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October 2005

from Gregory Tarantola DDS



Greetings!

Tarantola Dental Learning is dedicated to helping dentists and their dental team, specialists and technicians learn and apply the principles of comprehensive, masticatory system dentistry in a relationship-based environment. That means promoting and maintaining optimal health, function and esthetics of all the components of the masticatory system, that is, the TMJs, the neuromuscular system, the dentition, the periodontium and occlusal bio-engineering. And accomplishing this in a way that is appropriate for that particular patient, that is, with their interest and active participation.

Remember this formula for "Peace Of Mind" in your practice:

NP (or EP)+E+D+TP+TS+CA=PS

New Patient (or Existing Patient)+Examination+Diagnosis+ Treatment Planning+Treatment Sequencing+Case Acceptance=Predictable Success

Thanks to Charles W Martin, DDS, MAGD, DICOI, FIADFE
LeadershipMastermindCoaching.com for suggesting the enhancements to the above formula for success.

This month's inspirational quotes:

"Keep in mind that neither success nor failure is ever final. "

Roger Babson, 1875-1967, American Statistician and Entrepreneur

"A man, as a general rule, owes very little to what he is born with -- a man is what he makes of himself."

Alexander Graham Bell, 1847-1922, Scottish- born Scientist and Inventor of the Telephone

"What we hope ever to do with ease, we must learn first to do with diligence."

Samuel Johnson, 1709-1784, English Author and Critic

Thought For The Month - Articles For You And Your Team To Talk About

Past "Thoughts For The Month" Are Now Conveniently Archived For Easy Review

Healthy Self Esteem

Self esteem has to do what we think of ourself, not what others think of us. If we think well of ourselves, are happy on the inside, we can be of better service to our patients.

This month's quotes above have a lot to do with self esteem. Just as Babson says that neither success or failure is ever final, neither is our current level of self esteem. We can take positive steps.

Alexander Graham Bell tells us that what we make of our life and what we get out of life is due more to our actions than our genetics. Same for our self esteem as we learn what actions we can take as the author reviews "The Six Pillars of Self Esteem."

Samuel Johnson reminds us that as we are diligent in our actions, they in turn become easier. If we live with integrity, a key ingredient of self esteem, it is easier to be diligent in our actions. It starts with discovering our purpose and living purposefully daily.

Enjoy the article by Nathaniel Branden. Discuss the article with your team and talk about how you can apply some of the principles and suggestions in your own practice.

- [Go to the article.](#)



SELF-STUDY LEARNING CDs

Multimedia...interactive...interesting...effective AND now approved for AGD CE credit



COMPREHENSIVE, RELATIONSHIP-BASED DENTISTRY



**NOW PACE APPROVED
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Enjoy the peace of mind and fulfillment of practicing comprehensive-care, relationship-based, masticatory system dentistry! These **SELF-STUDY LEARNING MODULES ON CD** are a great way to learn and implement masticatory system principles and to connect with the patient so they become an appreciative partner with us. The learning modules are very visual, the text is to-the-point outline

style, and the photo table of contents is linked to every page making it extremely easy to navigate and refer back to over and over. You'll find it a GREAT value...and of course, with a money-back guarantee!

"How often have you gone to a continuing education course and wished that you were back in your own office doing dentistry? How many times have you sat through hours upon hours of lectures only to get one pearl of information that took mere seconds to dispense? What if there was a way to get quality condensed information delivered to your door that you would be able to watch on your computer? Now, what if I told you that you could, and the answer was Tarantola Dental Learning CD-ROMs?" Dr. H.F., DDS, MBA

We all learn in different ways. These modules are very visual and not a lot of text to read. If you are already in a course of study, you need these CDs to complement your learning.

The Case Study Guide is a collection of 33 fully documented cases - an incredible tool at learning the everyday implementation and application of comprehensive, masticatory system dentistry.

For the month of September, we will continue to include the "Management Workbook" and "Vision Workbook" with the purchase of the Complete Set or Case Study Guide.

