

2008 USA BASKETBALL TOUR

CRAIGIEBURN EAGLES

Newsletter 4 – 25 November 2008



Touring Party

Players:

Brooke Bennett
Ainsley Carter
Jordan Chantry
Kasey Cochrane
Haylee Cooper
Suzan Doganay
Mia Feery
Hayley Garvey
Nikita Kelly-McDonald
Elly McDonald
Olivia Moore
Liana Neri
Tahlia Prestia
Ainslie Ryan
Kelsey Ryan
Renee Salvo
Jessica Wood
Shannon Woodward
Teneille Young

Officials & Coaches:

Peter Cooper
Brad Keighran
Jason Moore
Delene Prestia
Sonia Ryan
Warren Taylor

Guests:

Naomi Bennett
Helen Carter
Norelle Chantry
Holly Clarke
Paul Cochrane
Veronica Cochrane
Jacques Duplanty
Anthony McDonald
Dianne McDonald
Diane Neri
Aidan Neri
Liam Neri
Rodi Neri
Teresa Wood
John Young

Your departure is upon us and we hope you have a wonderful tour!

During the Flight

You will be doing a lot of flying on the first day to reach Dallas. Ensure you have reading materials and/or your iPod to pass some time.

Use your carry on bag to take on board your personal items that you could not do without.

Frequent Flyer Scheme

Even though some of you may have provided us with your frequent flyer numbers, this does not guarantee that your points will automatically be processed by Qantas. To ensure you get credited with your points, you are best to:

- Upon check-in at each airport, ask the check-in person if your frequent flyer number is in the system.
- If not, show the check-in person your frequent flyer card for them to input.
- Keep all boarding passes, and bring them back to Australia with you.
- Check your frequent flyer statements on return. Your points should show on your statement within one or two months of travel.

Travel Insurance

Travel Insurance is compulsory. It is also recommended that the policy be taken out as soon as possible to cover any unlikely events. We recommend travel insurance through TourSafe. This policy is very comprehensive and also covers for the competition in the USA where some policies do not.

The following people **have not** sent their TourSafe forms to us, or have not advised us of who they are using for their travel insurance:

- | | | |
|--------------------|-----------------|--------------------|
| • Suzan Doganay | • Hayley Garvey | • Liam Neri |
| • Jacques Duplanty | • Aidan Neri | • Liana Neri |
| • Mia Feery | • Diane Neri | • Shannon Woodward |

Daily Planner

The final daily planner has been completed and is included for you.

You will need to take a copy of the daily planner with you on tour so you know what you are doing each day.

Meeting at the Airport – Wednesday 3 December

You are departing from the Melbourne International Terminal. Make sure you meet near the Qantas check in section no later than **9.00am**. Look for one of the members of staff.

Please be prompt. Everyone needs to be there on time so that you can go over the following:

- Give out your travel wallet including airline ticket and departure card.
- Check in together as a group.

If you are running late phone Brad Keighran on 0420 943 847.

Luggage Tags

You will be given two different sorts of luggage tags for each person:

- 1 x blue Horizons Sporting Events luggage tag to be completed and to go on your large check-in bag. Write your contact details on this one.
- 2 x orange tags. One is to go on your large check-in bag, and one to go on your small carry on bag. This is an identifier for each piece of luggage in your group. When at the carousels collecting the luggage, each item with the orange tag will be for your group.

Passports and Airline Tickets

Each person must keep a separate copy of their passport in case of loss or theft. We recommend that you make two photocopies of your passport. One to stay at home with your family and one to keep yourself whilst on tour. We also have a copy in our records.

You will be given your travel wallet with your airline ticket and other details at the airport when you meet. You will need to look after these until the staff collect them and your passport from you at the hotel in Dallas. Do not lose these.

For security reasons during the tour, the staff will hold all travel wallets containing your airline tickets and passports once you check in to your first hotel.

Billeting Gifts

You will have two different homestays while you are on tour. A small gift is required for each host family. It is not necessary to spend too much (\$10 - \$15 per family). An Australian souvenir is ideal eg. Tea towel, calendar, small book, etc.

Hotel Accommodation

There are some very basic rules to be aware of at all times whilst you are in hotels.

- Be considerate of other hotel guests at all times.
- Report any damage immediately to your tour manager.
- All damages will need to be paid for. No exceptions!
- All expenses from phone, movie and/or other charges will be paid by the person incurring them.
- Tour manager will check all rooms prior to departing each hotel.

Food and Drink

Americans, in general, do not consume the same amount of fruit and vegetables as Australians. Therefore, it is important not to survive on junk food. If you do not have a balanced diet on tour your sporting performance will be affected.

Ensure you drink plenty of fluid whilst on tour. Even in colder weather, plenty of fluid is lost as you enter and leave air-conditioned areas. You will also be quite active so drinking water is very important.

Medicine

When travelling overseas with medicine for your personal use, it is important that you talk to your doctor and discuss the medicine you will need to take with you. It is best to leave the medicine in its original packaging so it is clearly labelled with your name and dosage instructions.

Any further queries regarding taking medicine overseas, visit www.medicareaustralia.gov.au

Game Differences – Aust v USA

There are a few rule differences in the USA, compared to how we play here in Australia. Some of these are:

- Shot clock is 35 or 42 seconds, or there may be no shotclock.
- Defensive 5 second rule - when you have the ball and are being defended, if your defender is with you for 5 seconds (either dribbling or stationery) then it is a violation. The defender must be in good defensive position for the 5 seconds for the violation to be called.
- On the 7th team foul per half, you shoot 1 + 1 free throws. This means that on the first free throw, you get ready to rebound. If you make the first, you shoot another one. If you miss the first, it's play on as normal.
- On the 10th team foul, you shoot 2 free throws.
- On free throws, you are allowed four defenders to box out.
- With free throws, no one can move in for the rebound until the ball touches the ring.

Brad Keighran and Warren Taylor will be able to update you on other rule differences as the tour progresses.

Email Updates to Parents While on Tour

If your parents would like to receive email updates, please email us with your address and we will add you to the list.

Email: chrism@horizons-sport.com.au

Subject: Add to Craigieburn Eagles Tour updates list

We wish you all the best for your tour. Please feel free to contact us with any further questions.
Kind Regards, Julian Norton, Operations Manager