



GRACE NOTES

Building up the church
to the glory of God.

Ephesians 4:12

September 2007

Grace Notes Readers' Poll Gets Big Response (and we're listening!)

In June, the Grace Communications Department mailed a *Grace Notes* readers' poll to all of our members*, asking them to rate 11 different areas of news content from least to most important and to quantify how much of the newsletter they typically read each month. We also asked whether readers access *Grace Notes* online, in the mail, or both. Members were also invited to offer their own content suggestions and to comment at will regarding *Grace Notes* in general. Some of these comments will be featured in this and future newsletters. Following are the categorical results of our poll. Note: a fractional percentage of those surveyed did not answer all of the questions. *Members are defined as those people who took vows to join Grace Church. We received 294 responses out of 1,094 households polled, a response rate of nearly 30%. This is exceptional, considering that most large mailings statistically receive only a 2% response rate. Thank you, respondents!

Number of polls mailed: **1,094**

Number of those who responded: **294**

NEWS CONTENT RATINGS:

The largest response percentage in each content area is in bold.

*A rating of 5 is **most important** to readers; a rating of 1 is **least important**.*

News Area #1—Grace Church Events

Rating of 5: 176 respondents

Rating of 4: 74 respondents

Rating of 3: 32 respondents

Rating of 2: 6 respondents

Rating of 1: 7 respondents

"I feel strongly that Grace Notes needs to come out through the mail year round...not everyone is online."

"It is important to get out as many upcoming events as possible..."

#2—Grace Announcements

Rating of 5: 175 respondents

Rating of 4: 71 respondents

Rating of 3: 32 respondents

Rating of 2: 14 respondents

Rating of 1: 9 respondents

#3—Grace Church Committee News

Rating of 5: 76 respondents

Rating of 4: 75 respondents

Rating of 3: 99 respondents

Rating of 2: 29 respondents

Rating of 1: 13 respondents

#4—Northern Illinois Conference or Aurora District News

Rating of 5: 7 respondents

Rating of 4: 30 respondents

Rating of 3: 79 respondents

Rating of 2: 77 respondents

Rating of 1: 97 respondents

#5—The United Methodist Church or Grace Pastors' Response to Global News and Events:

Rating of 5: 57 respondents

Rating of 4: 73 respondents

Rating of 3: 89 respondents

Rating of 2: 38 respondents

Rating of 1: 25 respondents

#6—People of Grace (interesting things individuals are doing)

Rating of 5: 78 respondents

Rating of 4: 105 respondents

Rating of 3: 71 respondents

Rating of 2: 35 respondents

Rating of 1: 8 respondents

#7—Missions/Outreach News and Opportunities:

Rating of 5: 68 respondents

Rating of 4: 90 respondents

Rating of 3: 87 respondents

Rating of 2: 28 respondents

Rating of 1: 18 respondents

#8—Growth at Grace (membership, renovations, capital campaigns, etc.)

Rating of 5: 64 respondents

Rating of 4: 84 respondents

Rating of 3: 96 respondents

Rating of 2: 31 respondents

Rating of 1: 10 respondents

#9—Grace Personals (sympathies, baptisms, births, etc.)

Rating of 5: 147 respondents

Rating of 4: 72 respondents

Rating of 3: 46 respondents

Rating of 2: 19 respondents

Rating of 1: 8 respondents

#10—Family/Parenting/Social Issues

Rating of 5: 48 respondents

Rating of 4: 21 respondents

Rating of 3: 95 respondents

Rating of 2: 38 respondents

Rating of 1: 36 respondents

#11—Health (physical, mental, spiritual)

Rating of 5: 58 respondents

Rating of 4: 79 respondents

Rating of 3: 90 respondents

Rating of 2: 37 respondents

Rating of 1: 28 respondents

#12—How much of each Grace Notes do respondents typically read, 5 being all of it, 1 being barely any?

