

[November Communications:](#)

[November 1, 2009:](#)

Hey All--

We are down to only 3 XL Pink Sweatshirts.....first to respond will get them **[\\$35 and we'll ship to you!!!](#)** I've attached a flyer for you to look at again. Those who ordered last week, please mail your payments. All of the shirts have been shipped!

I still have several of the **[Transwest Classic Average Sweatshirts available](#)** in all sizes except XL....we'd really like to get these sold as well...all of the funds go to the Year End Awards! I've attached that flyer too.....

Now for the good news!!! **[Mile Hi has GREAT news for our Wyoming Barrel Racers \(especially those around Wheatland\) -- Jan Weiser has agreed to do some more barrel races at her facility in Wheatland.](#)** And, she's going to have them Mile Hi Affiliated!!! Great News!!! Those who joined at her last barrel race -- you did good letting her know how much you appreciate it...we picked up several new members.....and those that are hedging and wanted to know how many there might be in the Wheatland area...well here ya go. I'm not exactly how many Jan is going to do my suspicion is she'll do enough for all of you to get qualified for our finals...as long as all of you support her efforts!!! She had a great turnout last time and we so appreciate everything she did!!

[So, save the date -- Sunday, November 22, 2009 -- that will be the next one!](#) Watch for details to come soon.

Mile Hi is very excited about the reception the Affiliate Program has received. We look forward to growing this segment in Mile Hi and establishing relationships with producers in WY/KS/NE/UT and any other state wanting to get involved with Mile Hi. We are even looking as far away as SD--hopefully we can get a couple of there as well!

I hope everyone had a great weekend -- mine was a muddy one! And one last reminder to get your **[Barrel Race For Breast Cancer entries in by the postmark date of November 2, 2009 -- that's Monday!!!](#)** I've attached the entry information for you as well along with the entry information for the barrel race at The Ranch on Saturday November 14th 2009. For those of you wanting to work both, you might want to stay over at The Ranch where the stalls are less expensive - you will get a bag of shavings with your one night rental, and it will somewhat more quiet. However, at the Event Center downtown there will be a Saturday night performance of the Mtn States Circuit Finals for those who might want to attend. If you move down Saturday night you'll need to work with the Stall manager there to get a stall and settled. Please note: There will be NO ACCESS to the event center via the back parking lot. That lot will be full of contestants at the circuit finals, thus barrel racers will not be allowed down in there. Please adhere to parking attendants at the facility.

Some of you have asked if we are accepting donations to our Barrel Race For Breast Cancer Raffle....YES we are. You can bring your items to the barrel race and we will get them added in. Remember, this is the raffle where we draw names after drawing for the saddle and you win a variety of items. Feel free to purchase add'l tickets as you enter the event (there's a space provided on the entry form).

As always, if you have any questions, please don't hesitate to contact me 720.530.4159 or MileHiBarrelHorse@gmail.com

Carol

2. Hey All---

I have spent this weekend getting Mile Hi "stuff" caught up. One of the things I have updated is our email group. I have added a number of new members so I want to take this time to Welcome You! A lot of our communication is done via weekly (sometimes daily emails). It is my commitment to keep everyone updated as to what is going on with Mile Hi, share the good, the bad, and the ugly with you and hopefully put some fun and laughter into your day - sometimes!

Please make sure you list both of our email addresses in your safe list:

MileHiBarrelHorse@gmail.com and our group email address

MileHiCommunication@googlegroups.com so that you will continue to receive emails from us.

Often times I receive emails from members stating that they are not receiving my emails only to learn that we've been thrown into a "spam" file or blocked by mistake. Yahoo throws us into spam quite often, so if you use Yahoo, please update your Safe list and/or check your blocked email addresses if it happens to you in the future!

Okay, so this is the first of November, the beginning of a new month - what does that mean? A LOT!! The month of November is very VERY busy month for Mile Hi Barrel Horse. First, **it's the start of a new incentive for the member who can sell the most calendars for the month of November.** Yes, that's right our Money Calendar Sales start all over in November and someone is going to win the incentive...it might as well be YOU! If you haven't heard about the calendar, please hit me back on email and I'll send you the details.

Anyone needing calendars please let me know and I'll send you some!! Remember, this is a fundraiser for our Year End Awards Program. Any help ALL of you can give will benefit ALL of the membership!

We have 4 days of Mile hi Barrel Racing scheduled as well:

- The first being **Saturday, November 14th at The Ranch** - Larimer County Fairgrounds in Loveland
- Next, Sunday **November 15th, 2009 - downtown at the NWSS Event Center** - our **12th Annual Barrel Race For Breast Cancer.**
- Finally, **Thanksgiving Weekend - November 28-29, 2009 at Douglas County Fairgrounds in Castle Rock, CO.** This is **our canned food drive**..please consider bringing canned food or non-perishable food items to donate to our drive. We will then take them to the Food Bank Of The Rockies for donation. We thank you, in advance, for your support of this great event/cause.
- **Affiliate Races.** We have a number of Affiliate Races approved for the month of November as well. To get details please visit our website: www.MileHiBarrelHorse.com and click on the Affiliate Race Page. Or you can use this link: http://milehibarrelhorse.com/affiliate_events Including events in Canon City, CO, Wheatland and Gillette, WY.