- [Click here to see the Learning Modules](#)
- [Click here to see the Case Study Guide](#)

OCTOBER CLINICAL TIP

Past "Clinical Tips" Now Conveniently Archived For Easy Review



Getting results that don't meet expectations can have a variety of causes. Some of the behavioral reasons may include unrealistic patient expectations, not truly understanding their expectations, ineffective communication of what is possible and what is not possible. Some clinical reasons may be starting before visualizing the end result, poor execution of the clinical details, ineffective laboratory support to name a few. Minimizing these disappointments necessitates following some fundamental principles.

Predictably Resolving Problems

Understanding the masticatory system allows the comprehensive dentist to resolve perplexing problems that may be referred to the practice by your specialist, technician or other patients.

It simply requires a commitment to the fundamental principles of examination and diagnosis; visualizing the end result with a diagnostic blueprint; and paying attention to details.

If you listen to and understand the patient and do your "homework" after the exam and diagnosis, you will be effective and convincing during the treatment consultation.

This month's tip is a patient who received some nice implant dentistry...it just was not what she expected. See how the case was handled.

- [Click here to see the OCTOBER CLINICAL TIP](#)

"ASK THE TECHNICIAN" **NEW

SECTION**

Enhancing the dentist-technician relationship



Tarantola Dental Learning has the goal of helping dentists and their team of auxiliaries, specialists, technicians, etc. One of the suggestions received has been to include a section by technicians offering helpful articles and answering questions from our readers.

This month includes a tip from Anthony Calonico from Artistic Dental Lab in Bolingbrook, Illinois. He heads up the removable department and has a special interest in bite splint fabrication.

- [Click here to read this month's tip from "ASK THE TECHNICIAN"](#)

QUESTIONS AND COMMENTS SUBMITTED FROM SEPTEMBER'S CLINICAL TIP AND THOUGHT

Comment from a reader

I think this case demonstrates a big issue overlooked in dentistry. I am a Pankey student who will attend C2e this month. I am fascinated with the far reaching ramifications of occlusal issues and unfortunately believe it is not sufficiently learned in school and under utilized in CE in lieu of fancy esthetic CE. Being 5 years out of school I am concerned with the future generations who may not observe occlusion but yet bond on CEREC restorations. Excellent discussion and case.

If the posteriors have stable centric stops and the anterior guidance is now acceptable and there is no super eruption of the anteriors why is the slanting unstable?

The slanting I believe makes it difficult, if not impossible to get a STABLE CENTRIC HOLDING CONTACT. I have found the slope to slope allows some supereruption of the lower anteriors. The uppers many times don't erupt because of the neutral zone of the lips. I don't like to try to count on the functional anterior guidance movements to keep teeth in a stable position. The deeper the overbite, the more I like to get a definitive horizontal stop. Correct lower incisal edge anatomy and position is important for a.) stable centric holding contacts and b.) smooth, trauma free movements throughout the functional and parafunctional range. If the lower plane is irregular, the transition across the anterior teeth in these movements will not be smooth and therefore set up the possibility of wear/fracture, mobility and/or migration .

Another reader comment

The same principles of stable stops apply with rest preparation on partial frameworks. I commonly see rest preps made especially on cuspids that are not truly prepped correctly. A cingulum rest must have a solid flat area for the frame to rest upon. I routinely see preps that are slanted. I also see this

on precision attachments cases that contain milled lingual rests. There is no stable holding area for the frame to rest if the mill is slanted plus it can change the directive forces and place more torque on the abutment.

I routinely see that slanted wear on lower anteriors when the upper linguals are porcelain. Isn't wear like that inevitable when the opposing surface is porcelain?

I have not found that to be the case IF a.) there is not deflective contact to the arc of closure with the condyle fully seated which drives the lower anteriors into the linguals of the upper and b.) the upper lingual anatomy is contoured correctly, with a concavity, that does not interfere with the patient's envelope of function. If it does interfere, I see that kind of wear routinely. Restored linguals are often flat or even convex which may likely interfere with the envelope. So it is not necessarily the material but the shape of it.

email: [gtarantola@gtarantoladds.com](mailto:gтарantola@gtarantoladds.com)
phone: 3053728212
web: <http://www.tarantoladentallearning.com>

"TIE" IT ALL TOGETHER

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Gregory Tarantola DDS | 848 Brickell Ave | Suite 920 | Miami | FL | 33131