Rating of 5: 129 respondents

Rating of 4: 96 respondents

Rating of 3: 55 respondents

Rating of 2: 10 respondents

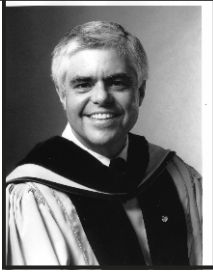
Rating of 1: 5 respondents

Do you currently access Grace Notes online or in the mail?

Online: 17 respondents

By mail: 267 respondents

Your opinions matter! We have heard you and look forward to publishing news that reflects your interests accordingly. Thank you to all who took the time and effort to respond.



Pastor's Journal

Practicing Intimacy

If I want to play the piano, standing by and looking at it is not going to get the job done. Even if I look longingly for a very long time, the sounds I produce from the piano will not be music to anyone's ears. Learning to play the piano will mean making changes in my life and practicing new skills.

To play the piano, I am going to have to form a relationship with the piano. I must feel it, touch it, and get to know it through hours of contact. I will need to train my body to master a connection between what I see in the music and what my hands do.

Intimacy between two people is a skill, just like playing the piano. It is a skill that can be learned. Some have the good fortune of a family of origin that coaches children in self-confidence, trust and honesty. Many, however, learn instead coping skills that avoid intimacy and openness.

It seems those couples who are best at intimacy are those who seek to be better at it. Those who have difficulty with intimacy are also those least likely to seek assistance. Looking longingly at another is not going to get the job done. Growing a relationship that endures will mean changing priorities and focusing effort on that relationship. Just like learning to play the piano, a relationship means making sacrifices and practicing.

Coaching our children to be great at intimacy will sacrifice other opportunities in life, but the dividends are exponential.

Grace and Peace,

Church Council Wants to Hear From YOU! *By John Bodine, Church Council Chair*

As we enter the 2007-2008 Church Calendar Year, we begin a new phase of emphasis on drawing out the distinct interests and passions of our members. The Church Council is adopting an approach that focuses our resources on issues and concerns that emerge from the Grace congregation, consistent with the dynamic successes described in the book, The Passion Driven Congregation, by E. Carver McGriff and M. Kent Millard. Each month, the Church Council will select a focus topic intended to address a significant concern or issue in our world, our community or our personal lives and solicit input from our congregation on what they think, feel, and what "gets their blood up." For September, we'll be building on Barb Ceruti's article in the August *Grace Notes*, "The 'Exceptional' Child—In God's Eyes." Our question is, "What can we do for Naperville's pre-

schoolers?" in a time of unrealistic, and possibly unhealthy, expectations for our children.

During Grace Connections (the time between services), Church Council members will man a "Listening Post" outside of the Activity Center on Sundays before Church Council meetings. The next opportunity will be on Sunday, September 23. We want to hear your thoughts and determine whether there is a role for Grace to play in addressing the concerns we hear. Is there an issue in our community that impacts our youngsters? Are our kids driven from the earliest age to achieve and compete, to the neglect of natural, self-directed play, activities and fun? If there's an issue, what can we do about it? We'd like to hear from you!

Our calendar for the coming year is active and full. Check out some of the program plans for UMW – they're tackling some tough issues head on.

Where do you stand? Look for ways to become involved and use your talents, skills and experience in contribution. You will always receive more than you give. A few reminders: *wear your nametags!* (I've put mine in my car so I won't forget.) *And go out of your way to make visitors feel welcome!*

Grace Notes is published monthly for the members of Grace United Methodist Church. Unless otherwise noted, all articles are written by Grace Director of Communications Barb Ceruti. Please submit news for October by

SEPTEMBER 27

to gumcnotes@peopleofgrace.org
or contact Barb Ceruti at 355-1748, x240.

Mission Statement:

We the people of Grace are called to build up the body of Christ and our community to the glory of God through worship, education and service.