Earnings Statements. Specific to the Affiliate Membership..that is all of you who are Affiliate or Dual Members to Mile Hi, YOU are required to submit a monthly earnings statement to Mile

Hi ... that is your winnings from Affiliate Races you attended. These earnings statements need to be submitted no later than the 15th of the following month. So, October's winnings need to be submitted by November 15th. I have attached a copy of the Earnings Statement Form to this email for all of you Affiliate Members..I've also posted it on the website for your convenience in submitting future winnings. Please keep in mind, the only money that counts is the OPEN from Affiliate Sanctioned events.

You can submit these monthly statements a variety of ways: email (simply fill it out and then click the email button at the top of the form) you may want to follow up the first couple of times to ensure we received it. Or, you can fax them or mail them via the US Post Office. All the information you need to get your winnings submitted is provided on the form.

Of importance: We've set up a separate email account for submitting your winnings so they don't get lost among the numerous emails Mile Hi gets on a regular basis. So, MileHiWinnings@gmail.com is for submitting winnings only. This is not a two-way communication email. It is simply an email box designed to "drop" your winnings in. Please keep MileHiBarrelHorse@gmail.com in your address book as the main email to communicate with us on.

Finally, I also post all of my weekly emails on our website for those who want to check them periodically or reference them at a later point. They are posted on the our website: www.MileHiBarrelHorse.com on the home page at the bottom you will find a link called: Email Communications. Click on that link and you can read the emails by month. We archive them each month and the respective months are listed.

I think that's it for today, if ANY of you have questions, please don't hesitate to contact me. 720.530.4159 or MileHiBarrelHorse@gmail.com especially as it relates to the Affiliate Program. This is new this year and we're working thru it just like all of you are. So, if something comes up or you have a question, don't hesitate to contact me.

Carol

November 2, 2009:

1. Hey All--

November 3rd is a very special day for a very special young lady and Mile's Momma!

My daughter and Mile's Momma, Lexie Ashurst, will celebrate her 30th Birthday! And I wanted to share the news with all of you.....

HAPPY BIRTHDAY LEXIE!!!

Love You, Mom

2. Hey All--

Just a reminder there is NO OPEN RIDING OR PRACTICE AT CASTLE ROCK TUESDAY NIGHT NOVEMBER 3, 2009.

The fairgrounds is either closed or booked, at any rate we aren't there. We return next Tuesday, November 10th.

Thanks, Carol

3. Hey All---

Well we did it!! Yes we did!!! All of you Wyoming girls pulled it together, provided feedback to Jan Weiser and she is FOR SURE doing another Mile Hi Affiliate Race in Wheatland, WY.

But wait -- Oh Man -- Wait!! **It's a double header! That's right....haul in one day, Sunday November 22, 2009, and get not one but TWO RUNS in**-----that's two races toward the 8 you'll need to qualify for our finals and money that you win will put you into the Affiliate Standings!!! Yahoo!!

Mile Hi would like to extend a very special thanks to the Weisers for hosting more Affiliate Sanctioned Events and inviting all of us into their private facility--their heated, indoor Barn! I've attached a flyer with details of the event and I'll be posting it on our website later tonight.
<http://www.milehibarrelhorse.com/>

So, all of you who were wondering if you should join Mile Hi or not.....YES you should!! These folks are going to ensure YOU all get qualified!!! Sunday, November 22 will be a GREAT opportunity two races one day in one great facility!!

The first barrel race will begin at 11 am. The second one will start approximately 30 minutes (or so) after the conclusion of the first -- depending on the size of crowd that attends. So be flexible. You're also being offered the option of rolling your time from the first race to the second race, you must declare that you're rolling your time at the time you enter -- must be declared before you run!

Membership forms will be available on-site and we'll have folks there to answer any questions you might have as well.

For those of you way up in Northern Wyoming, the weekend of the 21 & 22 of November is also the Roper Apparel Futurity and Open 4D Barrel Races. While pre-entries were due the 1st of November you can still enter with a late fee. I've attached information on this Affiliate Sanctioned Event As well. WOW---this is a BIG weekend for our Wyoming barrel racers!!! I hope it goes well at both ends of the state!

As always, if you have any questions please feel free to contact me.

Carol Crowder

4. Hey All--

The Affiliate Race this weekend in Canon City, Co at **Hadley Arena just got \$100 Sweeter!** That's right, it will have \$100 ADDED this Saturday Only!

Hadley's Arena is **located at 1308 Poplar, Canon City, CO 81212**..... Directions:

From Colorado Springs take Hwy 115 from Colorado Springs to Penrose, then Highway 50 West into Canon City. Go thru the main part of town to 9th Street, turn Left on 9th...you'll be headed south...follow 9th and it will go up and make a curve to the left and you'll be going back east and go by the Cemetery.....keeping going until you get to Pine Street, turn right on Pine

and you'll be going South again.....go to Poplar (Stop Sign) and then go straight thru Stop Sign and barn will be on your left....enter thru private gates half way up the block on Pine..... **FMI:**
Call Cathi Hadley 719.371.4043

I've attached a flyer for your convenience.

I've had a couple of folks email me ask if there's anyone out there interested in "car pooling" and hauling together that they'd be interested. If you are, please hit me back on email and I'll get ya'll connected with each other.

