



*"For each new morning with its light, For rest and shelter of the night,  
For health and food, for love and friends, For everything Thy goodness sends."  
~Ralph Waldo Emerson*

**From Lori** – November is already here and the first half of the school year is almost completed. We've had summer, fall, and winter weather already along with some of the illnesses that are associated with them. We'd like to remind you that if your child has had fever, vomiting, diarrhea, or unexplained rash, your child will need to stay home 24 hours after the last episode of any of these symptoms. Remember to give us a call at 846-4773 if your child will be absent from school. You can leave a message at any time.

Asbury Preschool will be filled with the smells of special foods associated with fall. From making applesauce to pumpkin pies, the kitchen will be a busy place as we taste, smell, and cook delicious fall treats. Giving thanks and learning about the first Thanksgiving will also focus our thoughts on being thankful for our families and friends and thankful for all that God has provided for us.

Fall Parent-Teacher conferences will begin this month and teachers will have a signup sheet at their door to choose your meeting time. Conferences will take place during the regular hours of preschool. Students will have a regular day of school.

Please remember to stay informed by reading your class door notes, monthly newsletters, and parent handbook and calendar.

## **Child Development Notes**

### *Teaching Kindness*

Children need emotional intelligence as much as intellectual intelligence.

Educators agree that to build a smart child you have to nurture spirit as well as intellect, and that the highest achievers not only perform well academically, but also know how to be social, caring, and responsible human beings. Intellectual intelligence is crucial for how well a child will be able to do in school but emotional intelligence determines how a child will do in life.

Small children often need help in learning to distinguish between emotions such as anxiety, excitement, frustration, and worry; if they don't learn, they may have trouble managing such feelings and controlling their actions as they get older. You can work with your child to identify their feelings by giving them the words they need to express themselves. You can also use books that focus on the emotional issue at hand and talk about her feelings.

Watch how he responds when he sees other people in need. Talk to him about how he might help. You can teach children to care for others by doing--involving them in your own volunteer work or church service, and encourage them to practice helpful behaviors, like opening doors for others or assisting an elderly neighbor.

Children who learn how to control impulses and delay gratification are better able to concentrate, deal with frustration, make plans, and follow through on them. Controlling impulses can be taught and learned like any other skill. You can teach children self-discipline and time management techniques by encouraging them to save their allowance or gift money for a toy they really want or waiting to go on a play date until they have completed a task you have asked them to do. We live in a society that is materialistic and it is easy to provide for all of our child's wants and desires. Children need to learn that good things take time and waiting is part of life. If a child demands the candy bar at the grocery check out, you can say, "The next shopping trip, you bring that dollar Grandma sent you and you may buy it with your money." It will teach your child to plan for things they may need with a little lesson in money management too. When the money is gone, that's it.

Learning to work in groups is a skill children will need in school--and in life. They'll be better at it if they have learned to listen, take turns, share, compromise, create consensus, and state ideas clearly. Parents are the most powerful teachers by modeling and coaching their children through problems facing them. Be a good role model; Show your child respect, empathy, and compassion, and listen to what he has to say.

---from various articles by Lawrence E. Shapiro, Ph.D., Maurice J. Elias, Ph.D., and Sarah Hutter

## Classroom News

**Miss Susanne and Miss Jennifer's Toddlers** – October was a busy month for the Toddlers. The children are happily settled into the routine. We have an exciting month planned for November. The weather is cooler and we will be continuing to explore the many changes that Fall brings us. We will be starting our month with a Stone Soup Preparation. This is a wonderful story and the kids always get a kick out of “cooking” their snack. Then we are on to Teddy Bears and other well loved stuffed animals. We will be making teddy bear projects and singing songs about our favorite fluffy friends. Finally, we will be moving into the celebration of Thanksgiving. Our lesson plans will be fun-filled and representative of the joy of the season. Happy Thanksgiving! *Love, Miss Susanne and Miss Jennifer.*

**Miss Kellie and Miss Rebekah's Twos** - It's hard to believe we've already been in school for two months! Our class has settled in and the tears have turned into smiles. This month we will continue talking about Fall and what it means to be giving and kind. We will also talk about Thanksgiving and what we are thankful for. Our classroom will be filled with special Fall smells, snacks and art projects. We are thankful to you for sharing your children with us. We hope all of our families have a wonderful Thanksgiving! *Love, Miss Kellie and Miss Rebekah.*