Grace United Methodist Church



300 E. Gartner Rd.
Naperville, IL 60540
630-355-1748

www.peopleofgrace.org

Join the Grace Music Program!

Grace Church cordially invites new vocalists and instrumentalists to our Music Ministry's 11 diverse programs for children, teens and adults. Weekly music rehearsals began last month. Please consider lending us your time and talents, as we begin another wonderful year of worship and praise through music. For more information regarding our Grace choirs, ensembles and instrumental opportunities, please visit our church web site at www.peopleofgrace.org and click on "Church Life>Music." See also www.gumcworship.org. For further information, contact Grace Music Minister Dan Wagner at 355-1748, ext. 232.

Drummer Wanted!

The Grace Praise Team, which provides contemporary worship music at the 11:00 service, has an immediate opening for an experienced drummer for our 11:00 rotation. Please contact Lynn Leitzen at 355-1748, x. 249.

Music Library in New Room, Volunteers Still Needed

Many thanks to those who donated their time and energy to the monumental project of moving, cataloging and computerizing our extensive music library. At one time or another, we had representatives from every Grace Choir, from Junior Singers through Chancel Choir. Our music library is now in Room 158, freeing up Room 160 for our bell collection and allowing space for a very generous bell donation from Cynthia Rupp (to arrive in December). But the job is by no means complete. Still needed are volunteers to tie up loose ends and maintain our library a few hours a week. Please contact Dan Wagner at 355-1748, ext. 232, or danwagner@peopleofgrace.org if you can help us with this task.

Youth Chorale a Great Way to Connect

If you're a student in 8th-12th grade looking for a way to sing, have fun and connect with God and other teens, then the Grace Youth Chorale is for you! Contact Dan Wagner at 355-1748, ext. 232, or danwagner@peopleofgrace.org. Open to Grace students and the greater community. Join us!

In Her Own Words:

Vickie Wagner Brings Heart, Soul and Original Music to Saturday Evening Worship



Saturday evening worship has a new feel, a new location, and an inspiring new voice in singer/songwriter Vickie Wagner.

"Music is the best way I know to hold God's word and truth in our hearts and minds," said Vickie, who leads the music portion of Grace's "in the round" Saturday evening service in the Grace Activity Center. "I think the music that I offer will be uniquely different than that of our other wonderful worship services and may appeal to people in a different way." Vickie's hope is that worshipers will sense the presence of the Holy Spirit and be drawn to God through the openness and intimacy of the Saturday evening worship style.

"I was swept away," confessed Harriet McCabe, a self-professed "high church" traditionalist, of a recent Saturday evening worship service she hesitantly attended with a visiting friend. "We came for the communion offering, but

there was such dignity in this service, and immediate community was built." Won over, Harriet now plans to regularly attend both the Saturday evening service and the 9:30 Sunday service.

An experienced singer, director and music teacher whose talents have taken her all over the world, Vickie Wagner added "recording artist" to her list of accomplishments after attending a concert at her church in Minnesota some years ago. "The thought came to me that I should be writing my own music. I was surprised when the songs sort of flowed out of me," said Vickie, who has an original CD entitled *Look to the Light* and her own web site, www.vickiesong.com.

Vickie's music, which she describes as a mix of contemporary Christian and acoustic/folk, is inspired by Scripture, the natural world, and life experiences. A song on her CD called "Lost In a World of Our Own" was born when she and her husband, Grace Minister of Music Dan Wagner, noticed that their two children had "zoned out" in the back seat of their car. "I said to Dan, 'They're lost in

their own little world,' and out of that came a song about how people go through life oblivious to God and what He's done for us through Christ."

Since meeting Dan in 1983 while she was Director of Music and Worship at a Phoenix area church, Vickie has teamed up with her husband in several music ministry capacities over the years. At Grace, where the couple came in 2006 after serving at Christ Church in Oak Brook, Vickie is a member of the Chancel Choir and the summer Praise Team. Along with Dan, she is co-director of the Youth Chorale as well as the group's accompanist. She was also keyboardist for this year's Vacation Bible School. At the behest of Pastor Bob Atkins, who felt that Vickie's stirring music would be an appropriate fit for the new Saturday evening format, Vickie began leading Saturday evening worship music on August 18.