This is a nice facility, good ground, center alley, private barn.....well worth going. Let me know if you're interested in hauling together!

November 3:

Hey All--

I just learned that one of our members of the Mile Hi family is in need. Conni Nelson lost her nice bay gelding to colic. She had run him this past weekend and when they unloaded on Sunday he showed signs of colic. Everything progressed quickly from there and they lost him within 4 hours. She called him Hustler.

We all know how much our four-legged partners mean to us.....and during a terrible time like this, it's nice to know that members of the family (Mile Hi) are thinking of them. So, if anyone wanted to send cards her address is below:

Conni Nelson
3800 54th St. Rd.
Greeley, CO 80634

Please consider sending her a card letting her know we have her in our thoughts and prayers!

November 5th:

1. Hey All---

Just a friendly reminder that our next event is scheduled for Saturday November 14th at The Ranch - Larimer County Fairgrounds. You can pre-enter this event via email thru Wednesday night November 11th, 2009. I will pull all of the pre-entries down and get the draw posted on Thursday.

Ride Session reservations will be held ONLY Saturday at The Ranch on Saturday. There is **NO OPEN RIDING OR RIDE SESSIONS AT THE BARREL RACE FOR BREAST CANCER.**

To reserve your ride session on Saturday, you simply email me on Monday, November 9th and state which Session(s) you'd like to have. They are reserved on a first come, first served basis. That is, the emails are date and time stamped so I simply go thru and reserve the slots in the order they come in. I will tell ya, early birds get the worms!! Last time ride session reservations started coming in as early as 3:45 am.....who on earth is up this early? Not me!

When you send your reservation email you might also consider stating an alternative (for example, Session 3 unless it's full, then I'd take Session 2). Because they fill so fast that if I

have to send back and tell you a session is sold out, by the time you respond they may be sold out completely. Just a thought!

Anyway, send me an email stating which session(s) you want:

Session 1: 9-9:20 am

Session 2: 9:20-9:40 am

Session 3: 9:40-10 am

Exhibitions begin at 10-12:30 and may be purchased on-site, unless you want in the first half hour, we will pre sale those (10-10:30 am). Just email me and let me know.

Once you reserve a ride session or exhibition, its yours and you are responsible for payment. If for some reason you don't show, you still owe.

The jackpot on Saturday will begin at 1 pm with our normal schedule of events.

Then we transfer to Denver Sunday for the Barrel Race For Breast Cancer. I'm still receiving pre-entries and haven't even started on them yet. We will get them processed early next week for the draw to be posted Monday or Tuesday. You can still enter on site (Cash Only - unless you are a Mile Hi Member) at both events. No late fees.

I've attached flyers for both races for your convenience. If for some reason they won't open please visit our website: www.MileHiBarrelHorse.com and click on upcoming events.....then the link for the barrel race of your choice.

As always, if you have any questions or need add'l information, please don't hesitate to contact me. 720.530.4159 or milehibarrelhorse@gmail.com

Carol

2. Hey All

I've received a very special request from one of our members, Annette Nissam. She and her 4 girls are all members of our great Mile Hi Family. Well, in addition to her own children she is also a foster home to another child and she serves quite often as an emergency placement foster home. That is, she has children placed with her on an emergency basis until the situation at hand is either rectified or they are placed in a more permanent home.

Annette has witnessed the help and support that our family with Mile Hi can provide. And, she has found herself in a place of need - that is, she is asking for a little help from Mile Hi members as it relates to the donation of slightly used clothes, shoes, coats, etc.

Below is what she writes:

"I have seen over the past two years how your members care for each other and as a member I have a favor to ask. I take in foster children on an emergency basis, plus have one that's permanent. These children are coming with the clothes on their backs and that's all. It's a sad statement on our society but I have more and more coming through.

I also teach a Horseback Riding Program for kids in the system every week. Here's my

Dilemma: I need clothes for these kids. The children range in age from 8 to 17 years old - both boys and girls, and a variety of sizes.

If anyone out there is getting ready to toss sweatshirts, jeans, boots, hygiene products etc. I would greatly appreciate if they consider sending them my way. The children would appreciate it even more. Thank you, Annette"

I have provided Annette's address below should you be willing to send anything her way.

Annette Nissam
P O BOX 257
Kiowa, CO 80117

Or, if you wish, you can bring items to our barrel race SATURDAY the 14th at THE RANCH and leave them with us. I will make sure Annette receives every item you all might donate.

Here is her email address as well, in case you might have questions regarding items you might be interested in donating. annette80832@yahoo.com

As always, if you have any questions, please don't hesitate to contact me 720.530.4159 or milehibarrelhorse@gmail.com

Carol

3. Hey All--

Our Mile Hi Affiliate program continues to receive tremendous interest and support. We have just approved the **Triangle Cross 4D Crumrine Buckle Series** which will be held throughout the winter in **McCook, NE at the Kiplinger Arena**. This wonderful series of events is produced by Deb Christy and she does a tremendous job.

Beginning Dec 5th, 2009 there will be 7 Saturdays in the series:

December 5, 2009,
January 2 & 16, 2010
February 6 & 20, 2010
March 6 & 20, 2010

All of these events are double headers, however **only ONE per day can count toward Mile Hi Barrel Horse Affiliate Standings.**

For more details on these events, please visit our website: www.MileHiBarrelHorse.com and click on the Affiliate Events Page. Then click on the link for this event to see the detailed flyer.