**Ms. Maxine and Ms. Suzanne's Twos** – From wide-eyed owls to fire engines, the twos have been every excited to explore the world around them. We experienced the change of season through watching the trees go from green to red, orange, brown or yellow! We learned about harvest time when pumpkins grow big and orange all from a small seed planted in the spring. It is good to see the weather finally coinciding with the “chilly” fall we keep reading about. We'll look forward to nature walks to find some of those pretty colored leaves and watch

for the busy squirrels hiding acorns for the winter as we learned in chapel. Our November plans include focusing on giving thanks to God for our parents and other caring people in our lives; for food and friends and for all the love we experience every day. We wish all our preschool families a safe, healthy, and Happy Thanksgiving. *Love, Ms. Maxine and Ms. Suzanne.*

**Miss Susanne and Miss Jennifer's Twos** – October was loaded with fun. All the children have happily settled into the routine and friendships are blossoming. We have an exciting month planned for November. The weather is cooler and we will continue to explore the many changes that Fall brings us. We will be starting our month with a unit on Stone Soup. This is a wonderful story and the children always get a kick out of “cooking” their snack. Then we are on to Teddy Bears and other well loved stuffed animals. We will be making teddy bear projects and singing songs about our favorite fluffy friends. Finally, we will be moving into the celebration of Thanksgiving. Our lesson plans will be fun-filled and representative of the joy of the season. Happy Thanksgiving! *Love, Miss Susanne and Miss Jennifer.*

**Miss Mary Ann, Miss Sandy, and Miss Lee's Threes** – Giving thanks for all of God's blessings is the focus of November's activities. We will be learning about Native Americans, Pilgrims, families and Thanksgiving celebrations and of course, turkeys! We will continue to explore new ways to paint. The children enjoyed painting with Indian corn and are now the corn is in the sensory tub for little fingers to feel. Picture days are coming up on Nov. 3 & 4 and parent conferences are also coming up later in the month. We count your children as one of our blessings. Have a very happy Thanksgiving with your family. *Love, Miss Mary Ann, Miss Sandy, and Miss Lee.*

**Ms. Diane, Ms. Alison, and Ms. Lee's Threes** – November is here and it's the perfect time for our threes to learn about being thankful! Our class will spend time discussing Thanksgiving, pilgrims and Native Americans, turkeys, and the Mayflower while we discuss being thankful for important people and things in our lives. We plan to create our own "thankful placemat" to use at Thanksgiving dinner. We will also talk about favorite foods at Thanksgiving, and we may give a few of them a try in our classroom! *Love, Ms. Diane, Ms. Alison, and Ms. Lee.*

**Miss Corene and Miss Georjeanne's Threes** – The month of November is exciting as we discover facts about Pilgrims, Turkeys, and The First Thanksgiving. We will learn how Native Americans and Pilgrims celebrated together and the many blessings that God bestowed upon them. We will continue the study of the numbers: 8, 9, and 10 and learn our colors. We will also incorporate the shapes into our art and music. Have a wonderful Thanksgiving! *Love, Miss Corene and Miss Georjeanne.*

**Miss Corene and Miss Grace's Fours** – Our class will be very busy this month! We will begin our study of Early Native Americans, Pilgrims, and The First Thanksgiving Feast. We will also work on the numbers 8 to 10. Our study will incorporate games, songs, and finding things that begin with the sound of each letter we learn. The class will participate in a Fall Pow-Wow on the 15<sup>th</sup> with other classes at Asbury. Have a safe and wonderful Thanksgiving! *Love, Miss Corene and Miss Grace.*

**Miss Beth, Miss Verna, and Miss Julie's Fours** – November is a time for counting our many blessings. As we talk about the first Thanksgiving, we will look at the life of a Pilgrim and how the Native Americans helped them in the New World. We will make a book entitled "Thank you God for..." Letters to be introduced this month include T and B. We hope you and your family have a wonderful Thanksgiving holiday. *Love, Miss Beth, Miss Verna, and Miss Julie.*

**Ms. Marty and Ms. Letty's Fours** – We'll begin this month talking about the fall season and the changes it brings in weather and how the animals prepare for winter. We'll discover how the first English settlers lived in a new world

with the help of the Native Americans. We'll talk about the first Thanksgiving celebration and all that we have to be thankful for. We will join the other 4 year old classes for a Pow Wow. As the month ends we'll begin to look at some of the symbols of Christmas. *Love, Ms. Marty and Ms. Letty.*