"I invite people to try visiting this service. I hope to get to know more of the Grace church family as we grow together in our faith and love for the Lord," said Vickie. Let us accept the invitation.

Grace Takes to Streets in Labor Day Parade

On a bright, sunny Labor Day September 3, over 50 members of our Grace family walked in Naperville's Labor Day Parade, sporting bright yellow and orange tie-dyed shirts, emblazoned with phrases such as "Alive with Grace" and "People of Grace." Our float was decorated with our Vacation Bible School "Lift Off!" theme, and many people carried signs acknowledging our various missions and ministries. Thanks to the Evangelism Committee and all of our walkers and float decorators!



Photos courtesy of Dick Trondsen



Linking Up to Grace



"Here I am, Lord. Is it I, Lord? I have heard you calling in the night. I

will go, Lord, if you lead me. I will hold your people in my heart."

Is God calling you to travel abroad for His work in missions? Get your passport, and check out these three life-changing opportunities Grace has for you in 2008!

MYANMAR (formerly Burma)

When: Two weeks in January, 2008

Who: A 6-10 person "fact

finding" team

Why: To visit churches and church-related missions in Rangoon and rural Myanmar. Upon return, evaluate opportunities for further Grace support.

Cost: \$3,500

Trip Coordinators: Bobbi and Al Khant (961-1505)

RUSSIA

When: August 1-15, 2008

Who: An 8-12 person "fact finding" team

Why: To visit our sister church in Zelenograd and re-visit friends in Troitsk (both cities are on the outskirts of Moscow). Upon return, evaluate opportunities for further Grace support.

Cost: \$3,000

Trip Coordinators: Julie and Dave Kronbach (369-0503)

KENYA, AFRICA

When: July 10-25, 2008

Who: A 12 person mission work team

Why: To work on projects including Maua Methodist Hospital and to build a home for an AIDS orphan family in Maua, Kenya. Trip will include worship, a tour of Kenya Methodist University, and a brief safari to a local game park.

Cost: \$3,500

Trip Coordinators: Julie Utter (922-4157) and Annette Swanson (420-9638)

Trip details, applications and further information will be available between services in

the Activity Center. Please note that these international trips are not designed as "youth" work trips. They are primarily adult trips for which older youth (and adults) may apply, if seriously interested in the mission goals.

YOU can make a difference in the world with Grace next year! Please prayerfully consider your participation in these incredible, God-centered opportunities to serve others.

We look forward to serving you,

Pastor Lisa Telomen and

Our 2008 Mission Trip

Coordinators

September is Childhood Cancer Awareness Month

Like many little boys, Nicholas Marino has just begun first grade. He is on a soccer team called the Golden Eagles, and this summer, he learned to jump off the diving board. His life is pretty



Nicholas A. Marino

typical, except for the fact that, at the age of six, he is a cancer survivor. When he was just a year old, Grace members Bobbi and Al Khant's grandson was diagnosed with bilateral wilms tumor (cancer in both kidneys). Nick's entire right kidney and a football-sized tumor were removed in June of 2002, and 2/3 of his left kidney was removed in November of that year, leaving him with 1/3 of his left kidney on which to function. After a week of heavy radiation, he began 72 non-consecutive weeks (totaling nearly four years) of intensive chemotherapy.

