



December 2007

from Gregory Tarantola DDS

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Thought For The Month - Rediscover The Art Of Celebration

Multimedia Learning CDs on Comprehensive, Masticatory System Dentistry

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Questions and Comments- From Past Issues



**THE "IN-OFFICE, ONE VISIT, INDIRECT COMPOSITE RESTORATION" TRAINING DVD VIDEO IS NOW AVAILABLE!!....**  
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Tarantola Dental Learning is dedicated to helping dentists and their dental team, specialists and technicians learn and apply the principles of comprehensive, masticatory system dentistry in a relationship-based environment. That is promoting and maintaining optimal health, function and esthetics of all the components of the masticatory system - the TMJs, neuromuscular system, dentition, periodontium and occlusal bio-engineering. And accomplishing this in a way that is appropriate for that particular patient, that is, with their interest and active participation.

Remember this formula for "Peace Of Mind" (*freedom from worry, absence of stress or anxiety*) in your practice:

NP (or EP)+E+D+TP+TS+CA=PS

New Patient (or Existing Patient)+Co-Discovery Examination+Diagnosis+ Treatment Planning+Treatment Sequencing+Case Acceptance = **Predictable Success, Happiness, Fulfillment and Peace of Mind**

Thanks to Charles W Martin, DDS, MAGD, DICOI, FIADFE LeadershipMastermindCoaching.com for suggesting the enhancements to the above formula for success.

**FOR OUR READERS: Lester Dine is offering a discount of \$100 on either the Dine Digital Solution or**

Digital SLR. Go to their website at [www.dinecorp.com](http://www.dinecorp.com) and use 'tarantola' for the coupon code when checking out.

This month 's inspirational quotes:

*Christmas is not a time nor a season, but a state of mind. To cherish peace and goodwill, to be plenteous in mercy, is to have the real spirit of Christmas.*

Calvin Coolidge

*I will honor Christmas in my heart, and try to keep it all the year.*

Charles Dickens

*Christmas is, of course, the time to be home - in heart as well as body.*

Garry Moore

## Thought For The Month - Articles For You And Your Team To Discuss

Past "Thoughts For The Month" Are Now Conveniently Archived For Easy Review



### Rediscover The Art Of Celebration

Hard to believe that the holidays are upon us and that 2007 is quickly coming to a close.

It can be a hectic time, both personally and professionally. And that hectic pace can lead to stress...the last thing this time of year was meant to bring on. It really is a time of relaxation, celebration, anticipation and family.

In this month's article by Herb Rappaport, he says we have the freedom to affect what we do at all times and he offers what he calls "The ten commandments to help improve the quality of celebration"

- [Go to the article.](#)

## SELF STUDY, MULTIMEDIA COURSES ON THE COMPREHENSIVE, MASTICATORY SYSTEM, RELATIONSHIP BASED PRACTICE

EASY TO USE, EASY TO LEARN FROM

Today's dentistry, from simple to complex, requires a working understanding of the masticatory system. Understanding the TMJs, neuromuscular system and occlusion and how these three entities are inter-related and affect all the dentistry we do is essential for predictable success.

And for happiness and fulfillment, not only is this predictability important by so is a strong relationship with our patients. We want them to be active participants in their treatment plan.



These learning modules illustrate all the principles, practices and techniques to make this happen. The topics are:

1. The Role Of Occlusion
2. The Exceptional New Patient Experience
3. Articulated Diagnostic Casts
4. Photography
5. Bite Splint Therapy
6. Definitive Occlusal Therapy
7. Anterior Guidance and Esthetics
8. The Diagnostic Blueprint and Provisionalization

The modules can be purchased individually or as a complete set. Included are a collection of office forms, charts and letters in Word documents so they can be customized for your needs. Plus an Excel fee calculator spreadsheet.

Get more information on these learning opportunities by [VISITING ONLINE](#). [View a short video demo](#).

**OTHER SERVICES/PROGRAMS AVAILABLE THROUGH TARANTOLA DENTAL LEARNING:**

One-on-one case consulting via web video conferencing. [More info](#).

[www.CustomDentistWebSites.com](http://www.CustomDentistWebSites.com) can customize a website for you and your practice. It can help you and your team convey what you are all about, from the complete interactive exam, reflective case planning, collaborative sequencing to the quality dentistry you provide.

Take a look at how Custom Dentist Web Sites can help you, your practice and your team.

**[VISIT ONLINE](#) to learn more about Custom Dentist Web Sites**

**[SELF-STUDY CONTINUING EDUCATION COURSES AVAILABLE - AGD PACE APPROVED FOR 28 HOURS CREDIT](#)**  
**[VISIT ONLINE](#) to see the courses and programs offered by Tarantola Dental Learning**

**[VISIT ONLINE](#) for a free, no-obligation sample CD with slides from all courses/programs**

**December 07 CLINICAL TIP**

Past "Clinical Tips" Now Conveniently Archived For Easy Review



**An Anterior Open Bite, Long Term TMD and a Unique Solution**

Anterior open bite with CR and excursive interferences are a factor in this patient's temporomandibular disorder. After bite splint therapy brought about an improvement of signs and symptoms see how the occlusal issues were restoratively resolved.