Nebraska barrel racers - get joined --- Mile Hi is giving you more than ample opportunity to get qualified for our finals in September. Memberships will be available on site.

Oh yea, don't forget to block out September 24-25-26, 2010 on your calendars.for our finals!

And, **MILE HI IS PROUD TO ANNOUNCE AN AFFILIATE SANCTIONED EVENT** right here in Colorado, **DOWNTOWN DENVER TO BE EXACT!** Yes, **MILE HI AND THE RMOHA HAVE FORGED A RELATIONSHIP TO BRING YOU THE PRE-DENVER OPEN 4D BARREL RACE, JANUARY 2, 2010 AT THE COLISEUM ARENA IN DENVER.** The Open 4D barrel race will not run before **1 PM** with the hopes exhibitions will start earlier in the day . at the conclusion of the AQHA classes earlier that morning. We have **\$200 ADDED AND HAVE CO-SANCTIONED WITH THE WPRA.** BBR sanctioning has been applied for. We will keep you updated.

It's important to note the change in entries for this year: You must have your entries postmarked by December 15th, 2009 to avoid a \$15 Late Fee PER HORSE! After that time you can enter on-site CASH ONLY on January 1, 2010 between 4-6 pm or January 2, 2010 from 9-11 am. After that time entries are CLOSED!!!

ALL ON-SITE ENTRIES WILL BE ASSESSED A \$15 LATE FEE PER HORSE!

I have posted an entry form on our website: www.MileHiBarrelHorse.com and click on the Affiliate Events page.

This event will require full western attire - and those entering the Open 4D and rolling their time to the AQHA will have to run in the first part of the draw and must wear back numbers provided to you on-site. Failure to do so will result in a NT.

The entry form posted on our website is for the Mile Hi Affiliate Open 4D barrel race as well as the AQHA Barrels for SATURDAY January 2 ONLY. If you want to enter the AQHA barrels on the other dates, you'll need to submit those entries on the AQHA entry form posted at www.ExcelShows.com.

We are very excited to be working with the RMOHA and Excel Shows to bring you this great event. You'll be running on the same pattern the WPRA barrel racers will be running during the National Western Stock Show and Rodeo. Come see how you'd compare!!!

If you need add'l information you can also visit www.ExcelShows.com where complete AQHA information is posted. For information on the Open 4D Barrel Race you can contact me at 720.530.4159 or MileHiBarrelHorse@gmail.com.

Carol

4. Hey all--

The entries are coming fast and furious....I will be working on them early next week and getting the draw up. For those who haven't entered yet and are wanting to enter later to get later in the draw, we will be taking entries Next Saturday the 14th At Loveland as well. You might consider entering there to avoid the long line of chaos that occurs Sunday morning downtown. And, you'll be down in the draw but not clear at the end.

I've had a huge amount of people call requesting to do this since they are concerned that weather may be an issue ya think? Anyway, please keep in mind this is a NO REFUND event. Once you are in, you are in.....

Finally, if you want to bring your entries by my house this weekend you can do that too. Or for those who live up North you can swing by Formula 707 in LaSalle and drop off entries to Lexie tomorrow

Monday or Tuesday. For those that live down south, you are welcome to get your entries to my sister, Cathi Hadley in Canon City...she will get them to me.

We are here to make it work for you!!!

As always, if you have any questions, please don't hesitate to contact me.

Carol

November 5th:

1. Hey All--

I wanted to quickly announce and congratulate the winners from the incentive we launched the month of October for the Calendar Sales.

The member who sold the most calendars the entire month of October, is Breanna Cronk with 51 calendars - given the choice between a monetary value or a year end coat, she has chosen to receive a year end coat from our 2010 Awards Program. ***And winning the \$100 Challenge for the member who could sell the most calendars from October 12th until the end of the month is Dianne Luark with 38 calendars.***

Kudos to all who jumped in and took the initiative and sold calendars for us. As you know the proceeds go toward our Year End Awards Program.

November is a new month and we are off to a new start.....again the member who sells the most will receive an award for the Month of November. If you need calendars, please let me know I will gladly send you some. We sooooo appreciate everyone's assistance in this endeavor.

2. Hey all--

Just a friendly reminder of our Mile Hi Affiliate Race this weekend at Hadley's Arena in Canon City, CO. It has \$100 Added, barn opens at 11 am with exhibitions and riding. Jackpot starts at 1 pm. You can get details by clicking on this link:

http://i.b5z.net/i/u/519859/i/Canon_City_Affiliates.pdf or visit our website: www.MileHiBarrelHorse.com and click on the Affiliate Events page then the link for Hadley Arena.

This event is also part of their Winter Buckle Series. So, you might want to consider checking out the details for that event as well.

As always, if you have any questions, please don't hesitate to contact me.

Carol

November 14:

Hey All--

I'm usually the first to get word out about a member in need or congratulations, new arrivals or whatever. This time, I have been somewhat neglectful (because I've been out of commission) in sharing some fantastic news about a special member of our Mile Hi Family for that I truly apologize.

