with your wife. "Father, in the name of Jesus, we come seeking your help for our marriage. We thank you that you have given us power over the demonic attacks coming against our marriage. You said in your Word that whomever you join together, that we should not allow anyone to separate us, and that includes each other. We pray that you will help us to walk in the spirit of unity. We boldly confess that no weapon that is formed against our marriage shall prosper. Our love, our affection, our desires, our passion, will be restored to the day when we fell in love. In Jesus name, Amen."

Inside this issue:

Dear Bishop Dennison	1
A Kind Word Or A Smile	2
To Encourage	2
C.O.M. Health Clinic	2
W.O.R.D. Conference	3
Special Recognition	3
Clergy Appreciation	4
O Taste And See	4

Dates To Remember

7/26	Men's Fellowship Basketball Clinic
8/3-7	W.O.R.D. Conference
8/16-17	Family & Friends Weekend
9/6	Information Meeting
9/28	Women's Day Celebration

A Kind Word Or A Smile

Always be ready with a kind word or a smile.
For whatever the season, they are in style.
A kind word or smile can do wonders where medicine fails.
For they lift up the spirits of the lonely, sick and frail.
When ever kindness shows that you care,
That rough road seems smoother for those that tread there.
Oh what a difference a kind word or smile can make,
Or the thoughtful gesture of a hearty warm hand shake.
It only takes a minute to spread a word of cheer,
To say, "I'm glad to see you and especially glad you're here."
It only takes a minute to offer a littler prayer,
To tell God that you love Him and thank Him for his care.
Always be ready with a smile or a word that is kind,
That's the way the Lord wants us to be,
So keep Him on your mind.

By Mother Inez McKinnon

C.O.M. Health Clinic: Say Goodbye To Soda

Protecting our health and preventing disease is an important part of fulfilling God's plan for our lives. When our health fails, we are not able to do all of the things that we want or need to do. One of the ways that we can promote health in ourselves and in our children is to cut all soda or carbonated beverages from the diet. Here are 10 reasons why we should all say goodbye soda.

1. Soda contains no nutrients, and is high in calories and sugar. Studies show a strong link between soda consumption and obesity.
2. Soda suppresses the appetite so drinkers are less likely to eat nourishing foods. Soda drinkers are less likely to get the recommended levels of vitamin A, calcium, and magnesium
3. Phosphorus, a common ingredient in soda, can deplete bones of calcium. Females who drink a lot of soda are more prone to broken bones.
4. There is a direct link between tooth decay and soda. Not only does the sugar cause cavities, the acids in soda actually etch off tooth enamel.
5. Caffeine, a common soda ingredient, is known to create physical dependence.
6. Drinking soda may lead to blood sugar disorders, including diabetes.
7. Aspartame, used in diet sodas, is a potent brain toxin and endocrine disrupter.
8. The citric acid and artificial flavors found in soda may contain traces of MSG, another potent brain toxin.
9. Drinking sodas regularly can upset the fragile, acid-alkaline balance of the stomach, creating a continuous acid environment. This can lead to inflammation of the stomach, which can be quite painful.
10. Sodas dehydrate the body and can inhibit proper digestive function. (Submitted by the C.O.M. Health Team).



To Encourage

A Cup Of Coffee

A group of college graduates got together for a visit with their old professor. The conversation soon turned to complaints about the endless stress of work and life in general. Offering his guests coffee, the professor provided a large pot of coffee and an assortment of cups: porcelain, plastic, glass, crystal - some plain, some expensive, some quite exquisite. Quietly, he told them to help themselves. When each person had a cup of coffee in hand, the old professor cleared his throat and began to patiently address the small gathering. He said, "You may have noticed that all of the nicer looking cups were taken up first, leaving behind the plainer and cheaper ones. While it is only natural for you to want only the best for yourselves, that is the source of your stress-

(Continued on page 4)

