

Compassionate Outreach Ministries



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*We Are Reaching Out,
 Not Out Of Reach*

Singles

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books address subjects such as spiritual DNA and the role of women in contemporary society.

The conference will kick off on Friday evening at 7:30 pm with Dr. Clark bringing a word from the Lord for the single people in the North Central Florida area. On the next morning at 10:00 am, the singles will return to Compassionate Outreach Ministries for break-out workshops for men and women. After the workshops, a free lunch will be offered to all attendees and then Dr. Clark will offer a word of encouragement to the entire group. On Sunday, Bishop Larry J. Dennison will continue the Singles Conference in the 10:00 am Worship Service. Registration is free. To register, please visit

www.compassionateoutreach.org

Homeless Ministry: Christmas Eve Outreach



In spite of all of the obstacles that tried to hinder our work, the Homeless Ministry was able to go downtown to The Plaza on Christmas Eve night to feed the less fortunate. We had a good time! We sang Christmas songs, we prayed, and then we served a great home-cooked meal. We thank God because we were able to serve about 150 less-fortunate people and we also gave away gift bags and Christmas gifts. We also thank God for our leaders, Bishop and First Lady Dennison for being right there with us and, First Lady especially, for lending a helping hand by serving.

As we were getting started you could hear the homeless people cry out, "We are gonna get down tonight", meaning we are going to eat good tonight. That made our night and we were glad to make their night too. As they came through the line, they were so thankful and grateful for what we were doing for them.

Thanks to all who helped make this event successful. Your participation helped provide the homeless with a much needed nutritious meal as well as an uplifting experience that involved spending time with people who have taken time out of their lives to serve and care for them. *(By Sister Bonnie Means, Homeless Ministry Coordinator)*



Children's Choir C.O.M. Health Clinic



On Dec. 22nd, the C.O.M. Children's Choir visited Tacachale to sing Christmas carols to the residents. Tacachale is Florida's largest state-run residential facility for adults with developmental disabilities. What a blessing for children to spread joy to others during the holiday season!

Healthier Eating in the New Year

If you made a resolution to practice a healthier lifestyle in 2010:

1. Drink more water to flush out toxins, reduce water retention and suppress your appetite.
2. Eat a bowl of low-salt soup at least once a day to nourish and flush waste from your body.
3. Eat early in the day to keep weight off.
4. Eat smaller meals, more frequently.
5. Adopt a balanced diet that includes lean protein, complex carbohydrates, whole grains, nuts, fruits, and vegetables.
6. Walk as often and as long as you can.

(Submitted by the COM Health Ministry Adopted from: askdrmao.com.)



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COMPASSIONATE OUTREACH MINISTRIES

Heart-To-Heart Newsletter

Investing In Marriages

According to the U.S. Department of Health and Human Services, Black married couples are significantly more likely than their White, Hispanic, and Asian counterparts to end their marriages. Even more alarming is the fact that born-again Christians have a higher rate of divorce than other faith groups, agnostics, and even atheists. In an effort to strengthen and preserve Christian marriages, Bishop & First Lady Dennison have continued a tradition of annual marriage retreats.

On December 10th, a large number of couples departed Gainesville, Florida for the 2009 Marriage Retreat. The investment into the marriages began soon after the couples boarded the luxury motor coaches that transported them to a surprise destination. While in transit, the couples watched seminars on DVD that offered innovative and biblically-based ways to tend to the emotional, sexual, and spiritual needs of one's mate. The couples stopped for a tasty lunch at the Potter's House Soul Food Bistro in Jacksonville, Florida and afterwards, they strolled through the Kingdom Plaza Mall donning their unique t-shirts. Every male in the group had on a shirt that declared "My Wife is a #1 Wife" and every wife wore a shirt that proclaimed "My Husband is a #1 Husband." Following the stroll, the group headed to the destination: the Ritz Carlton in Amelia Island. This ritzy, five-star hotel provided the couples with a much needed escape from the duties of day-to-day life as mothers, fathers, employers, employees, caretakers, housekeepers, etc. Here, each attendee was granted the privilege of just being a spouse.



The marriage retreat offered couples private time alone in a magnificently romantic locale, but also offered workshops that allowed partners to engage in marriage-building. The theme of the retreat was "A Work In Progress" and over the course of the retreat the couples practiced working together. Spouses worked on sharing and developing priorities; they worked on developing better communication patterns; they worked on developing more intimacy; they worked on recapturing old memories; they worked on building new memories; and they also worked together to solve various puzzles and riddles. While a few presentations were provided by Bishop and First Lady Dennison, Dr.

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Dates To Remember

January 29-31	Singles Conference
February 14th	Valentine's Dinner
February 26-28	Children's Choir Weekend
March 6	Information Meeting
March 10-12	Revival
April 2nd	COM at Titus Harvest Dome



HAPPY 32nd ANNIVERSARY!
To Bishop & First Lady Dennison
We Wish You Many More!



Special Recognition

HAPPY WEDDING ANNIVERSARY

Bishop Larry J. & Sis. Margaret Dennison	2/4	32 years
Mr. Harold & Mrs. Gwendolyn Jenkins	1/8	28 years
Mr. Keith & Mrs. Patricia Jeter	2/9	20 years
Mr. Patric & Mrs. Kathy Kimbrough	2/18	7 years
Mr. David & Mrs. Naima Prince	2/20	5 years
Mr. Bruce & Mrs. Kathy Robinson	1/5	20 years
Mr. John & Mrs. Donna Smith	2/12	10 years

HAPPY BIRTHDAY!

