

**SUGGESTED USE:** As a dietary supplement, take one (1) capsule with each meal. Do not exceed three (3) capsules daily.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

The above statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure, or prevent any disease, but is rather a dietary supplement intended for nutritional support.

Proudly Distributed Worldwide By:

**Natural Guardian International**

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**Dietary Supplement 60 Soft Capsules**

# Omega 3

## Heart Health



**EPA 180 mg, DHA 120 mg**  
**MERCURY FREE EPA 180 mg, DHA 120 mg**  
**MERCURY FREE**

### Supplement Facts:

Serving Size: 1 Soft Gelatin Capsule

Servings Per Container: 60

Amount Per Serving

Calories: 10

Calories From Fat - 10

|   | Amount  | % Daily Value |
|---|---------|---------------|
| Total Fat                                 | 1 g     | 2%            |
| Polyunsaturated Fat                       | 0.5 g   | *             |
| Fish Oil                                  | 1000 mg | *             |
| EPA (Eicosapentaenoic Acid From Fish Oil) | 180 mg  | *             |
| DHA (Docosahexaenoic Acid)                | 120 mg  | *             |

\*\* Percent Daily Values Are Based On A 2000 Calorie Diet

\* Daily Value Not Established

**Other Ingredients: Gelatin, and Glycerin**

**Contains No Yeast, No Sugar, No Starch, No Artificial Colors, Flavors Or Preservatives**

**WARNING: KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.**