



Spectrum Rewards Choice 9

Indexed Annuity Retirement Protection for Your Family

Consumer Brochure

Thank you for your interest in Fidelity and Guaranty Life's Spectrum Rewards Choice 9 annuity. Spectrum Rewards Choice 9 has an adaptable blend of options for your retirement dollars, and Fidelity and Guaranty Life has prepared this summary to help you understand Spectrum Rewards Choice 9's many features and advantages. Please confirm your understanding by signing the confirmation statement enclosed in this brochure.

An Indexed Annuity

Spectrum Rewards Choice 9 is a flexible premium deferred indexed annuity with three indexed options and one fixed interest rate option. Spectrum Rewards Choice 9 is designed to be a short-term retirement savings tool with many advantages to help you reach the standard of living you want during your retirement.

Tax Advantages

Although an annuity does not eliminate your tax liability on interest earnings, under current tax law all interest income earned accumulates on a tax-deferred basis. This tax deferral is currently available only to individual and joint owners, not to corporations or other non-individuals.

A Choice of 4 Interest-Crediting Options

Spectrum Rewards Choice 9 offers an array of four interest crediting options. These options are 1-Year, 2-Year and 3-Year monthly point-to-point based on a formula linked to changes in the S&P 500® Index, and a fixed interest option. On the application, you can allocate your premium among these four options. You may reallocate your account value between these options on each annuity anniversary.

Index Options

If you choose to allocate some of your premiums to the index options, your interest credits will be credited annually, biennially or triennially and are calculated using formulas linked to changes in the monthly values in the S&P 500 Index. The monthly point-to-point index changes are subject to a cap. The cap rate is the maximum percent applied on each monthly anniversary as part of the total calculation for the annual, biennial and triennial index credit. The cap is declared in advance and will never be less than one percent per month. It is guaranteed for one, two or three years, depending on the option selected. Your interest credit is determined at the end of the annual, biennial, or triennial period, depending on the interest crediting method chosen. This formula may result in no interest credits, but the credit will never be less than zero.

Index interest credits are not calculated or credited between index crediting dates; consequently amounts surrendered between index crediting dates will not earn any interest credits. Any interest credit is applied to your annuity on its annual, biennial or triennial anniversary and is locked-in so future decreases in any index will not affect the interest already credited to your annuity.

Fixed Interest Crediting

If you choose to allocate some or all of your premium to the fixed interest option, interest is credited daily. The issued annuity will show the credited interest rate applicable for the first year. We declare a new current rate annually and will never credit less than the guaranteed minimum interest rate described on the confirmation statement.

Minimum Guaranteed Surrender Values

Your Spectrum Rewards Choice 9 annuity contains a protective floor, which increases with interest on your cash surrender value for the index options. The minimum guaranteed surrender value on a full surrender is 100% of premium, plus daily interest accruing at the MGSV accumulation interest rate, less any current surrender charges. That rate is between 1% and 3%, depends on issue state, is set at issue and fixed for the life of the contract. MGSV is reduced by prior withdrawals and is adjusted for any reallocations.

Additional Interest

Any premiums paid during the first year of the annuity will be credited with an additional interest rate of 3%*, which is credited on the day that the premium is applied.

Payment in the Event of Death or Annuity Payout Options

Should you die before electing to receive income payments (and the Death of Owner rider is attached), the account value will be paid to the beneficiary named in your annuity. If you choose to receive annuity payments, and the annuity date is after the fifth certificate anniversary, we will apply the greater of the account value or the minimum guaranteed surrender value to the annuity option then in effect. If the annuity date is before the fifth certificate anniversary, we will apply the greater of the surrender value or the minimum guaranteed surrender value to the annuity option then in effect.

Account Value

The certificate's account value before the annuity date consists of the fixed interest option's account value plus the indexed options account value.

Surrender Value

For a full surrender, the surrender value is the greater of:

- Total account value, less surrender charges; or
- Total minimum guaranteed surrender value

*As of 10/1/04 and subject to change.