W.O.R.D. Conference 2008

Compassionate Outreach Ministries is gearing up for the 2008 W.O.R.D. (Week of Restoration and Deliverance) Conference. The conference will kick off on Sunday August 3rd at 6:00 pm with **Dr. Bettie Jones Burns**. Dr. Burns is the co-pastor of Revival Temple in Orlando, FL. She has evangelized extensively across the U.S., as well as in Europe, Asia, and Africa. God has granted her a unique ability to communicate the Gospel of Jesus Christ and she is affectionately called the, "The Holy Ghost Preaching Machine." On Monday, August 4th at 7:30 pm, the featured guest will be **Elder Liston Page, Jr.** Elder Page is the pastor of the Highway Church in Paterson, New Jersey and also serves as an international evangelist. His assignment from God is to "preach, teach and train men and women that God wants them to live happy and healthy lives through His Word." On Tuesday, August 5th at 7:30 pm, **Apostle Dannie Williams** will be the guest speaker. Apostle Williams is the co-pastor of the Citadel of Hope Ministries in Leesburg, FL. Apostle Williams is "used of the Holy Spirit with a strong apostolic and prophetic anointing, which has ushered many into their purpose and destiny. Signs, wonders, and miracles follow Apostle Williams as he teaches and preaches the uncompromising Word of God." On Wednesday, August 6th at 7:30 pm, the featured guest will be **Dr. T. La'trell Penny**. Dr. Penny is the senior pastor of Shubach Deliverance World Outreach Ministries in Sumpter, South Carolina, senior pastor of Victory Temple Church, in Greeleyville, South Carolina & the Presiding Prelate of the Shubach Deliverance World Churches, Inc. She has been gifted with a ministry that "encompasses the prophetic anointing, along with signs and wonders." Dr. Penny is also an accomplished singer, musician and songwriter. The W.O.R.D. conference will close with Recording Artist **Dr. Marvin Sapp** on Thursday August 7th at 7:30 pm. Dr. Sapp has received Stellar Awards, the Gospel Music Excellence Award, as well as Grammy, Soul Train Music and Dove Award Nominations for his rich musical contributions. Nevertheless, he is "not a singer who can preach, but a preacher that is called by God and gifted to sing." Dr. Sapp is the founder and senior pastor of Light-house Full Life Center Church in Grand Rapids, Michigan. He is a "biblical teacher who desires to be a living epistle glorifying our Lord and Savior Jesus Christ both in word and in deed." Show up for the W.O.R.D. conference and watch God show out. You can certainly expect a spirit-filled revival!



Special Recognition

HAPPY WEDDING ANNIVERSARY!

Mr. Charlie & Mrs. Gloria Bradley	43 years	7/11
Mr. Leon & Mrs. Barbara Cummings	12 years	7/15
Mr. Rickey & Mrs. Mary Davis	27 years	7/16
Mr. David & Mrs. Wanda Frazier	14 years	7/29
Mr. James & Mrs. Katie Hardy	23 years	8/2
Mr. Simon & Mrs. Dawn Harris	10 years	7/18
Mr. L.J. & Mrs. Ruby Johnson	47 years	7/16
Mr. Rudolph & Mrs. Carla Lake	14 years	7/16
Mr. Floyd & Mrs. Cassandra McAllister	18 years	8/4
Mr. Nathaniel & Mrs. Kathy McAllister	9 years	8/22
Mr. Jerry & Mrs. Cynthia Miller	14 years	8/25
Mr. Todd & Mrs. Tangelyn Mitchell	28 years	7/26
Mr. Samuel & Mrs. Carla Neal	19 years	8/26
Mr. Tony & Mrs. Wanda Owens	7 years	7/18
Mr. Willie & Mrs. Vondalyn White	12 years	8/17

Thank You First Lady Dennison!

The women of Compassionate Outreach Ministries would like to sincerely thank Sister Margaret Dennison for the 2008 Women's Retreat.
We Love & Appreciate You!

HAPPY BIRTHDAY!

To everyone born in the months of July & August
We Love You, We Do!

CONGRATULATIONS!

Michael and Roschella Rutledge were reunited in holy matrimony on July 1, 2008.
What a testimony of love, sacrifice and God's Glory.