## ASK THE TECHNICIAN

Enhancing the dentist-technician relationship

### SHADE MAPPING

There are times when we would like our technician to personally meet the patient and map the shade. Matching one central incisor would be a good example.

At Artistic Dental Studio, they perform the following five steps.



1. Shade Mapping
2. Digital pictures with shade guides next to the teeth.
3. Computerized shade scanning.
4. Virtual try-in of the completed restoration.
5. Completed restoration final check with patient prior to sending to your office.

For all the details, diagrams and photos, read this month's article by Jerry Ulaszek CDT from Artistic Dental Studios as he shows a case where these very decisions had to be made, Anthony can be reached at [jerry@artisticdentalstudio.net](mailto:jerry@artisticdentalstudio.net)

[Go To The Article](#)

### QUESTIONS AND COMMENTS SUBMITTED FROM PAST ISSUES:

Questions from a reader in India: (my comments are in red).

*I am progressing in "complete dentistry" thanks to your excellent learning modules. I have developed my own record sheets for complete examination modifying your formats to suit my conditions. I have completed blue prints and treatment plan for about 10 patients and already got treatment acceptance from 5 patients. Patients are impressed by the approach.*

*I have lot of problems trying to do equilibration. Can you give me a brief description of how you do it. Your position **I AM DIRECTLY BEHIND THE PATIENT SO I CAN GUIDE THE PATIENT'S JAW AND VERIFY THE CONDYLES ARE SEATED. (THE PANKEY INSTITUTE RECENTLY CHANGED THE TERM FROM BIMANUAL MANIPULATION TO BIMANUAL GUIDANCE)**, assistant position?, **HER TYPICAL POSITION AT THE DENTAL CHAIR IS FINE and armamentarium?** **I HAVE 6 SETS OF MILLER FORCEPS, 2 FOR 2X2 BLOTTERS, 2 FOR BLACK AND 2 FOR RED. I HAVE THEM BITE ON THE BLOTTERS THEN I POSITION THE BLACK, ONE ON EACH SIDE, THE ASSISTANT THEN HOLDS THEM SO I CAN "GUIDE" THEM CLOSED. THE PATIENT CAN HELP AND HAVE THEM "PRESS TOGETHER" BUT ONLY AFTER I AM SURE THE CONDYLES ARE SEATED. I hardly get ink marks when I do. Do you try to mark single tooth or whole quadrant. BOTH SIDES. THE KEY IS TO KEEP THE***

**TEETH DRY. IN ADDITION TO THE BLOTTERS, WE HAVE LEARNED TO ORCHESTRATE THE SUCTION AND AIR. On an average how many times do you have to mark to complete. IT DEPENDS ON THE CASE BUT IT TYPICALLY TAKES ME 45-60 MINUTES. THE TRIAL EQUILIBRATION IS THE GUIDE AND I HAVE THE CASTS THERE TO REFER TO. Since you have to manipulate the jaw every time patient starts getting pain near the mandibular angle because of my finger pressure ! after 5 or 6 manipulations. Or am I pressing too severely? YOU MIGHT BE. IN MY YEARS OF TEACHING AT PANKEY, MY OBSERVATION HAS BEEN THAT WE GET A LITTLE TO FORCEFUL. SO BE SURE TO CHECK YOU HAND POSITION. After getting all teeth contact in CR can checking for excursions be done without manipulation? YES, BECAUSE THE CONDYLE JS TRANSLATING**

**SOMETHING TO TRY...BOND SOME COMPOSITE ON THE INCISAL EDGES OF THE 2 LOWER CENTRALS, RIGHT AT THE MIDLINE. THE IDEA IS TO CREATE A FRONT POINT OF A TRIPOD (THE BACK 2 POINTS BEING THE CONDYLES) YOU WANT TO BUILD IT UP ENOUGH SO NO OTHER TEETH TOUCH. GET THE IDEA? IT'S LIKE A DEPROGRAMMER. THIS WAY YOU CAN GUIDE MORE GENTLY AND LET THE PATIENTS MUSCLES CONTRACT, THE CONDYLES WILL SEAT. TRIM THIS DOWN A LITTLE AT A TIME TILL THE POSTERIOR INTERFERENCES START TO TOUCH. AND THEN ADJUST THOSE INTERFERENCES AS YOU CONTINUE TO ADJUST THE COMPOSITE. WHEN THE COMPOSITE IS GONE, YOU SHOULD BE ABOUT DONE.**

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