

## **Extraction Surgery Protocol**

Gentle local anesthetic

Safely remove all silver/mercury, crowns etc so as not to contaminate the surgical site

Non traumatic removal of the tooth-for this to occur, the tooth often needs to be sectioned

Thorough cleansing of the socket

Removal of the ligament to help prevent altered healing/cavitations

Removal of sharp bone at edges

Disinfection of the socket with argentyn 23 and/or ozonated water

Application of low level laser to reduce inflammation and speed healing

Placement of bone preservation graft (calcium phosphate) to close socket, prevent

infection, speed healing and prevent/minimize resorption of bone.

Placement of membrane to protect the surgical site and accelerates clot formation

Placement of resorbable sutures

In most cases, we will make a temporary removable tooth that same day. This covers and protects the surgical site, maintains the position of the adjacent teeth and helps with chewing.

Although every effort is made to minimize post-op discomfort, it can be difficult at times, especially if the tooth is badly infected, is close to the sinus, has long, curved roots, or has had a root canal. **Removing a bad tooth is like detoxifying.** If you've ever done a body detoxification, you know you can often feel worse for a while until your body eliminates the toxins. Lymphatic draining exercises ahead of can help a lot. Watch a video on draining your lymphatics in #1 "What Is Holistic?" in the Info Sheet Table Of Contents.

### **The following are important to get ahead of time.**

**1. Aleve by itself or Advil and Tylenol together in the same dose manages pain well.**

**2. SinEcch** a natural, homeopathic surgical strength Arnica Montana

**3. Socket gel or Stella Life Vega Oral Gel** is also excellent to have post-operatively to help heal and soothe the site.

**4. Dr. Christopher's X-INFX** natural antibiotic and **Stop-AKE** natural pain relief.

**5. Passion Flower** is excellent to use the night before and the day of if you have some fears and/or anxiety

**6. VERY IMPORTANT** It is also suggested you get the **Low Level (cold) Laser** ahead of time to use it after the extraction to manage inflammation. The low level laser is excellent to use for all sorts of pain/inflammation throughout the body.

Items are available through our holistic dental learning site [www.GTarantolaDDS.com](http://www.GTarantolaDDS.com).



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