

The Emotions of the Soul in the New Season

by Michael Barrett

In recent months I have found that there has been a recurring theme. I have spoken to many in this time about the emotions of the soul in the new season. Given that there has been considerable emphasis on blockage removal in this time, I am sure that understanding the operation of the emotions of the soul is a much needed fundamental. The sons of God need to be familiar with and have an understanding of the emotions of the soul.

Blockage removal is absolutely one of the administrations that has been highlighted by the Holy Spirit in the last number of years. We labor to help those we lead in blockage removal so that they understand that this administration is not a silver bullet. It is not a one and done. Is it a valuable tool in our toolbox? Absolutely! Are we seeing many break through to a place that they have never experienced before as a result of blockage removal? Absolutely! The stark and dramatic shift that we commonly see when people go through blockage removal is real. And it is sustainable. We are ever so grateful for how the Lord has led Sam into an understanding of blockage removal. We are blessed to have access to a well-developed administration and are putting that administration into the field with incredible results. In fact, we have committed resources over the past two years to the development of a Blockage Removal Training School. We are working to equip leaders for the administration of leading the sons of God through blockage removal. And we are seeing wonderful results.

With that said however, the matter of how to manage the emotions of the soul in the new place / new season is a much-needed conversation. When sons come into a new season, and especially in the early stages of that time, there will be reactions generated by the emotions of the soul. There is a reason for this experience and, furthermore, this experience is normal. However, the experience can be disconcerting, confusing, frustrating, and discouraging. In addition, the accuser will often seize upon this time in an attempt to worsen the situation.

I am writing this piece with the intention of speaking to the experience that I have just introduced. I want to describe the experience, explain why it happens and give a roadmap so that those having the experience can fruitfully navigate the times. This is a summary of the things that I have been seeing and saying specific to this topic.

In the teachings on blockage removal, Sam addresses the matter of the capture of the emotions as a result of trauma. If you have not listened to the teaching, it is comprised of 13 sessions. The title of the series is, "Blockage Removal Training." The series can be found in the Sam Soleyn Apostolic Ministry App in the section titled "Healing the Soul From Trauma." If you need additional information about the App and how to gain access

to the teachings, please contact me and I will assist you. Email me at: mbarrett50@bellsouth.net with your request.

I mentioned in my introduction that the emotions of the soul are prone to gyrate and spin up in the early stage of a new season. The reason for this is that the emotions of the soul must have a time of acclimation. The emotions of the soul are unfamiliar with the new place, the new experience, the new season. In other words, you have not been in that place before, and the emotions of the soul do not have a footing experientially because of a lack of specific history. In 1 Samuel 17, young David approaches the battlefield where the army of Israel was standing against the army of the Philistines. The army of Israel was pinned down by fear because of a behemoth Philistine warrior named Goliath. It was in this moment that David determined that he would go up against Goliath. When he was questioned about his ability to do so, he replied by reciting his history with God. He told the story of killing a lion and a bear. He also, as part of that narrative, credited God for giving him the ability to kill the lion and the bear. David knew that it was God who helped him then and in that circumstance. David had a history with God. David relied on God, and God showed up! So, David's faith was in the God that gave him the ability to kill the lion and the bear.

In the new place or the new season, you have stepped into a new level. To be sure, just like David, you have a history with God. But in the new level, the emotions of the soul lack confidence in the leadership of your spirit. The result will often be that the emotions of the soul will be anxious, fearful, and uncertain. Consequently, the emotions of the soul will react in frustration and confusion. In Psalms 42:5 KJV, David said, "Why so downcast oh my soul? Why are you disquieted in me?" Disquieted is obviously the opposite of quiet. In other words, the absence of resting in and trusting the Lord.

The emotions of the soul, in order to rest and trust, need experience. But experience in the new season – the new place is the thing that you do not have in the very early stage of the new season. So, what is one to do when they find themselves in the new place and lacking the experience needed for the emotions of the soul to settle into a place of following the leadership of the spirit? When David said, "Why so downcast oh my soul? And why are you so disquieted in me?", he was not having a little talk with Jesus. He was having a little talk with his soul. When confronted with the prospect of going up against Goliath, David rehearsed the foundation of his history with God. "I have killed a lion and I have killed a bear!" "I have a history with God."

Also, during times like the ones I am addressing here, there is a tremendous provision that is afforded you by way of how the Lord has arranged you in His body. If you find that you cannot "encourage yourself in the Lord" you have the provision of Hebrews 13:17. You should turn to the one that watches for your soul. If your soul is not in subjection to your spirit and you cannot get the emotions of your soul in check, go to the one that watches for your soul. If you know me or us very well, you know here that I am

speaking to the arrangement of you being a son and being connected to a spiritual father. It is in times like this that the provision of a spiritual father is critical. Your spiritual father will have grace and will be able to help you navigate the times in which the emotions of your soul are spinning up.

