

Blessings
Daily Exercise Guide and Slides
David Clayton, Sr.



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Psalm 103:1-6	Lord I bless you because you forgive me, heal me, redeem me, crown me with love and compassion, renew my strength and work righteousness within me.
Psalm 103: 8b-12	Lord I bless you for your compassion and mercy, your abounding love, patience, grace, and forgiveness of my sins.
Psalm 103:13, 17-19	Lord I bless you for being my father who keeps his covenant and being the ruler who rules over all forever from heaven. I will obey you.
Psalm 103:20-22	Lord, I join in the angels and heavenly hosts in blessing you and doing your will.
Psalm 129:8	Lord, give me the opportunity to be a blessing to someone today through serving or speaking a word of blessing over them.
Ephesians 1:3	Father let me learn to count my blessings.
1 Peter 1:3	Father, I bless you for the greatest blessing of all- salvation through your Son Jesus Christ and the hope of eternal life.

Significant Statements

Blessing God is more than expressing adoration, exaltation, magnification, and praise in worship- it is obeying him and doing His will on a daily basis.

Blessing is a triad = You blessing God, God blessing you, and you being a blessing to others through serving and speaking blessings over others.

Counting blessings or Counting problems is like compound interest. The more you do of either the more you will have.

BLESSING



When we
leave

When we Pray for our food

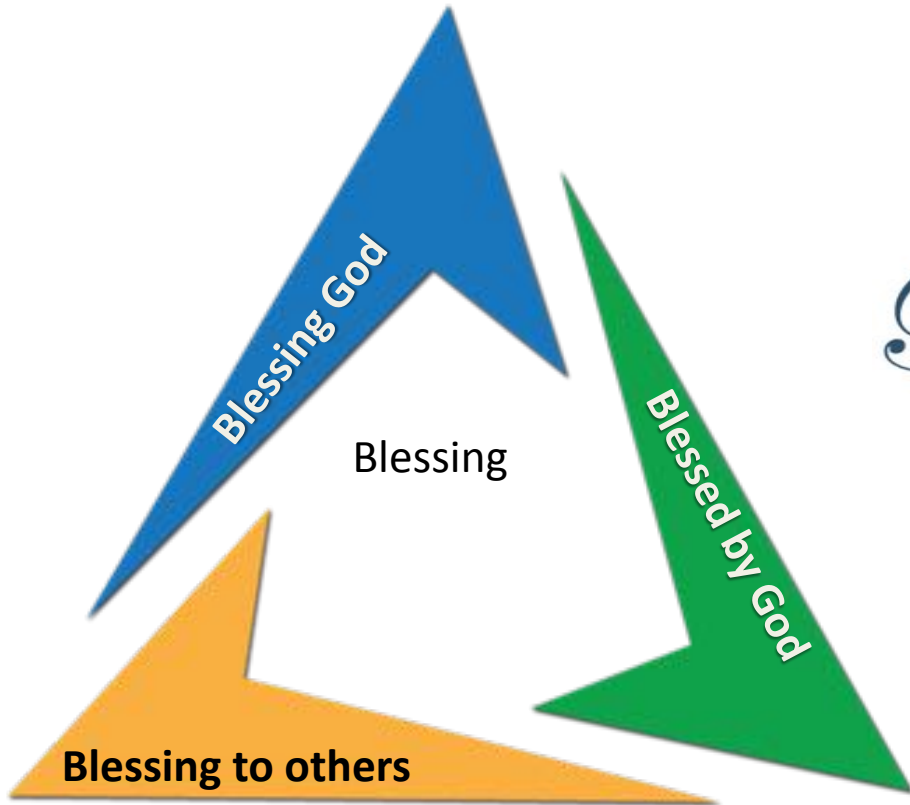




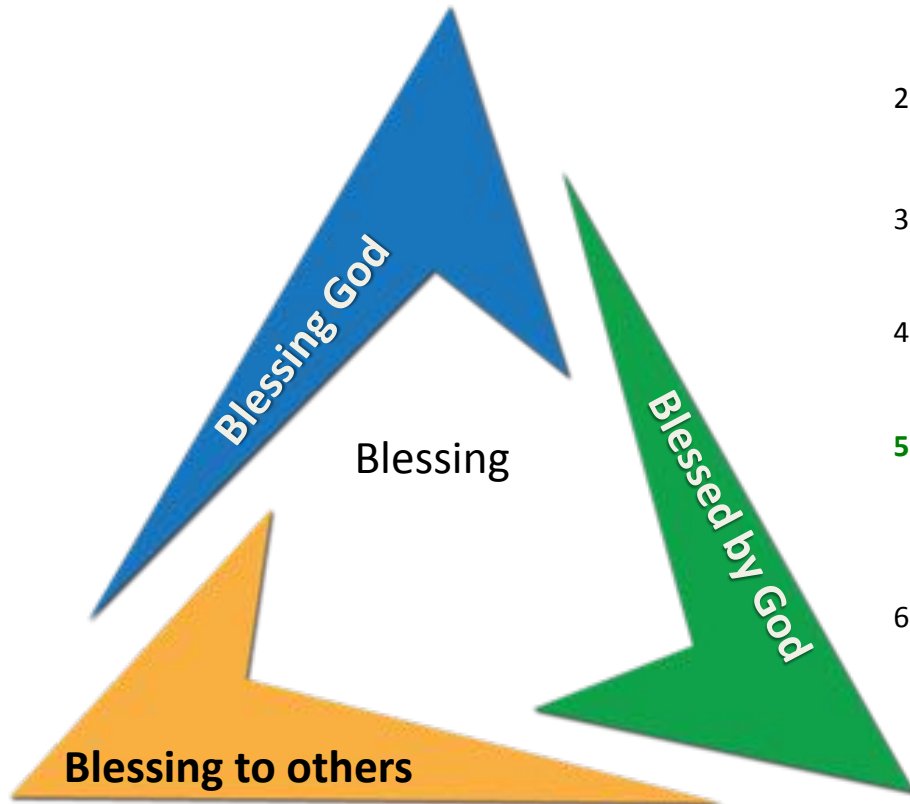
When we
SNEEZE
“God bless you!”



When we talk about our life!

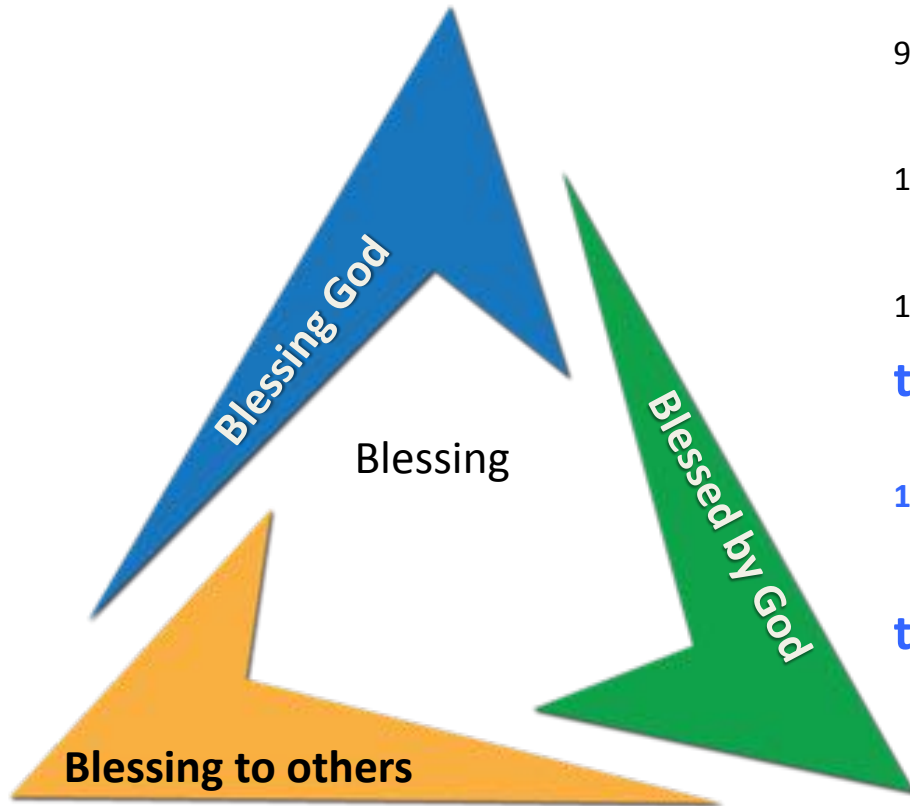


BLESSING



- Bless** the LORD, my soul;
all my inmost being, praise his holy name.
- ² **Bless** the LORD, my soul,
and **forget not all his benefits—**
- ³ who **forgives all your sins**
and heals all your diseases,
- ⁴ who **redeems your life from the pit**
and crowns you with love and compassion,
- ⁵ who **satisfies your desires with good things**
so that your youth is renewed like the
eagle's.
- ⁶ **The LORD works** righteousness
and justice for all the oppressed.