No Initial Sales Charges or Fees

There are no initial sales charges or fees. Your entire initial premium is available to earn interest from the date your annuity is issued. Annuities are issued with an issue date of the 1st, 8th, 15th and 22nd of each month. Premium checks will be held without interest, until the next available issue date. In order to be issued with the next available issue date applications must be received no later than 5:00 p.m. (Eastern time) two business days prior to that issue date. For special rules about issue dates that fall on holidays or weekends, contact Fidelity and Guaranty Life. The minimum single premium is \$25,000 and the minimum allocation to any option is \$2,000.

How Index-Linked Interest Crediting Works

One-Year Monthly Point-to-Point

The monthly point-to-point index change is determined by subtracting the prior month's index value from current month's index value and dividing it by the prior month's index value. If this results in a positive monthly point-to-point index change and is not more than the declared cap, then it is used as the capped index change for that month. If it is more than the declared cap, then we use the declared cap as the capped index change for that month. A negative monthly point-to-point index change is not subject to a cap.

A "capped index change" for each month is captured over a 12-month period. The sum of the 12 monthly "capped index changes" will be the index credit rate on the index crediting date. The index credit rate is multiplied by the option's account value to determine the index credit.

Two-Year Monthly Point-to-Point

The monthly point-to-point index change is determined by subtracting the prior month's index value from current month's index value and dividing it by the prior month's index value. If this results in a positive monthly point-to-point index change and is not more than the declared cap, then it is used as the capped index change for that month. If it is more than the declared cap, then we use the declared cap as the capped index change for that month. A negative monthly point-to-point index change is not subject to a cap.

A "capped index change" for each month is captured over a 24-month period. The sum of the 24 monthly "capped index changes" will be the index credit rate on the index crediting date. The index credit rate is multiplied by the option's account value to determine the index credit.

Three-Year Monthly Point-to-Point

The monthly point-to-point index change is determined by subtracting the prior month's index value from current month's index value and dividing it by the prior month's index value. If this results in a positive monthly point-to-point index change and is not more than the declared cap, then it is used as the capped index change for that month. If it is more than the declared cap, then we use the declared cap as the capped index change for that month. A negative monthly point-to-point index change is not subject to a cap.

A "capped index change" for each month is captured over a 36-month period. The sum of the 36 monthly "capped index changes" will be the index credit rate on the index crediting date. The index credit rate is multiplied by the option's account value to determine the index credit.

You are purchasing an indexed annuity that provides minimum guaranteed surrender values. You should understand how your minimum guaranteed surrender values are determined and the features of the product that are used to determine the values. Even though the values of the annuity may be affected by external indices, this product is not an investment in the stock market and does not participate in any stock, bond, or equity investments.

Examples

The following examples are not intended to be representations of past or future performance of Spectrum Rewards Choice 9. These examples use hypothetical caps and index value changes.

Steadily increasing S&P 500

Assume the S&P 500 index rises steadily throughout the year ending with an 8.01% increase. With monthly S&P 500 increases ranging from 0.12% to 2.02% and a monthly cap rate of 1.00%, Spectrum Rewards Choice 9's index-linked formula results in a 6.57% credit for that year.

monthly cap rate = 1.00%			
Date	Hypothetical S&P	Monthly Increase	Capped Increase
1/1/07	900.0		
2/1/07	909.3	1.03%	1.00%
3/1/07	911.2	0.21%	0.21%
4/1/07	913.3	0.23%	0.23%
5/1/07	914.4	0.12%	0.12%
6/1/07	921.3	0.76%	0.76%
7/1/07	922.8	0.16%	0.16%
8/1/07	926.2	0.37%	0.37%
9/1/07	928.1	0.20%	0.20%
10/1/07	936.7	0.93%	0.93%
11/1/07	947.3	1.13%	1.00%
12/1/07	952.9	0.59%	0.59%
1/1/08	972.1	2.02%	1.00%
S&P increase = 8.01%			6.57% client credit

Sharply increasing S&P 500

Assume the S&P 500 index rises sharply throughout the year ending with a 25.17% increase. With monthly S&P 500 increases ranging from -0.22% to 7.36% and a monthly cap rate of 2.00%, Spectrum Rewards Choice 9's index-linked formula results in a limited 11.80% credit for that year.

