

SUGGESTED USE: As a dietary supplement, with 8 ounces of water take one (1) capsule early morning, and one (1) capsule with 8 oz of water early afternoon. Do not exceed more than 2 capsules per day. This product should be used in conjunction with a sensible diet and exercise program.

CAUTION: Do not exceed recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking prescription drugs. Discontinue use immediately if nausea, sleeplessness, or nervousness occur. Do not take this product if you have a known medical condition including high blood pressure, diabetes, any cardiovascular disorder, heart disease, hyperthyroidism, or are taking antidepressant medications. If you have questions about the advisability of taking this product, consult your physician prior to use.

**KEEP OUT OF THE REACH OF CHILDREN
DO NOT USE IF OUTER SEAL IS DAMAGED OR
MISSING. STORE IN A COOL DRY PLACE.**

These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure, or prevent any disease.

C-Less

Lose Weight
"Naturally"



**Burns Calories
Helps Increase Energy**

Dietary Supplement 60 Capsules

Supplement Facts Serving Size: 1 capsule
Servings Per Container 60

	Amount Per Serving	% DV
Chromium (Amino Acid Chelate)	100 mcg	83%

Caffeine (Anhydrous)	200 mg	*
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Proprietary Blend	283 mg	*
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Consisting Of: Hoodia Gordonii Cactus Powder, Magnolia Bark (1.5% extract), Glucomannan, Green Tea (50% Extract), Theobromine (99%), Guarana (33% Extract Providing 17 mg Naturally-Occuring Caffeine), Cha de Bugre (Herb Powder), Maca Extract (0.6% macamindes), L-Theanine, Banaba (1% Extract) and Guggulesterone.

* % Daily Value Not Established

Other Ingredients: Gelatin, Magnesium Stearate, stearic acid, and Silica.

CAUTION: This product contains 217 mg of caffeine per serving (equivalent to 2 cups of coffee).

Proudly Distributed Worldwide By:

Natural Guardian International

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www.c-less.com