





PURPOSE DRIVEN HEALTH PLAN

After completing the *Health Assessment*, focus on the areas where you feel you need to plan for growth, and complete this *Health Plan*. Fill in the possible ideas for developing your spiritual life in each area, then translate those possibilities into actual steps you plan to take to grow or develop in each purpose. Share your plan with your spiritual partner, then check on your progress periodically.

PURPOSES	POSSIBILITIES	PLANS
<p>CONNECT (Fellowship) How can I deepen my relationships with others?</p> <ul style="list-style-type: none"> • Family/friends • Relational/emotional development • Small group community 		(Strategic Steps)
<p>GROW (Discipleship) How can I grow to be like Christ?</p> <ul style="list-style-type: none"> • Spiritual disciplines • Financial stewardship • Character development 		
<p>SERVE (Ministry) How can I serve God and others?</p> <ul style="list-style-type: none"> • Ministry to the Body • Leadership training • Continuing training 		
<p>SHARE (Evangelism) How can I share my faith regularly?</p> <ul style="list-style-type: none"> • Mission to the world • Seeker friends/family, work, neighborhood involvement 		
<p>WORSHIP How can I live for God's pleasure?</p> <ul style="list-style-type: none"> • Regular church attendance • Worship tapes and devotionals • Personal health and balance 