

## Greg Tarantola DDS

### Components Of The Holistic Approach To Dentistry

#### AMALGAM (SILVER/MERCURY) REMOVAL PROTOCOL

1. Nutrient/herb supplement ahead of time as needed. Consult with physician if necessary.
2. Oxygen delivered through canula during silver/mercury removal
3. Protect eyes
4. Supplemental room ventilation
5. Iso-dry isolation/suction system to protect cheek, tongue and throat during entire procedure, from amalgam removal to restoration placement
  - a. Maintains a clean, dry field essential for restoration success
6. Copious water and high speed suction – silver/mercury removed in large chunk
7. Rinse with chlorella immediately after amalgam removal
8. Disinfect with ozone
9. Low level laser application before restoration to enhance healing and minimize inflammation.

Just as important as safe silver/mercury removal is the proper placement of a biocompatible restoration which restores, preserves and protects the tooth. The above protocol allows us to do that in the best way possible.



The IAOMT believes that dentists should protect themselves, their staff, and patients from mercury exposure by practicing safe amalgam removal procedures.

