



New Ministry Tool

Some of my greatest fulfillment comes from watching the second generation take the raw ideas I have shared and weave them into their existing tool kit to make a new application.

There is a medical/counseling team in South Africa that has done that. They have been working with the Fruit of the Spirit as a grid for understanding spiritual disorders which manifest in physical issues.

Recently, as part of their therapeutic work, they began using "Fruit of the Spirit Blessings." Their model had been producing good fruit for them before adding our material, but they report an extra level of effectiveness when the counseling is followed by an appropriate blessing from this set.

Below is an article, a pair of graphics that illustrates their approach and some contact info. They show their clients how the physical ailment is related to lacking one or more of the Fruit of the Spirit in their lives and then work on the root spiritual issue.

My including this information in our newsletter is not intended as an endorsement of this team or their technique. I have not met them, nor have I personally tested the technique. We are simply using this forum to allow

people with a spirit of sonship to cross-pollinate with others who are also learners.

We celebrate the second generation in South Africa taking my ideas farther than I did, and we look forward to seeing what the third generation will do as they enrich this model even further.

I am grateful to the team in South Africa for their generosity in allowing me to share their intellectual capital with you at no charge. As you use it and find it effective, I strongly urge you to write them and share your glory stories and your gratitude to them for pioneering this tool.

Arthur Burk
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there has to be a better way to live...**

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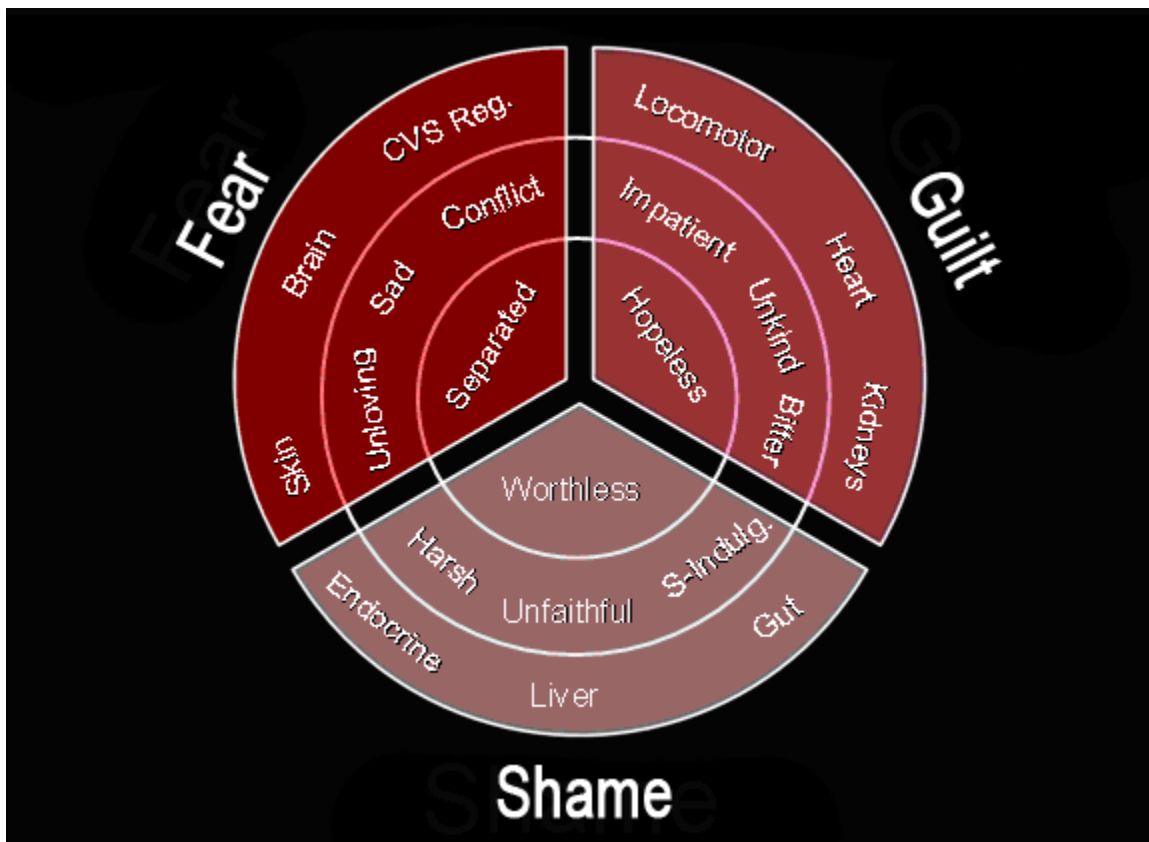
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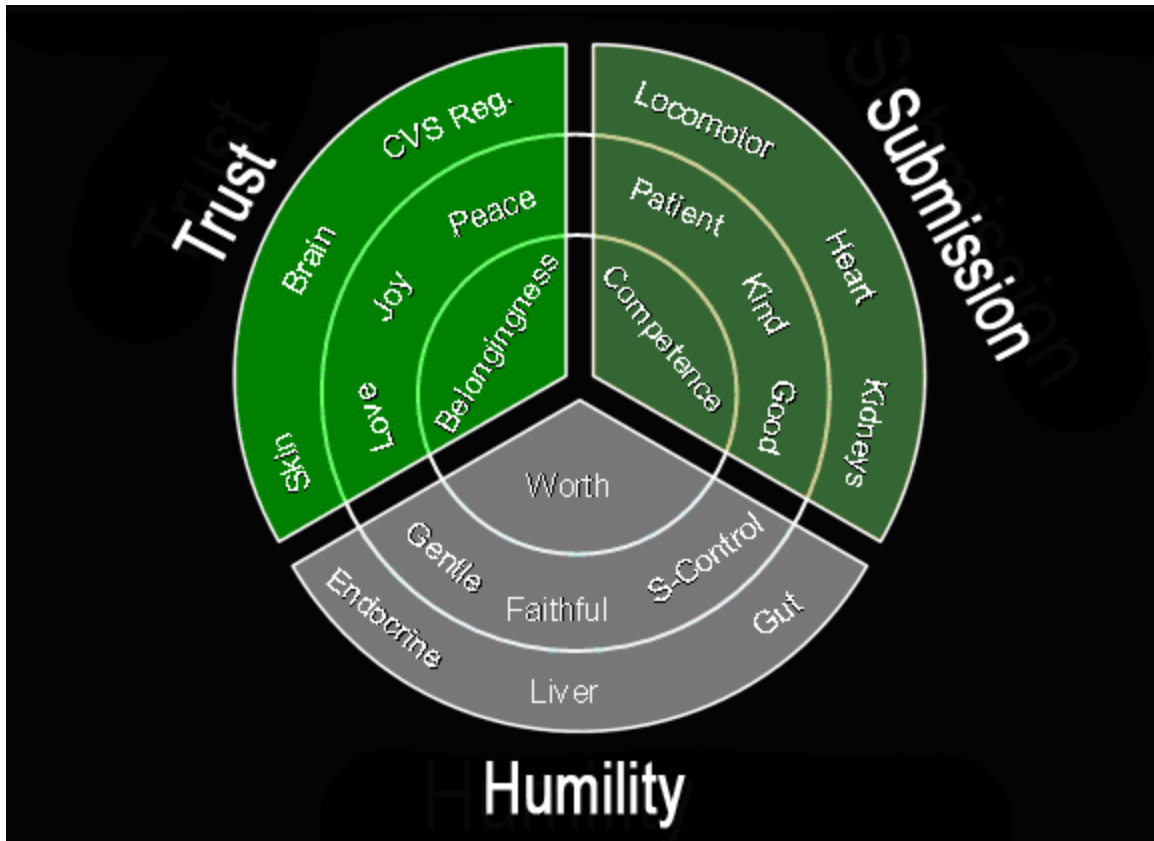
FRUIT OF THE SPIRIT VS. ROOTS OF DISEASE