"Nick's prognosis is off the charts," said his grateful mother, Karrie Marino-Khant. "His doctors are amazed that his tiny 1/3 of a kidney is functioning." On Nicholas's web page, www.caringbridge.org (on which Karrie blogs about Nick's progress and through which people can donate to Nick's Cancer Fund), Karrie writes, "Nicholas has taught me far more than all my Northwestern University instructors put together. I still struggle sometimes, still lose my sense of wonder, and forget the power of prayer." But it is the power of prayer that Karrie credits most with her young son's progress. Though he has blood work every three months to check his kidney function, MRI/CAT scans every three months to make sure his cancer has not returned, and growth hormone shots every night to remedy the growth stunt caused by renal failure, Nicholas has the strength of ten men. "Nick has been through more in his six years of life than most adults go through in a lifetime," said Karrie, who will donate her kidney to her son when he is ready for a transplant. "He is a strong little boy with a huge heart."

September is Childhood Cancer Awareness Month, highlighting the fact that cancer can afflict any race, any gender, any class, and any age. Please remember the youngest victims of cancer this month, and consider making a donation or participating on behalf of one of the many organizations fighting this disease. Google "Childhood Cancer Awareness Month" for information on how you can help more children like Nick survive cancer.

GRACE PERSONALS

Sympathies to the Friends
and Families of...

Judy Butkant, friend of the Bright & Blake Families

Jim Schofield, cousin of Joe Schofield

Stella Stevens, mother of James Stevens

Mark Weis, friend of Sally Scarlett

Celebrations

Ethan Paul Plummer, son of Amy and Scott Plummer and grandson of Donna and Bob Plummer, was born August 9, 2007

Amy Schmuckel and Arick Sabin were married on September 1

Jeff Hartman and Erin Sackett became engaged this summer and will marry August 8, 2008

Baptisms

Lauren Suzanne and Aaron Michael Albert, Jr., daughter and son of Aaron and Kathryn Land, were baptized on August 26

Greetings and Grateful Thanks

To Our Grace Family,

Words cannot express the expression of love we have felt through the many cards, calls and contacts made during Mom's recent illness and passing. She felt very close to her church and she felt blessed to have Don and Bill with her when she was hospitalized. Her belief and faith that there is a better life after this one has given our family comfort as we continue with our daily lives. Many prayers have been said for my cousin, Paul, whom we buried the week after Mom. We thank you for loving and caring for him also. It has been a difficult time, but Grace has helped us. Thank you!

Alice and Roy Mann and Family

From Bishop and Im Jung and their team in Bolivia...

Muchas Gracias! Together we can make a difference. Thank you for your help...The school supplies have been safely delivered to the VIM Coordinator to be shared throughout Bolivia.

Grace's Harriet McCabe Devotes Lifetime of Commitment to UMC



"The United Methodist Church is in my blood," said long-time Grace member Harriet McCabe, the Texas-born granddaughter of two Methodist pastors. If you ask her about her life in the Methodist Church, she will humbly (and a bit reluctantly) tell you that she has been involved

in elected positions within the multi-tiered United Methodist Church at every level.

Last June, at the UMC Northern Illinois Conference's 2007 Annual Conference, Harriet (who has served as NIC Annual Conference Secretary for the past eight years) was elected as a lay delegate to the UMC 2008 General Conference. She was elected on the first ballot, which Grace Pastor Bob Atkins notes is virtually "unheard of." The General Conference, which meets every

four years, is at the world level of the UMC structure and consists of 988 delegates across the globe. Harriet's election to this Conference in the first round of voting means that she was, in essence, a "shoo-in." Considering the complex election process, this is indeed unusual. However, when one learns the myriad ways in which the stalwart devotee has served the UMC over the past several decades, it is not surprising. It is also not the first time Harriet has been

elected to the General Conference the first time around. This year's election marks her third turn in the only UMC governmental body that speaks officially for the United Methodist Church. Her first occurred shortly after the death of her husband, Jack, in 1998. Jack was a four-time General Conference delegate, and Harriet firmly believes that her election to that position after his death was a divine tribute to him. "I never in this world expected to be elected to General

Conference."

At the District, Conference, Jurisdictional (which is responsible for the election of Bishops), and General church levels, Harriet has served in numerous capacities, often in the area of Religion and Race.

