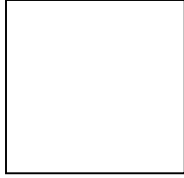


Do not start or stop taking any other medicine without first checking with your advisor at the clinic. Many other medicines can change the amount of methadone in your body. Withdrawal symptoms or an overdose may result.

If you think an overdose has been taken, get emergency help at once. Taking an overdose or taking alcohol or CNS depressants with methadone, may lead to unconsciousness or death. Signs of an overdose include; confusion, seizures, severe nervousness or restlessness, drowsiness, weakness and unusually slow or troubled breathing.

For treatment information, updates and memorandums, read the bulletins posted at the Center. These are on the Front Office wall, waiting room walls and the dispensing window site. If such information is unclear, ask your counselor or any staff member for further explanation.

(The information in this leaflet has been selectively abstracted from USP DI for use as an educational aid and does not cover all possible uses, actions, precautions, side effects or interactions of the medicine) July 1993



NEW LIGHT
RECOVERY CENTER, INC.

SUBSTANCE ABUSE
TREATMENT
AND REHABILITATION

METHADONE HEALTH
AND SAFETY



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*"An Equal Opportunity
Employer"*

New Light Recovery Center, Inc.
300 W. McNichols
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METHADONE

ABOUT YOUR MEDICINE

Methadone is used to help you control your dependence to heroin or other narcotics. This medicine is not a cure for addiction. It is used as part of an overall treatment program that may include counseling and support group meetings.

BEFORE USING THIS MEDICINE

Tell your doctor or clinical advisor if you are:

- Allergic to any medicine
- Are pregnant or intend to be pregnant
- Are breast feeding
- Are taking any other prescriptions (Dilantin for seizures, Rifampin or AZT)
- Have any medical problems, especially, emphysema, asthma, etc.

PROPER USE OF THIS MEDICINE

Take methadone only as directed by the physician at the clinic. Do not take more of it and do not take it more often than directed. Do not double dose.

PRECAUTIONS WHILE USING THIS MEDICINE

Methadone will add to the effects of alcohol and other CNS depressants (medicines that slow down the nervous system) such as **VALIUM**, **XANAX** and some blood pressure medicine such as **CATAPRESS**. Check with your doctor or the doctor at the clinic before taking any such medications while you are using methadone.

Methadone can cause some people to become drowsy, dizzy or lightheaded. Make sure you know how you react before you drive, use machines, or do jobs that require you to be alert.

Tell all medical doctors, dentists and pharmacists you visit that you are taking methadone.

If you think an overdose has been taken, get emergency help at once. Taking an overdose or taking alcohol, Valium or Xanax etc. with methadone, may lead to death.

Side effects that should be reported to your advisor at the clinic:

Most common: Constipation, dizziness, feeling faint or drowsiness.

Side effects that usually do not require medical attention: These side effects may go away during treatment, however, if they continue, check with the clinic doctor.

HEALTH AND SAFETY

If you feel that conditions exist which may pose a threat to the health or safety of the clients or staff, please notify any New Light Recovery Center, Inc. staff member.