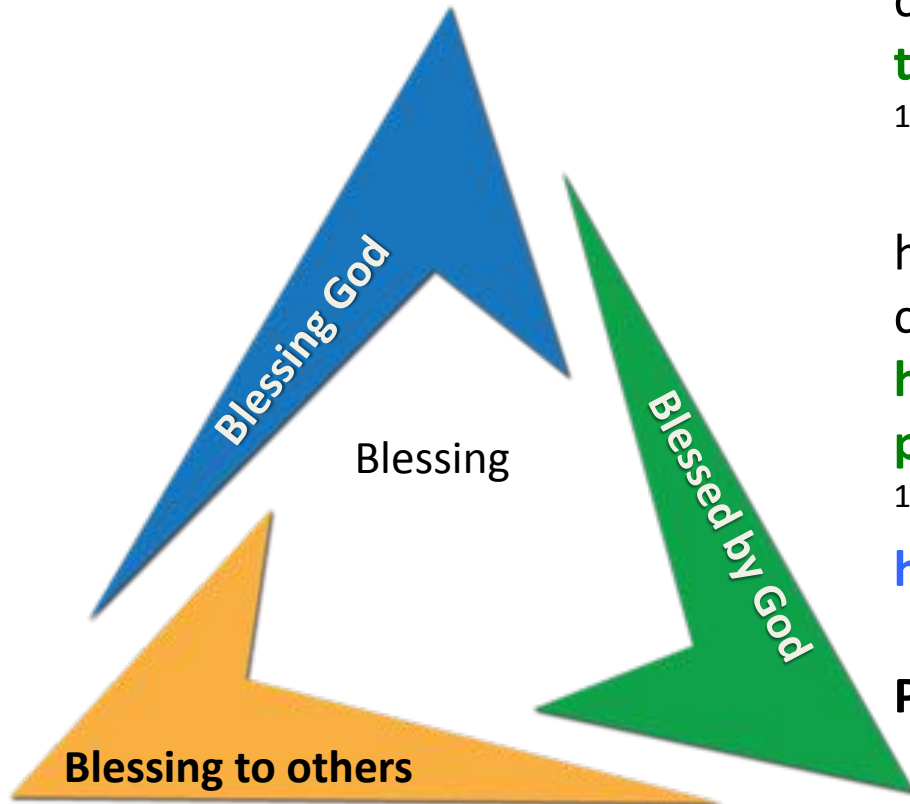
Psalm 103:1-6 (NKJV)



The LORD is compassionate and gracious,
slow to anger, abounding in love.

- ⁹ He will not always accuse,
nor will he harbor his anger forever;
- ¹⁰ he does not treat us as our sins deserve
or repay us according to our iniquities.
- ¹¹ For as high as the heavens are above
the earth, so great is his love for those
who fear him;
- ¹² as far as the east is from the west,
so far has he removed our
transgressions from us.

Psalm 103:8b-12 (NKJV)