"I grew up in a very racist part of the world at a very racist time," said Harriet. "It got into my head that we didn't need to live that way." Acknowledging that the UMC still has work to do in

(continued on back cover)

Dr. Troy Martin to Lead Three-Week Study on Two-Sided Forgiveness

Dr. Troy Martin, Ph.D., University of Chicago, St. Xavier University religious studies professor, and the world's most prolific writer of seminal articles in biblical journals, is coming to Grace to conduct a three-week study on forgiveness. On three consecutive Sundays, **October 14, 21 and 28**, Dr. Martin will expand upon his book *Forgiveness: Finding Freedom Through Reconciliation* in sections of Confrontation, Repentance, and Transfer of Responsibility.

Dr. Martin's method of reconciliation counters the popularly held belief that forgiveness is a unilateral action that rests solely on the strength and will of the offended. Rather, Dr. Martin's approach focuses on the "interpsychic" exchange of healthy dialogue between the offended and the *offender* (think Cardinal Bernardin and his false accuser, Steven Cook). Only when both parties are engaged, holds Martin, can true reconciliation occur.

Don't miss this empowering opportunity to explore one of God's greatest gifts—forgiveness—the way He intended it to happen. Copies of Dr. Martin's books will be on sale for \$14.95 on the two Sundays prior to the beginning of his study, September 30 and October 7, in the Activity Center. The study itself will take place in Fellowship Hall from 9:30-10:30 a.m. on Sundays, October 14, 21, and 28. For more information, contact Amy Williams or Marlene Atkins.

"Yoga for Healing" Transforms Mind, Body and Spirit...

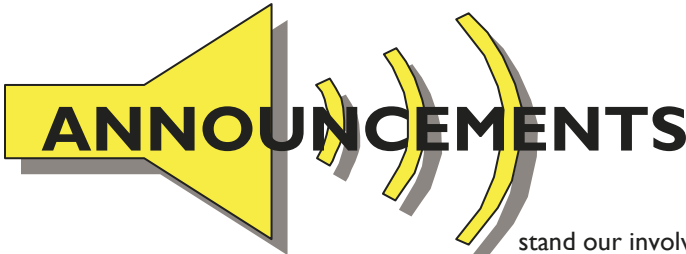
Minister of Healing Arts Rev. Adrienne Ann Ilseman is once again bringing the curative power of yoga to Grace. This fall, she is leading three six-week series, one on Thursday mornings from 6:30-7:30 a.m. through October 11, and two back-to-back series on Tuesday nights, 7:00-8:00 p.m., Sept. 4-Oct. 9 and Oct. 16-Nov. 20. Rev. Ilseman's yoga is not simply an exercise class. "Healing arts ministry is a powerful coming together of my former work in spiritual formation and pastoral care," explains Ilseman, an ordained deacon in the United Methodist Church, who was a parish minister for 22 years and Grace Minister of Christian Education from 1988-1992. Trained in yoga by master Astanga teacher Daren Friesen through Moksha Yoga Center in Chicago, Rev. Ilseman is now on the yoga staff at Edward Hospital and has expanded her healing ministry to several spiritual communities and beyond.

"Everyone brings to the mat his or her own needs for healing. Now, rather than simply lead a study on healing or prayer or preach the Good News of God's healing presence and power in the world, I support persons in experiencing the immediacy of healing and prayer through the practice of yoga." Rev. Ilseman is clear, however, that yoga is not a religion. "It is simply a healing path that grew from the same soil as Hinduism, but has been distinct from this religion for 5,000 years."



Rev. Adrienne Ann Ilseman (center) leads members of her healing yoga ministry.