Candace Lostroh, one our members of Mile Hi, had the privilege that many only dream of and only a special few realize. She watched as her husband, Kody Lostroh, was crowned the PBR WORLD CHAMPION BULL RIDER!

Kody, all of us at Mile Hi Barrel Horse are very VERY proud of your accomplishments. Way to go! Great ridin'!

To see more about this special world champion visit www.pbrnow.com for complete details.

Carol

2. Hey All--

Just a quick update, Kim Schultz WINS the prestigious title of Champion for the 12th Annual Barrel Race For Breast Cancer with a smokin' 16.067 run. Out runs the pack by .3! You go girl!

Congratulations Kim and to all who supported our event. Complete results will be posted soon.

3. Hey All--

Well this weekend was a HUGE one for barrel racers from the Mile Hi Region! As I shared earlier today, **Kim Schultz won the 12th Annual Barrel Race for Breast Cancer** held today at the NWSS Event Center in Downtown Denver.

As many of you know, this event was held in conjunction with the **Mountain States Circuit Finals** which concluded Saturday evening. **Laura Lambert** came out on top in the #1 position for 2009!

And as we move down the line to our young guns, **Reata Hoar and Cassidy Wahlert** both enjoyed success at the **WPRA finals in Tulsa**.

Congrat's to ALL of our Mile Hi Family Members for their respective successes this weekend.

Oh, and by the way, I was crowned Queen of the Couch!!!! I rode it all weekend quite well!
UGH UGH UGH

November 16:

Hey all--

As promised, we have complete results from Saturday and Sunday--November 14-15, 2009 posted on our website. www.MileHiBarrelHorse.com and click on Results page.

THANKS TO EVERYONE FOR YOUR SUPPORT OF OUR EVENTS THIS WEEKEND. WE KNOW IT WAS COLD AND YUCKY, BUT WE SO APPRECIATE THE SUPPORT.

November 17:

1. Hey All--

There is just **NO REST FOR THE WICKED** with Mile Hi Barrel Horse. We just concluded a highly successful weekend of events only to find ourselves coming up on yet another action packed, full weekend of events for the Affiliate Sanctioned side.

That's right, **this coming weekend is a HUGE with three Affiliate events to choose from:**

- **Colorado: Hadley's Arena 1308 Poplar, Canon City, CO.**
- **Wyoming:**
 - **Gillette:** The 2nd Annual Roper Apparel and Footwear Barrel Futurity and Open 4D.
 - **Wheatland:** The Barn-Weiser Barn's Holiday Fun Run, Double Header.

I have attached flyers for all three of these events so that you can retrieve the details you might need to attend. Or you can visit our website: www.MileHiBarrelHorse.com and click on the Affiliate Events Page and then the link to the event you want to preview. Please be sure and thank the producers for hosting a Mile Hi event so we can continue to secure more events/dates with them!

A friendly reminder to our Affiliate Members, you need to submit an Earning Statement by month for the monies won at our affiliate races. That's how the standings are determined. I've attached one for you to this email. We will work with folks the first several months because of the newness of the program, however in future months, your **earnings statement must be submitted by the 15th of each month.** To retrieve a form on a regular basis you can go to the website and click on Newsletters and Forms page, then click on the link for the Earnings Statement http://i.b5z.net/i/u/519859/i/Earnings_Statements.pdf.

Please contact me or Lexie if you have any questions regarding the submission of Earnings Statements.

As always, if you have any questions, please don't hesitate to contact me.

2. Hey all--

Attached is our November 2009 Mile Hi Newsletter. Enjoy.....

I'm still waiting for that "catchy name" for our newsletter to be submitted!! Send me your ideas!

November 18:

Hey All--

I just sent out our November 2009 Newsletter and as you saw or will see when you have time to read it, I strongly endorse **Formula 707 Products**. I use several of them and one in particular I want to share information with you about.....and that's **Gastro Essentials**. This product is designed to help horses that suffer with ulcer symptoms.

This product is an essential product currently in my feeding program...and one that I absolutely will not miss feeding. When I'm out of town I tell my mom to MAKE SURE THEY GET THE GASTRO ESSENTIALS. I LOVE this product and it has made a HUGE difference in they way

the horses I'm riding right now perform. A HUGE difference.....a WINNING difference. So, if any of you suspect that your horse MIGHT have symptoms similar to those of ulcers, chat with the good folks at Formula 707....they are experts on the product and they will help you out. Trust me, it is good stuff!
Below is some information regarding the product.....

Natural support for the stomach lining

Every hour, the parietal cells lining a horse's stomach secrete more than six cups of concentrated acid ? it's part of the digestive processes of an animal meant to graze all day and all night. A constant supply of food passing through the stomach requires a constant supply of acid to help digest it.

When horses can't graze at will ? and many horses can't ? the acid production in their stomach doesn't stop. Particularly for horses in high-stress training and performance situations, high-energy feed is quickly consumed and quickly digested, which means that, long after the stomach has emptied, the acid continues to flow.

In many horses, this results in painful ulcerations of the stomach lining. Poor appetite, diminished performance and poor condition may all be signs that a horse is feeling the effects of his unnatural lifestyle in his gut. Even though his heart is still in the competition, his gastrointestinal tract may not be. Formula 707 Gastro Essentials has been specifically formulated with an effective combination of natural soothing herbs, essential amino acids and minerals to aid digestion and mitigate the effects of acid on the stomach lining. Just four ounces of Formula 707 Gastro Essentials mixed in with the feed twice a day will maintain a healthy gastric system and help keep horses in top condition.