By Frans J Cronjé, MD; Johannes C Cronjé, MD; Louise Fourie

The Fruit of the Spirit (i.e., Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self Control - Gal 5:22 NIV) are not only an essential part of our maturity as believers, they are also essential to our health. Mankind has known intuitively that there is an association between negative emotional states and ill health, but it is only in recent years that science has produced the evidence that these emotional states have direct and very specific chemical and biological consequences that effect on our quality of life and indeed the number of our days.

Importantly, science is confirming – using different technical terms and language – that the opposites of the *Fruit of the Spirit* are in fact *Roots of Disease*. Our separation from God, others and ourselves produces fear, guilt and shame (Gen 3:10-12 MKJV) which the scientific community prefer to call anxiety and depression. These then give rise to persistent states of Unlovingness, Sadness, Conflict, Impatience, Unkindness, Bitterness, Unfaithfulness, Harshness and Self-indulgence. These *Roots of Disease* are being linked increasingly to a large number of chronic, incurable and deadly ailments, including heart disease and cancer. Importantly, the associations are not random nor are we helpless victims.





To understand how the *Roots of Disease* affect our health we need to know the basics about the formation of our bodies: Our body is literally woven together from three primary tissue layers in the embryo – ectoderm, mesoderm and endoderm (Ps 139:15-16 AMP).

- The ectoderm forms the brain and nerves, the skin and the electrical control of the heart and blood vessels
- The mesoderm forms the musculoskeletal system, heart and kidneys and,
- The endoderm forms the liver, various endocrine organs, and intestines.

It seems that there is a correlation between the *Roots of Disease* and these three layers and their respective organs. These associations are not absolute, watertight divisions, but there is enough medical evidence and even common knowledge to support the pattern.

The ectoderm is affected primarily by Unlovingness, Sadness, and Conflict. Specifically:

- Unlovingness affects our skin (including psoriasis, eczema, and premature ageing)
- Sadness affects the function of our brain (including depression, forgetfulness, Parkinson’s Disease, etc.), and
- Conflict affects the nerves regulating our blood vessels and heart (including heart palpitations and migraine)

The mesoderm is affected by Impatience, Unkindness, and Bitterness. Specifically:

- Impatience (hostility – Type A trait) affects our heart (including high cholesterol and heart disease)
- Unkindness affects our kidneys, and
- Bitterness affects our musculoskeletal system and bone marrow (including arthritis and cancers)

The endoderm is affected by Unfaithfulness, Harshness and Self-indulgence. Specifically:

- Unfaithfulness affects our liver (including Hepatitis B & C)
- Harshness affects parts of our endocrine system (including thyroid problems)
- Self-indulgence affects our intestines (including obesity)

The purpose of showing these associations is not to judge or condemn those with chronic illness. Rather we should all realize that our call to live by the Fruit of the Spirit is also vital to our *bodies* as it is to our *Spirit* and *Soul*. From a ministry perspective we have found that when people are struggling with diseases in specific parts of their body, it is literally health to their bodies when we bless their spirits with the Fruit of the Spirit for that particular area:

Our brain and nerves, the skin and the electrical control of the heart and blood vessels respond readily to Love, Joy and Peace.

Our musculoskeletal system, heart and kidneys and immune system respond to Patience, Kindness and Goodness.

Our liver, various endocrine organs, and intestines respond to Faithfulness, Gentleness and Self-Discipline.

We hope that this revelation may bless you and motivate you to bless others with the Fruit of the Spirit; it is a tree of life to our bodies.

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