(continued on back cover)



ANNOUNCEMENTS

LIGHT THE NIGHT WALK TO EMMAUS PRAY FOR EACH OTHER
 UMW MEETING OVER 50 LUNCHEON HARVEST HOME CROP WALK
 GRACE MEN'S EVENT PENNIES FOR UMW CELEBRATE THE SEASON
 CAREER TRANSITION WORKSHOP

"Light the Night" in the Fight Against Cancer

On **September 23**, Julie Schlegel and others will walk in the Leukemia & Lymphoma Society's "Light the Night" Walk, beginning at the Lisle Community Park at 7:00 p.m. You can, too! Visit www.lightthenight.org to find out how.

Men's Walk to Emmaus Sept. 27-30

Men of God, renew, re-energize and strengthen your spiritual life by attending the "Walk to Emmaus," a three-day journey in faith **September 27-30**. Contact Joe Schofield at 778-9559 for more information, or visit our church web site at www.peopleofgrace.org; click "Links" on the home page, then click on the Emmaus logo. The next women's walk is October 11-14.

8-Week Career Transition Workshop Begins September 29, 8:00-10:00 a.m., at Grace

For job seekers and career decision makers, the Career Transition Workshop offers eight weeks of practical, down-to-earth information integrated with Scriptural insight to help you in your job search, career decision, or career planning activity. Sponsored by the Grace Fellowship of Christian Men and taught by career consultant Dr. Robert Parker and other experts, this workshop uses a tested curriculum developed by Dave Cox, a professional career consultant and executive coach. All are welcome at any time. Registration brochures are available in the church office or the Activity Center. Contact Dr. Robert Parker at 717-6050 or rparker@enablingsi.com

Dr. Norval Brown to Visit UMW General Unit Meeting

United Methodist Women will meet for their October General Unit Meeting on Tuesday, **October 2**, 9:15 a.m., in Fellowship Hall. Rev. Dr. Norval Brown (the keynote speaker of Grace's October 26 men's event) will present "Globalization" and its impact on our lives. Please join us as we seek to grow in faith and to under-

stand our involvement in God's mission, both locally and globally. Lunch to follow; childcare is available through Margaret Harrison at 355-1748, ext. 241.

October Over 50 Fellowship Features "Time in Steins"

In honor of "Oktoberfest," the October Over 50 Luncheon will feature "Time in Steins," Al Hoch's presentation of his collection of steins and their history. Join us Thursday, **October 18**, 12:00 p.m. in Fellowship Hall. Cost is \$5, payable at the door. Please reserve in the church office by noon on October 16.

Pennies for UMW Missions

The United Methodist Women of the Northern Illinois Conference are committed to raising \$120,000 in support of our missions across the world. This year, that support costs \$32.04 per minute! Please be a "minuteman," woman or child by donating your spare pennies, nickels, dimes or quarters toward our goal. Each Sunday through October 21, we will be collecting your change donations in the Narthex. Donate a whole minute by writing a check (payable to NIC-UMW) for \$32.04! We will celebrate our minutes on Saturday, October 27, when Grace hosts the NIC-UMW Annual Meeting.

Let Us Pray for One Another

As a people of Grace, we have a wonderful opportunity to be in prayer for one another. As an alternative to our former prayer calendars, each month our weekly bulletins feature a section of names from our Grace family (found in your new directories) to be in prayer for each week. By this time next year, we will have prayed for the whole church! God's spirit will bring "grace upon grace" to those for whom we pray, and to ourselves as we pray for one another.

Harvest Home October 10

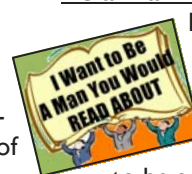
Watch for tickets to go on sale for this year's Harvest Home Celebration on Wednesday, **October 10**, in Fellowship Hall. Join us as we celebrate this 100+-year tradition of binding together in love and thankfulness for the

bounty that God provides us year after year. Our potluck meal begins at 6:30, with Grace furnishing the turkey. The Grace Praise Team will provide uplifting worship music as we gather together.