monthly cap rate = 2.00%			
Date	Hypothetical S&P	Monthly Increase	Capped Increase
1/1/07	900.00		
2/1/07	925.65	2.85%	2.00%
3/1/07	923.61	-0.22%	-0.22%
4/1/07	939.13	1.68%	1.68%
5/1/07	1004.96	7.01%	2.00%
6/1/07	1008.28	0.33%	0.33%
7/1/07	1014.43	0.61%	0.61%
8/1/07	1032.99	1.83%	1.83%
9/1/07	1041.15	0.79%	0.79%
10/1/07	1040.22	-0.09%	-0.09%
11/1/07	1116.78	7.36%	2.00%
12/1/07	1123.37	0.59%	0.59%
1/1/08	1126.51	0.28%	0.28%
S&P increase = 25.17%			11.80% client credit

Steadily increasing and a sharp drop in the S&P 500

Assume the S&P 500 index rises steadily, sharply drops and then sharply increases throughout the year and ends with a 24.86% increase. With monthly S&P 500 increases ranging from -13.54% to 9.25% and a monthly cap rate of 2.00%, Spectrum Rewards Choice 9's index-linked formula would result in a 0.31% credit for that year.

monthly cap rate = 2.00%			
Date	Hypothetical S&P	Monthly Increase	Capped Increase
1/1/07	900.00		
2/1/07	983.25	9.25%	2.00%
3/1/07	1020.91	3.83%	2.00%
4/1/07	1033.98	1.28%	1.28%
5/1/07	1118.87	8.21%	2.00%
6/1/07	967.37	-13.54%	-13.54%
7/1/07	1026.48	6.11%	2.00%
8/1/07	983.16	-4.22%	-4.22%
9/1/07	995.84	1.29%	1.29%
10/1/07	1014.86	1.91%	1.91%
11/1/07	1077.38	6.16%	2.00%
12/1/07	1094.51	1.59%	1.59%
1/1/08	1123.73	2.67%	2.00%
			0.31%
S&P increase = 24.86%			client credit

Decreasing S&P 500

Assume the S&P 500 index decreases throughout the year and ends with a -10.04% decrease. With monthly S&P 500 increase ranging from -13.54% to 8.21% and a monthly cap rate of 1.00%, Spectrum Rewards Choice 9's index-linked formula would result in a 0.00% credit instead of a negative credit for that year.

monthly cap rate = 1.00%			
Date	Hypothetical S&P	Monthly Increase	Capped Increase
1/1/07	900.00		
2/1/07	803.25	-10.75%	-10.75%
3/1/07	834.01	3.83%	1.00%
4/1/07	844.69	1.28%	1.00%
5/1/07	914.04	8.21%	1.00%
6/1/07	790.28	-13.54%	-13.54%
7/1/07	838.56	6.11%	1.00%
8/1/07	803.18	-4.22%	-4.22%
9/1/07	813.54	1.29%	1.00%
10/1/07	769.20	-5.45%	-5.45%
11/1/07	780.43	1.46%	1.00%
12/1/07	788.62	1.05%	1.00%
1/1/08	809.68	2.67%	1.00%
			0.00%
S&P increase = -10.04%			client credit

When Surrender Charges Apply

The surrender charge applies for the first 9 years on full or partial surrenders (withdrawals), at death and in calculating the annuity payments unless it does not apply under the conditions below.

Surrender Charges

Annuity Year	Surrender Charge Percentage [†]
1	12%
2	11%
3	10%
4	9%
5	8%
6	7%
7	6%
8	4%
9	2%
10+	0%

The surrender charge equals the surrender charge percentage for the applicable year multiplied by the amount of account value withdrawn. Please review your annuity for the appropriate surrender charge schedule.