I should also say here that you should be on guard when the emotions of the soul are gyrating. Particularly because of the accuser. In times that the emotions of the soul are yanking you around you must not yield to the voice of the accuser! On those days, you are not wicked! You are not unrighteous!! You are simply going through a natural and normal process. Now, to be sure, everyone will not learn through such times. On one occasion when I was in a very difficult place, I was complaining to the Lord. In the midst of my complaining, the Lord said to me, "You have two options. You can either go through this, or you can grow through this." I said, "Lord, I want to grow through this. Please help me." He did. And it turned out to be one of the most valuable and productive seasons of my life. I will always be grateful for that time – even though it was one of the most difficult times in my life. I grew tremendously during that time.

Sam addresses in the Blockage Removal Training series the matter of the capture of emotions as a result of trauma. If you are familiar with the series, you will recall that Sam talks about certain triggers that open up the emotions of the soul. He specifically spoke about smelling curry cooking and the stir of his emotions. He states that those emotions were rooted in his childhood. The emotions "took him back" to his young childhood experience of smelling his mother cooking curry in their home. And the result of those emotions caused him to feel hungry though he had just come from a meal at lunchtime. This experience was not traumatic, but nonetheless serves as an example of how powerful the emotions of the soul can be.

In the capture of the emotions of the soul as a result of trauma, it is important to note that when the emotions are captured, they tend to be fixed at that level. The result of this condition is often that the emotions of the soul do not mature normally. And it has been our observation that a person could be very capable in many areas of their life and, at the same time, be inept and dysfunctional in the area of their life that has been made subject to the capture of the emotions of their soul as a result of them having suffered some trauma. When that person is set free, typically, the immature emotional state must be built into a place of normalcy over time. And the fruit of this work will be new history in God, including a set of new and fundamental experiences, all of which will reform the emotions of the soul.

Here is a critical key: every revelation that God has ever given us was meant to bring us into an experience, and if it does not, it will only serve to make us more religious. Understanding must always be paired with experience. In fact, the goal of understanding is experience. Being hearers only is a slippery slope. In Romans 5:3-5 we find this divine system, which I call the "circle of experience." It is interesting that the word

“experience” in the King James Version of the Bible only occurs in Romans 5:4. The word translated “experience” is: g1382. δοκιμή dokimē; from the same as 1384; test (abstractly or concretely); by implication, trustiness: — experience (-riment), proof, trial. Every new level of spiritual maturity in your life will necessitate you going through this circle of experience. The word translated “tribulation” in Romans 5:3 means “pressure.” We might ordinarily define tribulation differently, but here the text is simply addressing pressure. Tribulation, patience, experience, hope, God’s love filling our hearts. Repeat. And, repeat.

Years ago, I wrote a piece entitled, “Healing the Brokenhearted.” Isaiah 61:1 and Luke 4:18 are the foundational scriptures for that article. Also, Jeremiah 2:13 gives some poignant understanding to the condition referred to as a broken heart. Jesus came to heal the broken heart, but the broken-hearted condition is exactly like Jeremiah’s depiction of a broken cistern. Just like a broken cistern that cannot hold or retain any water, the broken heart cannot be filled. No amount of input will ever create a reserve. It is our Father’s desire and His will to heal your broken heart. The Lord has highlighted this in our current season by way of giving us the revelation and understanding of blockage removal. In fact, the Lord spoke to us early in 2020 and said, “heal the healers” and “deliver the deliverers.” We are working to do that very thing. We continue to labor to provide understanding and access to the sons that we are connected to. We will continue this work.

I am reminded just now of a passage from the Robert Frost poem, *The Pasture*, which says, “I’m going out to clean the pasture spring; I’ll only stop to rake the leaves away (And wait to watch the water clear, I may): I sha’n’t be gone long.—You come too.” You come too. It is our Father’s intention to raise up a Holy Nation from among a Royal Priesthood. That means that you are a You. You come too!

Every new season in your life will be attended with the provision of a new grace. His mercies are new every morning – Lamentations 3:23. Our hope for you is that you come more and more into the fulness of the destiny of God for your life in this season. Your inheritance is secure. You have a Father whose thoughts toward you are for good and not for evil. He intends to complete what He has begun in you. You come too!

May grace, mercy and peace attend you all the days of your life. I commend you to God and to the word of his grace which is able to build you up and to give you an inheritance among all them which are sanctified. God bless you and keep you!

Michael

June 23, 2022