

Greg Tarantola DDS

Components Of The Holistic Approach To Dentistry

Extraction Surgery Protocol

Gentle local anesthetic

Safely remove all silver/mercury, crowns etc first so as not to contaminate the surgical site

Non traumatic removal of the tooth-for this to occur, the tooth often needs to be sectioned

Thorough cleansing of the socket

Removal of the ligament to help prevent altered healing/cavitations

Removal of sharp bone at edges

Disinfection of the socket with argentyn 23 and/or ozonated water

Application of low level laser to reduce inflammation and speed healing

Placement of bone preservation graft (calcium phosphate) to close socket, prevent infection, speed healing and prevent/minimize resorption of bone.

Placement of membrane to protect the surgical site and accelerates clot formation

Placement of resorbable sutures

In most cases, we will make a temporary removable tooth that same day. This covers and protects the surgical site, maintains the position of the adjacent teeth and helps with chewing.

Although every effort is made to minimize post-op discomfort, it can be difficult at times, especially if the tooth is badly infected, is close to the sinus, has long, curved roots, or has had a root canal. **Advil and Tylenol** together manages pain well. For natural, homeopathic remedies, it is highly suggested that you get surgical strength Arnica Montana – called **SinEcch** – ahead of time so you have it to take the day of extraction. **Sockit gel** or **Stella Life Vega Oral Gel** is also excellent to have post-operatively to help heal and soothe the site. Many patients report great results with **Christopher's X-INTX** natural antibiotic. We provide **Quercitin with Bromalin** for you that day. If you have some fears and/or anxiety, **Passion Flower** is excellent to use the night before and the day of. It is also suggested you get the **low level (cold) laser** ahead of time to use it after the extraction to manage inflammation. The low level laser is excellent to use for all sorts of pain/inflammation throughout the body. You can get these items through our holistic dental learning site www.GTarantolaDDS.com.