When Surrender Charges Do Not Apply

Surrender charges are not deducted from the account value when you request a surrender if any of the following benefits or situations, which may be provided by rider, are issued as part of or apply to your annuity:

1. You surrender 10% or less of the account value as of the prior policy anniversary, less any amounts previously surrendered in the current policy year which were not subject to surrender charges
2. You exercise an annuity option after the 5th anniversary or later
3. You are confined to a licensed nursing home for more than 60 days and the confinement begins after the first annuity year (the surrender must be made during the period of confinement)
4. A licensed physician certifies that you have been diagnosed with an illness or condition that causes your life expectancy to be less than one year (the diagnosis must be at least one year after the annuity's date of issue)
5. Your unemployment began after the date of issue, has continued for at least 30 consecutive days, and you are under the age of 65 at the time of your request (the surrender must be made during the period of unemployment)
6. When the death benefit is paid, unless the spouse of the first owner to die continues ownership of the annuity and subsequently surrenders the annuity

Note that if you fully surrender the annuity or exercise one of the options because of the circumstances described above, the surrender value will equal the greater of the account value or the minimum guaranteed surrender value.

Taxation of Withdrawals

Withdrawals may be subject to income tax. If withdrawals are made before age 59 ½, they also may be subject to an IRS penalty tax. Please consult your tax advisor.

Minimum Required Distributions

Certain tax qualified annuities are subject to minimum required distributions which generally require that distributions begin no later than your attainment of age 70 ½ and that amounts be paid to you over a period not longer than your life expectancy.

Right to Examine Annuity

This annuity includes a right of examination period. This means that within the specified time period after you receive your annuity, you may return the annuity and receive a refund of 100% of the premium paid, minus any prior withdrawals.

Financial Security

Your annuity values are guaranteed by Fidelity and Guaranty Life Insurance Company. As a Legal reserve Company, Fidelity and Guaranty Life is required by state regulation to maintain reserves equal to or greater than guaranteed surrender values.

Questions?

If you have any questions, call our service center at 888-513-8797.



Notes

Interest rates are effective annual interest rates and are subject to change.

Form numbers: FGL FPDA-ST (6-04)(12-9A), FGL FPDA-ST-C (6-04)(12-9A), et al.

In some states, surrender charges may be as follows: 9%, 9%, 8%, 7%, 6%, 5%, 4%, 3%, 2%, 0%.

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Withdrawals may be subject to income tax and IRS penalty tax if made before age 59 1/2. It is recommended that you seek advice from an independent tax advisor. This information was written to support the sales and marketing of insurance and annuity products offered by the carrier. You cannot rely upon or use this information for the purposes of avoiding any tax or tax penalty that may be imposed by the internal revenue service.

This document is not a legal contract. For the exact terms and conditions, please refer to the annuity.

This product is a flexible premium deferred annuity with equity indexed options offered on a group or individual basis as determined by state approval. Terms and conditions are set forth in the group certificate and master contract issued to the Trustee of the F&G Group Insurance Trust, Wilmington, Delaware and is subject to the laws of the the state in which it was issued. A certificate will be issued to each person under the master contract. Subject to state availability.

Certain restrictions may apply. Annuities issued by Fidelity and Guaranty Life Insurance Company, Baltimore, Maryland.

A.M. Best Rating - A for claims paying ability/financial which is 3rd best out of 13.

Annuity Application

Product: **Spectrum Rewards Choice 9** SPDA FPDA

FIDELITY AND GUARANTY LIFE INSURANCE COMPANY • Home Office: Baltimore, Maryland

Owner(s)

Name: _____ Joint Owner (if any): _____
Social Security No.: _____ Social Security No.: _____
 Male Female Birth Date: _____ Male Female Birth Date: _____
Address: _____ Address: _____
Phone No.: _____ Phone No.: _____
Relationship to Owner: _____

Annuitant(s)
(if other than Owner)

Name: _____ Joint/Contingent (if any): _____
Social Security or Tax ID No.: _____ Social Security or Tax ID No.: _____
 Male Female Birth Date: _____ Male Female Birth Date: _____
Address: _____ Address: _____

Beneficiary

Primary: _____ Contingent: _____

Plan

Nonqualified Qualified IRA Rollover IRA Transfer Roth IRA
 Tax-Sheltered Annuity (owner must be annuitant) Other (specify plan type): _____