If you're interested in securing more information please contact Formula 707 at 970.284.5575 or www.Formula707.com. Oh and be sure and thank them for their continued support and sponsorship for Mile Hi Barrel Horse!!

November 20, 2009:

Hey All--

I want to give you all **ONE MORE** reminder about the three *Affiliate Races* that are available to all of you this coming weekend:

In **Colorado** we have **Hadley Arena** hosting a Mile Hi Affiliate Race, barn opens at 11:30 am and jackpot is at 1 pm. And, they'll have meatball sandwiches available for all! Thanks Donna!

In **Wyoming** we have two: **Gillette** with the Roper Apparel and Footwear Futurity and Open 4D and we have one in **Wheatland** at The Barn - Weiser Barn which is a double header. To get details, visit our website: www.MileHiBarrelHorse.com and click on the Affiliate Events page, details are posted there by event.

Next, **Mile Hi Barrel Horse is proud to announce a new buckle sponsor for 2009-2010: The Valley High School Rodeo Team**. A large portion of the team are also members of Mile Hi Barrel Horse and want to give back to the barrel racing community as well. We are very proud to have them join our prestigious list of sponsors.

Valley High School Rodeo Team is also the producer of the Friday Night Barrel Races at Spicer Ranch Arena. This is their yearly fundraiser event for their team. They will be having a barrel race *tomorrow night, November 20th*. And this will be the **LAST ONE UNTIL AFTER**

THE FIRST OF THE YEAR!!! They will be putting together another series for 2010 and would like to invite all of you to participate. In the meantime, if you can support their efforts tomorrow evening, it would be much appreciated as well. It's your LAST chance this year!!! I've attached a flyer for your reference for the one tomorrow night. When a new flyer is made I will forward to you for the 2010 series.

As always, if you have any questions, please don't hesitate to contact me.

Hey all--

Our extended family of Mile Hi has a few members in need and I'm hoping that my Mile Hi family will come thru. First, Kathi Kendall was recently involved in an accident in the "round pen" with a young one. While she is home and recovering from a broken jaw and a few ribs, it would sure be nice if she had a few cards each day to remind her she's being thought of and that her family cares about her. I'm sure we can all relate or understand how she might be feeling just a little blue...a card in the mail brings a certain level of sunshine that is just hard to explain. I know, I received a number of get well wishes recently and it's just nice to know someone cares. So, please consider sending Kathi a card letting her know we, her family of Mile Hi, care. I've provided her address below.

Next, Kelly Ebberson, another member of our Mile Hi family, is currently going thru trying times. Her son, Brandon, is in the hospital with severe burns as the result of a propane tank explosion in his home. I've been told he suffering from a significant amount of burns across nearly his entire body and the pain is excruciating. It's also my understanding he is in the intensive care unit in Greeley. There, you might consider sending Kelly a card and wish both her and her son well. The road to recovery will be a long one and this young man will need all the support he can possibly get, as will Kelly. Again, receiving a card might brighten their days. please let them know that their family of Mile Hi is here for them as well. I've provided Kelly's address below as well.

**Kathi Kendall
P O Box 266
Jefferson, CO 80456**

**Kelly Ebberson
11160 WCR 74
Eaton, CO 80615**

As always, if you have any questions, please don't hesitate to contact me.

Carol

November 21, 2009:

Some of you have asked ... I think the below link is to the photographer that was at the Barrel Race For Breast Cancer.

<http://www.photorelect.com/pr3/store.aspx?p=24572>

Carol

November 22, 2009:

Hey All--

First ***HAPPY BIRTHDAY*** to my special little niece, ***Peyton***. She just hit double digits..10 years old today! I hope your day was a special Zebra one!!

Aunt Carol

Next, I will be taking ***ride session reservations*** bright and early tomorrow morning. Please make sure you state which Session(s) you want to reserve along with which day(s) ***Saturday or Sunday or both***, you are wanting to reserve.

Session times are as follows:

Session 1 - 9:00 - 9:20 am

Session 2 - 9:20 - 9:40 am

Session 3 - 9:40 - 10 am

And, ***YES you can send me your pre-entry requests*** as well. Again our event is this coming weekend ***Saturday and Sunday at Douglas County Fairgrounds in Castle Rock***. Jackpot starts at 1 pm on Saturday and noon on Sunday. Exhibitions are from 10-12:30 on Saturday and 10-11:30 am on Sunday.

This is also our ***Food Bank Drive Barrel Race***; please consider bringing canned goods and/or non-perishable items to donate to our food drive. We will be turning everything over to the local Food Banks. We sooooo appreciate your support of our efforts AND your support of our Food Bank Drive. ***Simply bring your items and donate them under the Christmas tree that will be set up on-site.***

As always, if you have any questions, please don't hesitate to contact me 720.530.4159 or milehibarrelhorse@gmail.com.

