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Components Of The Holistic Approach To Dentistry

AMALGAM (SILVER/MERCURY) REMOVAL PROTOCOL

1. Nutrient/herb supplement ahead of time as needed. Consult with physician if necessary.
2. Oxygen delivered through canula during silver/mercury removal
3. Protect eyes
4. Supplemental room ventilation
5. Iso-dry isolation/suction system to protect cheek, tongue and throat during the silver/mercury removal process
6. Copious water and high speed suction – silver/mercury removed in large chunks
7. Flush with chlorella immediately after amalgam removal
8. Disinfect with ozone if there is close proximity to the pulp

Just as important as safe silver/mercury removal is the proper placement of a biocompatible restoration which restores, preserves and protects the tooth. The tooth must be kept dry and totally isolated from saliva to obtain maximal bond and seal of the restoration.



The IAOMT believes that dentists should protect themselves, their staff, and patients from mercury exposure by practicing safe amalgam removal procedures.