Replacement

Do you have an existing life insurance or annuity policy? Yes No
Will the annuity applied for replace or change an existing life insurance or annuity policy? Yes No
If a 1035 Exchange or 90-24 Transfer, attach applicable forms. Transfer/Exchange Amount: \$ _____
Policy/Certificate No.: _____ Company: _____

Premium <i>Make check payable to Fidelity and Guaranty Life Insurance Company.</i>	1 Year S&P 500 Index – Monthly Point-to-Point _____% of premium	Initial/Single Premium Paid: (premium paid with application) \$ _____ Minimum of \$2,000 per option. Whole numbers only. Must equal 100%. <small>*Option only available for Spectrum Rewards Choice 9. **Option only available for Spectrum Rewards Choice 7. Other options avail. On Spectrum Rewards Choice 7&9.</small>
	2 Year S&P 500 Index – Monthly Point-to-Point* _____% of premium	
	3 Year S&P 500 Index – Monthly Point-to-Point* _____% of premium	
	1 Year S&P 500 Index – Monthly Averaging** _____% of premium	
	1 Year S&P 500 Index – Annual Point-to-Point** _____% of premium	
	1 Year Fixed Interest _____% of premium	

Special Instructions

I (We) have read the statements made in this application. To the best of my (our) knowledge and belief, the statements made are complete, true, and correctly recorded. I (We) understand that: a copy of this application page will form a part of any annuity issued; the annuity will not take effect until delivered to the Owner; and no agent can modify any annuity issued.

Fraud Warning Notice: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and may subject such person to criminal and civil penalties.

Signed at _____ Date: _____

➔ Signature(s) of Owner(s): _____

➔ Signature(s) of Annuitant(s): _____

Agent Use Only: The applicant does does not have an existing life or annuity policy. To the best of my knowledge, this application does replace or change does not replace or change existing life insurance or annuities. I attest that I have witnessed all signatures.

➔ Agent's Signature: _____ Date: _____

Print Agent's Name: _____ Agent's Social Security No.: **NOT REQUIRED**

Agent's Phone No.: _____ Agent's Fax No.: _____ Agent's Email Address: _____

Fidelity and Guaranty Life Agent #: _____ License No. (required in FL only): _____

About Us – Old Mutual Financial Network

Old Mutual Financial Network (OMFN) is a part of the Old Mutual group of companies. Founded in 1845, Old Mutual plc maintains its primary listing on the London Stock Exchange (LSE: OML) and ranks as one of the world's largest insurers (Life/Health), is a Fortune Global 500 company and a FTSE 100 financial services group. Working through its network of established insurance companies (Fidelity and Guaranty Life and Fidelity and Guaranty Life of New York) OMFN is committed to delivering innovative and balanced financial solutions.

As the largest of the Old Mutual Financial Network brands, Fidelity and Guaranty Life Insurance Company (Fidelity and Guaranty Life) has been providing a diverse portfolio of annuities and life insurance products since 1959. Working with an established group of master general agents, our products are distributed in 49 states, the District of Columbia, and in New York through a wholly owned subsidiary, Fidelity and Guaranty Life of New York.

Consider all the facts, then make your own decision.

Fidelity and Guaranty Life offers index annuity products with different features, benefits, and charges, including different issue ages, premium requirements, interest rates, withdrawal privileges, and charges.

No single annuity product design may have all the features you find desirable. To better meet the needs of you and your family, you should carefully consider your financial situation and all the alternatives available to you.

For details, contact your licensed sales representative today, email us at contact-us@omfn.com or visit us on the World Wide Web at www.omfn.com.



Not a deposit • Not FDIC nor NCUA/NCUSIF insured • Not insured by any Federal Government Agency or guaranteed by a financial institution (such as a bank, savings association or credit union) • This product may decline in value if surrendered prior to maturity or its intended termination date • The financial institution may not condition an extension of credit on the consumer's purchase of an insurance product or an annuity from the financial institution or any of its affiliates.