Carol

November 24th:

Hey All--

We have a member (family) in need. It's sort of a sad story....as many of you know Kim Schultz recently won the Barrel Race For Breast Cancer downtown a few weeks ago. This was a very special win for her and her husband, Shane, because Shane's sister has been battling cancer for the last year or so. In fact, she was a recipient of funds last summer to aid in her battle.

Upon receiving the saddle Kim and Shane felt so blessed and so honored because in many ways Kim rode for Shane and his sister. She knew how much her husband was hurting and

how sick his sister was. Kim was feeling her own pain from the situation as well. So, it was THRILLING and very REWARDING win Kim won the saddle and the barrel race.

Virtually since winning the Barrel Race For Breast Cancer, Kim and Shane have been in Craig on round the clock duty caring for her sister in law. It saddens me to conclude this email with the news that Kim's sister-in-law lost her battle earlier this evening and she passed about 6 pm. It is a very VERY sad time for Kim and Shane and it's the Holiday Season which makes it slightly harder. No time is a good time, but the holidays are tough! So, if you all would consider helping out this family in need I would greatly appreciate it. They have been blessed in their lives, but right now is a tough time. Please let them know that their extended family of Mile Hi is thinking of them. Their address is:

Kim and Shane Shultz
16350 Eastonville Rd
Elbert, CO 80106

As always, please feel free to contact me with questions.

Carol

Hey all--

Yes I am taking pre-entries for this weekend. You can enter simply by sending me an email to milehibarrelhorse@gmail.com and tell me what you want to enter, your HORSE'S REGISTERED NAME and any special needs (split by 20, split by 50 horses, early draw, late draw, etc) and I will try to take care of you the best I can.

With respect to ride times, Session 3 on Saturday is completely sold out, Session 2 has 3 openings and Session 1 has 5 openings. If you want one, please let me know asap. I have openings in all sessions on Sunday. If you're interested in securing one, please email me and I'll get ya taken care of.

Please consider bringing canned or non-perishable food to our event this weekend. It would be greatly appreciated.

I will be pulling all of the early entries off Thursday morning (Thanksgiving Day) and I will have the early draw posted later that day or Friday morning.

Happy Thanksgiving to everyone!

Oh yea, how many Money Calendars have you sold this month? Remember, it benefits our Year End Awards program. Please let me know if you need me to send you some.

Carol

November 25th:

Hey All--

Mile Hi Barrel Horse would like to wish everyone a very Happy Thanksgiving. It's a special time of year and one that has us all together with family and friends. I think of each and every

one of you as an extended member of my family and if I could I'd get us ALL together for a special dinner...instead I can only offer you a two day barrel racing event at Douglas County Fairgrounds in Castle Rock, CO. It is my greatest hope that you'll elect to support it and enjoy a Thanksgiving Barrel Race with all of us!

Whatever the case, we wish all of you the Happiest of Holiday Seasons and it starts now!

Carol Crowder and everyone involved with Mile Hi Barrel Horse.

Hey All--

For those planning on attending the Food Bank Drive Barrel Race this weekend, please consider bringing canned food items and/or non-perishable items to be donated to the local food banks. This is our annual food drive event and this year, with the challenging economy, there are LOTS and LOTS of folks being forced to visit food banks across the state of Colorado. So, ANY help that you can do will be greatly appreciated. I'd love to have this year as our BEST YEAR ever! To donate you can simply bring your items to our event this weekend and we'll make sure everything gets passed on to the local food banks.

Next, you might remember I sent an email a couple of weeks ago asking for your assistance in donating slightly used clothing, shoes, and/or hygiene products to Annette Nissam (a member of our extended family at Mile Hi) who cares for foster children. So many of you have helped and many more want to .. I learned today that Annette will be in attendance this weekend so if you have any slightly used clothing (for children of ages between 7-18) you are welcome to bring them to our event this weekend and pass them along to her. If you don't know who she is, feel free to give them to us in the office and we will get them to her. Shoes, clothing, personal hygiene, paper products..anything you might be willing to donate she will gladly take.

Annette has also asked me to please thank those who have already given..it has already helped tremendously.and she says "those involved with Mile Hi are really super people. We have a great organization." I, too, believe this. You ALL are terrific people and have never let others down when they've needed your help.

I thank all of you from the bottom of my heart! I am very VERY proud of what Mile Hi has become.

Carol

November 26, 2009:

Hey All---

We have a member of our Mile Hi Family in need this holiday season. Our member, Angie Wiesen and her husband Joe lost a very close family member this morning. Joe's father passed earlier this morning, losing his battle with cancer. As Angie shared, he is with God's angels now.

As we are all aware, losing a loved one is NEVER easy and during the Holiday Season is sometimes even harder. You want to be happy and jolly for your children at this very special family time, yet your sad and grieving at the loss of a father/father-in-law. Please PLEASE consider sending Angie and Joe a card letting them know they are thought of during this difficult time. I can't say it enough, you have NO IDEA how much it lifts one's spirits to walk to the mailbox on a tough day and receive a card from someone saying "they care" and "you're in

my thoughts and prayers" it is uplifting, it is kind, it is special and that's what Mile Hi is all about. WE CARE and we support our family members.....Angie and Joe could use our support right now. I've provided their address below:

Angie and Joe Wiesen
3934 Elk Cove Rd
Carpenter, WY 82054

Hey All--

I was pulling down pre-entries today and several of you stated that "you hope I received your email...sent you one a couple days ago and it got kicked back" enough of you said that I wanted to let you all know.

