

HUMAN CARE MINISTRIES: **Aging and Adult Services**

In each community there are several sources of information for specific services needed by seniors and/or adult disabled persons. Usually, the intent of these services is to maintain an individual in their own home as long as possible.

Check the phone directory in your community for:

Senior Centers
Area Agency on Aging
Commission on Aging
Department of Aging

The names may be different in each community but there will be an agency responsible for information and referral services.

The Health and Human Services Department – Department of Social Services of your city or county has an Aging and Adult Services division. This office is responsible to assist seniors and handicapped adults as an entry point to:

Adult Protective Services
In-Home Supportive Services (IHSS)
Multipurpose Senior Services Program (MSSP)
Linkages
Aids Case Management
Public Guardian/Conservatorship Programs

The individual financial resources available to the individual determine eligibility for a specific program: Broad categories of services include, but are not limited to:

Adult Day Health Centers
Dental Services
Grocery Shopping and Food Services
Home Delivered Food Services/Meals
Home Care
Home Health Agencies
Hospice Care
Hospitals and Medical Centers
Telephone Emergency Response Systems
Medical Equipment at Home – Purchase or Loan Programs
Medical Insurance Assistance (Medicare, Medi-Cal, etc.)
Senior Centers – Senior Dining Centers
Various Peer Support Groups (Alcoholics Anonymous, Arthritis, AARP, etc.)
Telephone Reassurance
Transportation – Specialized for Seniors/Handicapped

DISTRICT CONGREGATIONS WITH ACTIVE SENIOR PROGRAMS (These may be contacted for information and assistance in starting or expanding a program for seniors in your congregation.)

Messiah, Santa Cruz **Grace**, Visalia **Zion**, San Francisco **Redeemer**, Redwood City