

# Lakewood Waves Swim Team

## 2010 Registration

### SWIMMER REQUIREMENTS:

A child must be between the ages of 4 and 18 yrs. of age as of June 1, 2010. Children 6 and under must be able to swim one length with a kickboard, NON-STOP, and swim freestyle a length of 15 yards. Children between the ages of 7-18 must be able to swim one length (25 meters), NON-STOP, of crawl. All children under 9 years old by June 1, 2010 and all new swimmers should come to the first practice on May 25<sup>th</sup> at 7:00pm. Please don't be discouraged, come show us what you can do.

### PARENT REQUIREMENTS:

Swim team is run by the parents. All families are required to help run the team and the meets. We understand vacations occur this time of year and will work around them. Training is available for some volunteer positions.

**FEES:** (includes T-shirt, awards, league dues and more!)

Registration Dates:	LPOA Members & NLR High School swimmers:	Non-Members:	Maximum Family Fees:
Early - before 5/24/10	\$55 per swimmer	\$70 per swimmer	\$210
Deadline - 6/14/10	\$65 per swimmer	\$80 per swimmer	\$240

No refunds will be made after registration deadline. (If a refund is made prior to deadline, a \$5.00 service fee will be charged.) LPOA family membership fee must be paid for the year 2010 to qualify for membership rates.

### PRACTICE DATES:

Beginning May 25<sup>th</sup>, practices will be Monday/Wednesday 7:45-9pm (all ages), Tuesday/Thursday 6:45-8pm (10 & under), 8-9pm (11 & up). Starting Wednesday, June 9<sup>st</sup> we will add morning practices Monday through Friday from 10:45-12am. After Red Cross Classes are done at the pool, morning practices will change to 9:45-11am. All practices will be held at the Lakewood Pool, at 2701 Crestwood Road, NLR.

### SWIMSUITS:

Swimsuits will be purchased from Splashwear Aquatics, 9855 Maumelle Blvd., 501-753-4998. If you do not make it to a try-on session, you will need to get your suit from Splashwear Aquatics directly. NLRHS swimmers may use their High School suit. Team suits should be worn to swim meets only.

### T-SHIRTS:

A t-shirt for each swimmer is included in the registration fee. Please order additional shirts for parents or siblings now and include money with registration fee. Other items are also available. Indicate sizes on registration form.

### SPONSORSHIP:

This year we will need \$4,000 in sponsorship. If you or your company is interested in helping the team, please pick up a Sponsorship form in the LPOA office or ask any of the Parent Reps for a copy.

**Mandatory Orientation Meeting** for Swimmers and Parents Sunday, May 16<sup>th</sup>, 2:00pm at the Pavilion on the Point.

**LPOA Office – 4500 Lakeshore Drive – 753-4937  
OR MILLIE MARLIN 753-1559**

# Lakewood Swim Team Application

**LPOA Member:** Yes/No (Circle one)

**Swimmers:**

Last Name	First Name	M.I.	M/F	Birth Date	Age	T-shirt size	Total	
<b>Additional Items:</b>	<b>Price</b>	<b>Sizes</b>						
Youth T-shirts	\$12	YS (6-8), YM (10-12), YL (14-16)						
Adult T-shirts	\$12	AS, AM, AL, AXL, or AXXL						
<b>Total Amount Paid</b>								
<b>Parent's Names</b>								
<b>Address</b>								
<b>Home Phone</b>								
<b>Mother's Cell</b>				<b>Father's Cell</b>				
<b>Email address</b>								
We understand that parent participation is required: _____ (please sign)								

**Please return Application and Check to:**

LPOA • 4500 Lakeshore Dr.  
 North Little Rock, AR 72116  
 Phone: 753-4937

**We look forward to handing out your ribbons!**



April 23, 2010

Dear Parents:

Welcome to the 2010 Lakewood Waves Swim Team! We are looking forward to a fun and exciting season this summer.

We are pleased to share that Coach James Poling will be returning to coach our team this year. You may recall that James joined us towards the end the 2009 season. He's currently a student at Oklahoma State University and previously swam for 6 years with the Dolphins and 4 years with North Little Rock High School. He's very much looking forward to helping our kids be the best swimmers they can be as the Waves head coach. Welcome James!

I have three brief requests of you, as follows:

- 1) We need parent participation to ensure that our children have a great experience this summer. Great fans are wonderful, but you volunteering to help at meets (5, but especially 3 home meets) will spread the responsibilities and allow all parents to share in the excitement. Please join us in helping this season.
- 2) Secondly, we need more sponsors. If your business, employer, or a family member would enjoy the recognition and opportunity to support a great swim team, please get them signed up by calling the LPOA office at 753-4937.
- 3) Lastly, please plan to attend our Mandatory Orientation Meeting for parents and swimmers on Sunday, May 16 at the LPOA Pavilion on the Point.

The dates and locations for our swim meets this season are 6/12 @ Maumelle, 6/19 @ **Home**, 6/26 @ Sherwood, 7/10 @ **Home**, 7/17 @ **Home** and 7/24 @ UALR for the Meet of Champs.

Please read the enclosed registration information closely. If you have any questions or concerns, please contact Jennifer McDaniel at [eat\\_right@msn.com](mailto:eat_right@msn.com) or Millie Marlin at [milmarlin@att.net](mailto:milmarlin@att.net).

We're looking forward to a great season!

Sincerely,

The Lakewood Waves Parent Reps