Naperville CROP Walk Oct. 14

Join the fight against hunger in the 25th Annual CROP Walk Sunday, **October 14**, beginning at Community United Methodist Church at 1:30 p.m. Sign-ups begin Sunday, **September 16**, in the Activity Center.

Be a Man You Would Read About!



Men, don't miss a special event just for you Friday, **October 26**, 6:30-9:30 p.m. here at Grace. Join us as we explore what it means

to be a man of God in our world today with keynote speaker Dr. Norval I. Brown, United Methodist pastor, frequent lecturer, certified spiritual director and adjunct faculty member of the Chicago Theological Seminary. Event features breakout sessions on Christian leadership in all the roles you play—father, husband, church leader, career man. Dinner from Famous Dave's is served by the women of Grace; child care is available by calling Margaret Harrison at 355-1748. Tickets and registration brochures are available in the Activity Center on October 7, 14 and 21 or in the church office during the week. Tickets are \$15 through October 21 and \$20 at the door. For more info, contact Bob Pacanowski at BobFOD@aol.com. Co-sponsored by Fellowship of Christian Men and the Grace Evangelism Committee.

"Celebrate the Season" Nov. 28

Also sponsored by the Grace Evangelism Committee, the 2nd Annual "Celebrate the Season" women's event is scheduled this year for Wednesday, **November 28**. Ladies, mark your busy holiday calendars now for this inspiring evening of Christian sisterhood, a special holiday dinner at beautifully decorated tables, and a moving program that is sure to make us all mindful of the true meaning of Christmas. Watch for tickets and more information to come. Invite your friends and family!





Grace United Methodist Church
300 E. Gartner Rd.
Naperville, IL 60540-7424

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“Yoga Transforms,” continued from page 6...

“This ministry helps me to see the world with all its beauty...I feel strength from within, and I leave with a feeling of calmness,” said Angie Rosochacki, a participant in Rev. Ilseman’s Tuesday night series. Said Anita Scholtens, “This ministry helps me to focus on God. I was worried that it might be too ‘mystic,’ but instead found it to be very God-focused.” Added Candyce Krumwiede, “The Grace Yoga Ministry gives me a unique and special experience to connect with my Grace sisters...after attending yoga on Tuesday night, I am so relaxed and peaceful, it is the best night’s sleep of the week!” According to Jane Abe, “Adrienne Ann brings guidance, knowledge, compassion and, most of all, concern for your well-being to this ministry.”

To sign up for healing yoga at Grace with Rev. Ilseman, contact Rev. Carol Madalin at 355-1748, ext. 246. Six-week series is \$48 or \$10 per session; make checks payable to Grace United Methodist Church.

“Harriet McCabe,” continued from page 6...

treating all social issues in an equally loving manner, Harriet is immensely proud of the UMC’s efforts in the arena of racial inclusiveness and empowerment.

“The UMC has retained the missionary zeal brought by John Wesley and the social outreach he modeled,” said Harriet. “Social action is part and parcel of who we are.”

Here at Grace, where Harriet and Jack made their church home when they moved to Naperville in 1968, Harriet has served as President of United Methodist Women, Missions Committee Chair, Church Council member, New Member Class Coordinator, Staff Parish member, and Lay Readers Coordinator, to name but a few. While she is by no means ready to hang up her many hats in the

United Methodist Church, Harriet is clear that this will be her last term on the General Conference. “It’s time for new blood,” said Harriet, who will put her support behind fellow Grace member David Krumwiede in the next run for General Conference.

In the coming years, Harriet is looking forward to continuing as a Director of the General Board of Higher Education in Ministry of the general church as well as her nine-year service as a Trustee at Northwestern University’s Garrett Evangelical Theological Seminary. “I absolutely love it,” said Harriet, for whom higher education in ministry is a passion.

Of her remarkable lifetime involvement in the United Methodist Church, said Harriet, “I am so thankful that my journey in faith has taken me into these places. It has been more than a privilege; it has been a blessing.”