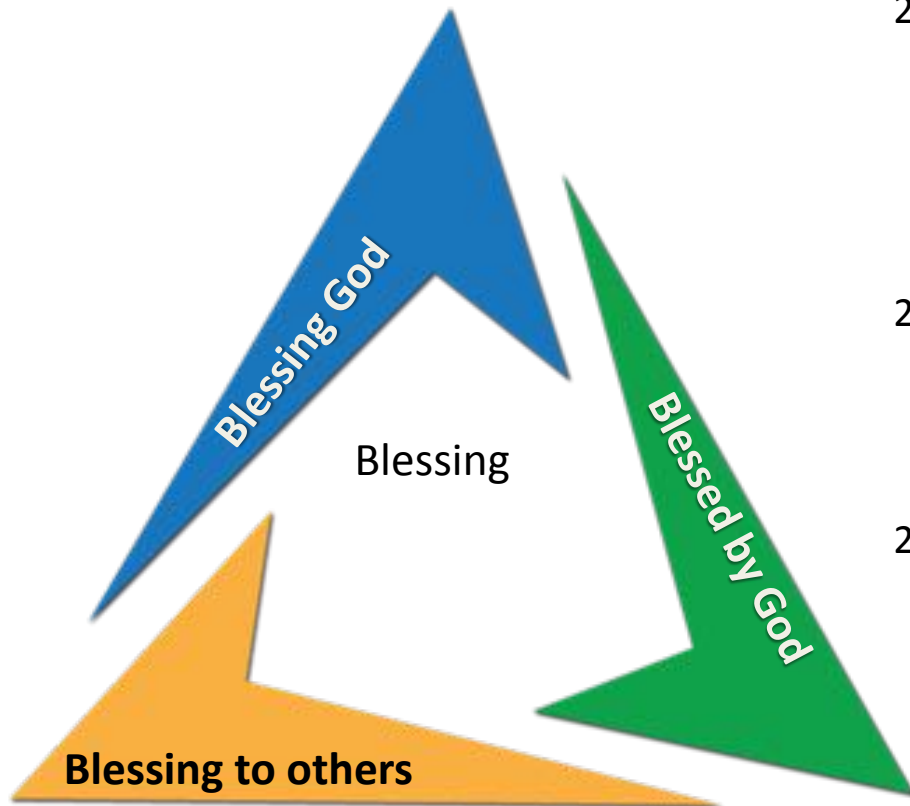


¹³ **As a father** has **compassion** on his children, so the LORD **has compassion on those who fear him;**

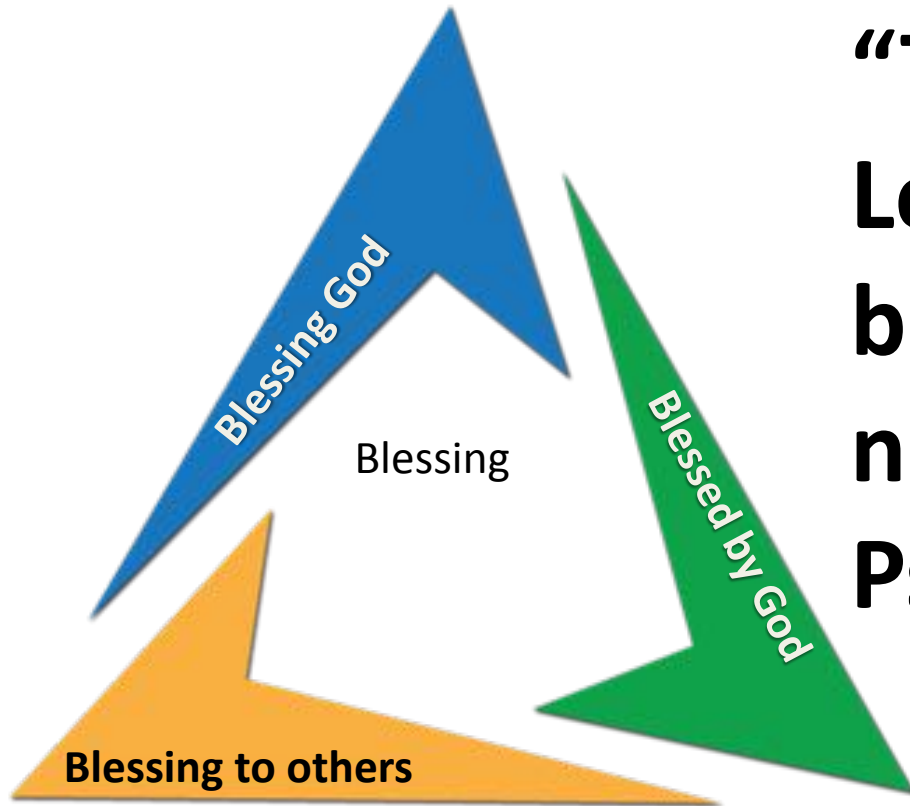
¹⁷ But from everlasting to everlasting **the LORD's love** is with those who fear him, and **his righteousness** with their children's children ¹⁸ with those **who keep his covenant and remember to obey his precepts.**

¹⁹ **The LORD has established his throne in heaven,** and **his kingdom** rules over all.

Psalm 103:13,17-19 (NKJV)



- ²⁰ **Bless the LORD**, you his angels,
you mighty ones who do his
bidding,
who obey his word.
- ²¹ **Bless the LORD**, all his heavenly
hosts, you his servants who do
his will.
- ²² **Bless the LORD**, all his works
everywhere in his dominion.
Bless the LORD, my soul.
- Psalm 103:20-22**



**“The blessing of the
Lord be on you; we
bless you in the
name of the Lord.”
Psalm 129:8**

BLESsing



Blessed be the God and Father of our Lord Jesus Christ who has blessed us with every spiritual blessing in the heavenly places in Christ.

Ephesians 1:3



$$\frac{72}{\text{Rate of Return}} = \text{Time for Investment to Double}$$



Blessed be the God and Father of our Lord Jesus Christ who has blessed us with every spiritual blessing in the heavenly places in Christ.
Ephesians 1:3



(Blessed)

Praise be to the God and
Father of our Lord Jesus
Christ! In his great mercy
he has given us new birth
into a living hope through
the resurrection of Jesus
Christ from the dead,
1 Peter 1:3