

Learning to Receive Love From God the Father

The Project: People who have father wounds usually have difficulty receiving from God the Father. For those who have made some progress in dealing with their earthly fathers and those wounds, this might serve as a next step for restoring their relationship with God the Father.

The Parameters:

- 1) Select an ambiance that is customized to you and is conducive to doing deep, creative work. Allow an open ended period of time. Add motion or any other factor that facilitates your processing.
- 2) Ask God to reveal the unfinished work, then scroll slowly through childhood memories of your earthly father to see what the Holy Spirit brings to the front.
- 3) When a picture surfaces, identify the fear as precisely as possible, taking care to see if it is a fear of what the Father might do, or fear that He won't be there.
- 4) When the specific fear is identified, deal with your **soul** issues by forgiving your father (or father-figure), breaking the inner vows and rejecting the bitter root judgment.
- 5) Then call your **spirit** to the front and ask God to show you some pictures from your life where He has **ALREADY** been life giving to you in that specific area. The more precisely you can articulate the pain or the fear, the more precisely God can show His actual behavior.
- 6) Soak in those revelations, in whatever way makes the deepest imprint on your life.

Suggested Application: This has worked well in solo applications for people who are already well versed in their self-healing techniques. It has not been effective for people who are divided or programmed.

This tool was developed through the team at Dr. Luke's Office
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