To everyone born in the months of January and February
We Love You, We Do!

Congratulations To The Watson Boys!

Lamont Watson made the Honor Roll and Nathaniel Watson earned a 3.3 GPA.

Bible Memory Verse

Mark 13:7-8 And when ye shall hear of wars and rumours of wars, be ye not troubled: for [such things] must needs be; but the end shall not be yet. For nation shall rise against nation, and kingdom against kingdom: and there shall be earthquakes in divers places, and there shall be famines and troubles: these are the beginnings of sorrows.

Happy New Year!

H – ear God’s Word Isaiah 55:3
A – nswer God’s Call .. Matthew 11:28
P – ardon Receive Nehemiah 9:17
P – eace Possess Romans 15:33
Y – ield to God Romans 6:13

N – o Condemnation Romans 8:1
E – ternal Life Is a Gift..... Romans 6:23
W – alk Uprightly Ephesians 5: 2

Y - outh Is the Time for Service...Ec 12:1
E – arly Seek God Psalm 63:1
A – ttend to God’s Word...Num 12:6
R – ejoice in the Lord....Philippians 4:4
By Sis Vivian Alexander

The Road To Success



The road to success is not straight. There is a curve called failure, a loop called confusion,

speed bumps called friends, red lights called enemies, and caution lights called family. You will have flats called jobs. But if you have a spare called determination, an engine called perseverance, insurance called faith, and a driver called Jesus, you will make it to a place called success. *(Author Unknown, Submitted by Sis Gloria Mitchell).*

Make Reservations In 2010

1. Reserve time to be in God’s presence. This includes praising God, praying to God, and studying His Word.
2. Reserve time for your family. Make the time to talk, to have devotion, and to have fun with your loved ones.
3. Reserve time for your church. Plan to spend time serving in the church, attending church functions, and participating in church activities.
4. Reserve time for yourself. Give yourself ‘me-time’ that includes recreation, reading, relaxation, sports, break-a-ways and get-a-ways.
5. Reserve time for others. Assist others that are in need of help. *(By Bishop Larry J. Dennison)*



I Refuse

I refuse to be discouraged
 Or to be sad and cry
 I refuse to be down-hearted
 And I tell you the reason why
 I have a savior
 Who is mighty and supreme
 A God who loves me
 And I am on His team
 He is all wise and powerful
 Jesus is His name
 Though everything is changing
 My God remains the same
 My Lord knows everything that is happening
 From the beginning unto the end
 His presence is my comfort
 He is my dearest friend
 When sickness comes to make me weak
 And bring my head down low
 I call on my savior
 And in his arms I go
 When my heart melts within me
 And weakness takes control
 He takes me in His hands
 And soothes my heart and soul
 The great I am is with me
 My life is in His hand
 The Son of God is my hope and strength
 In Him I will ever stand.
 He is my savior and on Him I will rely. He promises never to leave me alone so I love Him with all my heart. Satan tries to bring me down, but I refuse to be discouraged . Thank God for Jesus!

(By Mother Inez McKinnon)

Investing in Marriages

(Continued from page 1)

Jeanette C. Holmes-Vann was the featured speaker. Dr. Holmes-Vann, who is the pastor and founder of Hope Chapel Ministries in Jacksonville, Florida, offered insight into God’s plan for marriages and provided applicable tips for guarding marriages against outer and inner attacks. The attendees left the retreat empowered with new tools to use to preserve their marriages.

In addition to having access to the annual marriage retreat, the married members of Compassionate Outreach Ministries are blessed to have Bishop and First Lady Dennison in their midst year-round, as this couple provides a living and biblical example of a successful marriage. Having been married for 32 years, they consistently love, cherish, admire, trust and praise one another.

Singles Conference 2010

Compassionate Outreach Ministries is gearing up for it’s Annual Singles Conference! The Conference will be held Friday January 29th through Sunday, January 31st. This year’s theme is *Single and Saved.*



Dr. Diane Clark

This timely theme hits the mark because an increasing number of saved women are single. In fact, ABC news recently reported that 42% of all African-American women have never been married. This surprising statistic may be explained by the ‘marriage squeeze’ which is an imbalance in the number of marriageable men to marriageable women. In the Black community, there are significantly more marriageable women than men because of the disproportionate number of Black males that 1) drop out of high-school 2) are incarcerated 3) have been murdered 4) are drug users/abusers 4) are homosexual or 5) prefer a Caucasian wife. The Singles Conference will address the unique needs of our community’s growing single population.

The featured speaker for this year’s conference is author, pastor, community leader, and talk show host, Dr. Diane Clark. The gifted Dr. Clark is a trailblazer that is on the move. She founded Kingdom Life Ministries, International, an Apostolic Prophetic Ministry in Jacksonville Florida. Dr. Clark is also a frequent host and guest for “Praise The Lord” - T.B.N. and the ACTS Network. Even more, she is the founder and host of *Wisdom for Winning*, a popular community-based talk show that serves the greater Jacksonville area and surrounding counties. As an author, her

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