

Constant Care

Heartland Christian School's constant care program offers child care to our families on those days during the school year when school is not in session, such as for holidays, breaks, etc. Which days constant care will be offered throughout the year is determined at the beginning of the school year. This schedule is communicated to parents within the first few weeks of the new year so that they are aware of the days they will need to find alternative care well in advance. Parents are required to sign their children up for constant care. An email will be sent out weeks prior to a break or day off. Parents who sign their kids up for care will be charged for that day of child care, regardless of whether the child or children was actually brought to constant care on the days they were signed up for. Our program does not provide any food at this time. Children attending are required to bring healthy snacks for morning, afternoon and also a healthy lunch. Children 5 years of age and under are required to participate in nap/quiet time and would need to bring a sheet for the nap mat. (Crib sheets work well.) They may also bring a blanket, pillow and one "nap buddy". Constant care is available from 7:30am to 5:30 pm at a cost of \$35.00 per child, per day.

Our daily schedule for constant care is as follows:

Time	Activity
7:30 - 8:45	Arrival/ Centers/ Free play
8:45 - 9:00	Bathroom Break / Wash Hands/ Prep for Snack
9:00 - 9:10	Calendar
9:10 - 9:30	Morning Snack
9:30 - 9:35	Bathroom Break / Wash Hands
9:35 - 11:00	Large Motor Play Outside(weather permitting)
11:00 - 11:10	Bathroom Break / Wash Hands
11:10 - 11:30	Bible Lesson / Video
11:30 - 11:45	Bible Lesson Craft
11:45 - 12:00	Bathroom Break / Wash Hands / Prep

	for Lunch
12:00 - 12:30	Lunch
12:30 - 12:45	Bathroom Break
12:45 - 1:15	Large Motor Play Outside or Gym
1:15 - 1:30	Bathroom Break / Prep for Rest Time
1:30 - 2:45	Rest time : 5 & under Art, reading, word puzzles and Quiet Games: 6 & older
2:45 - 3:00	Bathroom / Wash Hands
3:00 - 3:20	Afternoon Snack
3:20 - 5:20	Centers / Free Play
5:20 - 5:30	Clean Up and Dismissal

For any questions or concerns regarding the constant care program, you may email Mrs. Dorene Dingus at dodingus@heartlandchristiancbia.org.