**Miss Jill and Miss Shirlee's Fours** – Autumn has arrived and the changes around us are beautiful and spectacular! Our outdoor time has been very enjoyable with the crisp, cooler weather that is upon us. This month will be packed with fun as we talk about Pilgrims and Native Americans sharing their first Thanksgiving. A big part of our activities will revolve around turkeys and giving thanks for all that we have. We will also have a Pow-Wow with the other four year old classes. The mouse is on the loose. He has had many adventures and continues to look forward to his visits with everyone in the class. We will be finishing up our frog jump letters (N and M) and moving on to the corner starters. *Love, Miss Jill and Miss Shirlee.*

**Mrs. Rodwell and Mrs. Brownlow's Transitional Kindergarten**– This month our class will focus on Native Americans, Pilgrims, the first Thanksgiving and our modern Thanksgiving traditions. We will compare and contrast life as a Native American child and as a Pilgrim child. We will look at how these children played, their chores, houses, food, clothing, and origin. We will learn about the first Thanksgiving and how the Native Americans helped the Pilgrims grow and harvest food in America. Our students will also be sharing their own family Thanksgiving traditions. We hope our families have a blessed Thanksgiving. We count our students and their families among our many blessings! *Love, Mrs. Rodwell and Mrs. Brownlow.*

**Miss Judy's Music Notes** – October was a fun month with all of our songs about pumpkins, colorful leaves, and God's beautiful world. During November, we will be singing songs about Thanksgiving, Pilgrims, turkeys, and Native Americans. We will be playing instruments and continuing our musical concept of high and low. Have a Happy Thanksgiving and many thanks to God for all of our beautiful children! *Love, Miss Judy.*

## **Song of the Month Thanksgiving Day**

Thanksgiving Day is a happy day,  
And we say "Thank you God."\*\*

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\*\* Substitute words: "with turkey and pumpkin pie." (or other things that children name that they are thankful for).

### ***Mark Your Calendar***

#### **November**

- 01: Preschool tuition due.
- 03-04: Photographer for individual and sibling photos. Just in time for the holidays!
- 07: Last day tuition paid without late fee.
- 11: No Preschool. Veteran's Day Observance.
- 22: Museum of History visits fours and transitional kindergarten.
- 23-25: No Preschool. Thanksgiving Holidays.

#### **December**

- 1: Preschool tuition due.
- 5-9: Holiday Backpack Buddies food drive.
- 10-11: Asbury Music Ministries Cantata program.
- 19-Jan2: Christmas Holiday break through January 2.
- 24: Family Worship Service 4pm
- 24: Candlelight Service at 6pm and 11pm
- 25: Christmas Day Service at 11am

#### **Announcements**

With all the Thanksgiving cooking this month, please remember to save those Boxtops for Education, connect your Harris Teeter VIC card to our school #5751, and connect your Kroger card with our school too. If you need another UPC code for Kroger, stop by the office. You only need to link once each year. All money donated goes toward the Teel Padgett Scholarship Fund.

**Playground Help:** We love that our families use our playground after preschool to play and socialize. We need your help in keeping the playground clean. Trash and food is being left on the playground and needs to be cleaned up. We want our playground clean and safe for our students. Debris makes the playground look untidy and also attracts unwanted animals such

as bees and squirrels. Please wipe off the picnic tables and check for trash around the tables. You may bring your trash into the building or take it with you. Please cover the sandbox and put the toys in the storage box.

#### **Tuition Reminder**

Tuition is due on the 1<sup>st</sup> day of each month and you have until the 7<sup>th</sup> of each month to pay without a late fee. If you mail your check in and it is postmarked on or before the 7<sup>th</sup>, it is considered on time. The late fee for nonpayment of tuition is \$2 per day after the 7<sup>th</sup>.

Teacher Workdays listed on the Wake County calendar are not factored into your tuition since we are closed on those days.

If you have any questions regarding tuition, please check your preschool handbook or stop by the office.

If you need a receipt for flex spending accounts or other company reimbursements, place a note with your tuition check and we will put a receipt in your child's tote bag.

## **TRAFFIC SAFETY ON CAMPUS**

We'd like to remind all of our families to follow the driving directions sent out previous memos. ALL traffic flows counterclockwise around the property whether you enter from Creedmoor Road or Rangecrest. Off of Rangecrest, there are directional arrows painted on the blacktop. Please inform those caregivers, grandparents, and neighbors who are also bringing your children to school of our traffic patterns. We have plenty of parking spaces all around the buildings so there is no need to drive the wrong way around the traffic dividers to grab a spot. DRIVE SLOWLY and cautiously and keep children buckled. We love our Asbury Preschool families and want everyone to do their part to make it safe for everyone!