I'm not sure why the emails were "bounced back" or failed to be delivered unless there was a server issue or something. Anyway, ***I'm going to extend the entries thru noon tomorrow - FRIDAY*** for those who thought I should've received entries but haven't. As I pulled down entries today I sent a reply to each of you so you'll know I received your entries. **IF YOU SENT ME AN EMAIL AND DIDN'T GET A REPLY...I DIDN'T GET THE EMAIL.**

So, please go ahead and send me your entries by noon Friday...I'll pull them down and get the pre-draw posted by about 1 pm Friday. Then I'll be leaving for Castle Rock.

Hope this helps everybody. Just hit reply or you might even want to send a new email to milehibarrelhorse@gmail.com (the main email address) as opposed to hitting reply and it goes to the group email then redirects itself to our main email address. Let me know what you want entered in and any special needs you might have (early draw, split horses, late draw, traveling with so and so put us together, etc). I will TRY to accommodate your needs.

As always if you have any questions, please don't hesitate to contact me. 720.530.4159 or milehibarrelhorse@gmail.com

I hope your holiday was a very blessed one!

Carol

November 27, 2009:

Hey All---

Colleen and Jerry Biscone, a proud sponsor of Mile Hi via their Internet auction of Frenchman's Irish, is selling one of their horse trailers. It's priced very reasonable and they are wanting to move it quickly if possible. Reasonable Offers will be considered. To see the details and pictures of the trailer click on the link below.

See ya all this weekend.

Carol

Hey All--

The pre-entry draw is posted on our website: <http://www.milehibarrelhorse.com/> on our Home Page on the left hand side. Ride Sessions and pre-entry draw. Click on the link you'd like to review details for.

As always, if you have any questions, please don't hesitate to contact me.

Carol

November 29:

Hey All---

Results from this weekend at Castle Rock have been posted on our website: www.MileHiBarrelHorse.com and click on Event Results. Special SPECIAL thanks to all who supported our efforts. It was a GREAT turn out for a holiday weekend and the event ran soooooo smoothly--Thanks to all of you!

Our next event is scheduled for this coming weekend at The Ranch-Larimer County Fairgrounds in Loveland. It's our **5th Annual Toys for Tots Barrel Race**..so please bring an unwrapped toy valued at \$10 or greater to donate to our Toys For Tots drive. We will ensure they get passed on to the appropriate Toys for Tots group.

I will be taking reservations for Riding Sessions on Monday, November 30. You can reserve the session(s) of your choice by simply sending me an email stating which day(s) or session(s) you want to reserve. The Ride Sessions are:

Session 1 9-9:20 am each day

Session 2 9:20-9:40 am each day

Session 3 9:40-10 am each day

Yes, I will take pre-entries via email thru Wednesday evening. Please send me your entries including the day(s) you want entered, class(es), and HORSE'S REGISTERED NAME and any special needs you might have (early draw, late draw, split horses, etc). I will take care of you all the best I can.

Please note, there will be **FULL WESTERN ATTIRE** this coming weekend as our official photographer, Dickens Photography, will be on site. And they have developed some new products for you..so think about your Christmas Shopping as you arrive this weekend.

As always, if you have any questions, please don't hesitate to contact me. 720.530.4159.

November 30:

Hey All---

A quick update about this weekend. I have ONE only ONE ride session left for Saturday and it's at 9 am. That's it.

For Sunday, I have only 2 spots in the third session, 4 spots in the second session and the first

session is wide open. If you want a ride session, please let me know ASAP...I will get ya taken care of.

Please keep in mind this event is our next our **5th Annual Toys for Tots Barrel Race**..so please bring an unwrapped toy valued at \$10 or greater to donate to our Toys For Tots drive. This year there are lots of children in families needing assistance. We can help a tiny tot on this special day by ensuring they have something under the tree from Santa. Simply place them under the tree that will be set up on site. As in the past, we will ensure they get passed on to the appropriate Toys for Tots group.

Yes, I am taking pre-entries via email thru Wednesday evening. Please send me your entries including the day(s) you want entered, class(es), and HORSE'S REGISTERED NAME and any special needs you might have (early draw, late draw, split horses, etc). I will take care of you all the best I can.

Please note, there will be **FULL WESTERN ATTIRE** this coming weekend as our official photographer, **Dickens Photography**, will be on site. And they have developed some new products for you..so think about your Christmas Shopping as you arrive this weekend. They have solicited information from the Mile Hi Barrel Racers and they have LISTENED..they have gone back and **developed some new products designed with the MILE HI Barrel racer in mind!** Be sure to stop by their booth this weekend.

Additionally, one of our returning sponsors, Missy and Peyton Crowder, will have their Scentsy booth on-site and these two have developed some new and really creative gifts for the holiday season. And they have all the "smells of Christmas" available with their warmers as well. Plan on coming out and barrel racing AND Christmas Shopping. Mile Hi is a one stop shop this coming weekend at The Ranch-Larimer County Fairgrounds.

If there's any other vendors out there who would like to get in on the Barrel Racers Christmas this weekend, let us know..we'll get ya in as well.

As always, if you have any questions, please don't hesitate to contact me. 720.530.4159.